

Evidence-Based Practice EBP

EBP is a process used to review, analyze, and translate the latest scientific evidence. The goal is quickly incorporate the best available research, clinical experience, and patient preference into clinical practice so nurses can make informed patient-care decisions (Kelly, 2023). EBP is the cornerstone of clinical practice. Integrating EBP into your nursing practice improves the quality of care and patient outcomes.

References

Kelly, R. (2023). *Center for Nursing Inquiry*.
<https://www.hopkinsmedicine.org/nursing/center-nursing-inquiry/>