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Colon Surgery/ Procedure Instructions

Your procedure is scheduled as an **Inpatient**.

It is necessary for you to pre-register at the hospital. Please contact the hospital where you are scheduled for further instructions. It is important that you call as soon as possible to ensure proper testing preoperatively.

The day before surgery, you must be **ONLY** on clear liquids. **NO solid foods**, milk or milk products. **NO RED or PURPLE liquids**. No sodas. (Examples: Jello, tea, clear broth or bouillon, juice without pulp, Gatorade, popsicles, Kool-Aid, Lemonade, Crystal Light)

You will be given a prescription for the following medications to be taken the day BEFORE surgery. Please take these medications as instructed below.

Medication	1:00pm	2:00pm	11:00pm
Neomycin 1g	1 gram (2 pills)	1 gram (2 pills)	1 gram (2 pills)
Flagyl 500mg	500 mg (1 pill)	500 mg (1 pill)	500 mg (1 pill)

In between 3:00pm and 5:00pm, you must start drinking one gallon of GOLYTELY. Please consume 8 ounces every 10-15 minutes until it is completely gone.

An anti-nausea medication will be prescribed as needed for the day of the bowel prep.

1. You may have **NOTHING TO EAT OR DRINK after midnight** before your surgery/ procedure. This includes water, coffee, gum or mints.
2. Take a warm bath/shower the night before surgery. Repeat shower the morning of surgery. Please, do not use any lotions, deodorants, powders, colognes, or make up.
3. You must have someone bring you to the hospital and pick you up. **YOU WILL NOT BE ALLOWED TO DRIVE YOURSELF.**
4. Please do not bring any valuables or wear jewelry to the hospital.
5. If you smoke, it would be to your advantage to stop several days before your procedure. However, any cessation of smoking will be to your benefit.
6. You may take your daily medication the day of the procedure with a sip of water. Please be sure to **STOP** any **ASPIRIN** or **BLOOD THINNERS** (Coumadin, Plavix, Eliquis, ETC) 5 days prior to your surgery/ procedure.
7. **STOP** any **Trulicity, Mounjaro, Ozempic, Wegovy** and others 7 days prior to surgery.
8. The pre-operative nurse will instruct you on your regular medications to be taken on the day of your surgery / procedure.

Please contact our office with any questions or concerns.