FixYourShh (FYS) White Paper



FixYourShh (FYS) White Paper

Abstract

FixYourShh (FYS) is a people-focused AI technology company that removes the complexity and intimidation commonly associated with advanced digital tools. Co-founded by Alberto Alatorre and Jon Orozco—two Latinos who overcame socioeconomic barriers to earn a combined total of five advanced degrees—FYS merges academic rigor with user-centric innovation. Their platform features four core tools (FIX IT, IDEA+, PIVOT, LEVEL UP), each powered by eight original frameworks and animated by six "Vibes" that incorporate code-switching, slang, and culturally relevant language.

At a time when existing platforms like ChatGPT, Google Search, and YouTube can lead users down overwhelming rabbit holes, deliver ads or SEO-driven content, and perpetuate misinformation, FYS stands as an "anti-rabbit-hole" app. By leveraging proprietary API calls that provide expert-level guidance *without* complicated prompts, FYS lowers the barrier to AI adoption. This white paper examines FYS from (1) an academic perspective—encompassing behavior-change theories, sociolinguistics, and *current* AI research (2022+); (2) an investment perspective—though FYS is *not* enterprise-oriented, the paper addresses broader market potential; and (3) a utility perspective, highlighting FYS's distinctive approach to delivering accessible, structured, and brain-friendly solutions.

1. Introduction

Artificial intelligence (AI) has become a pillar of modern innovation, yet popular AI tools often impose steep learning curves or require specialized "prompt engineering" skills (Morgan, 2023). Users—especially those without technical expertise—may struggle with AI "hallucinations," a phenomenon where models produce credible-sounding yet factually incorrect responses (Freedman, 2022). Meanwhile, conventional internet platforms like Google Search and YouTube



can overwhelm users with irrelevant or misleading content, exacerbated by ad-driven algorithms and low-content barriers (McKinsey & Company, 2022).

FYS was created by co-founders Alberto and Jon to tackle these issues head-on. Drawing from their combined expertise in academia and the private sector—and inspired by their own journeys overcoming socioeconomic barriers—they designed FYS as **an Al solution for the people**:

- No complicated prompts: FYS's internal frameworks and user flows sidestep the technical knowledge often required by large language models.
- Anti-rabbit-hole approach: The platform's structured tools (FIX IT, IDEA+, PIVOT, LEVEL UP) and curated content keep users focused on their goals, bypassing the "spirals" common in open-ended searches.
- Brain-friendly design: Through gamification and an array of culturally nuanced "Vibes,"
 FYS fosters immediate trust and comprehension.

This paper details FYS's academic grounding, its market relevance (even as a B2C app), and its practical benefits compared to incumbent platforms like ChatGPT, Google, and YouTube.

2. Company Background and Rationale

2.1. Founders and Their Vision

FYS's founding story is anchored in Alberto and Jon's personal experiences. Holding five advanced degrees, they blend academic research with on-the-ground industry leadership. Their mission is straightforward: **eliminate the "headache"** that often accompanies AI and make advanced problem-solving accessible to individuals from all walks of life. Thus, while many AI providers chase enterprise contracts, FYS is *unapologetically* **for the people**—an inclusive platform that simplifies and democratizes AI.

2.2. Al as a Disruptive Technology



Recent analyses confirm that AI will continue to reshape personal development, mental health, and upskilling markets (Freedman, 2022; McKinsey & Company, 2022). Yet the popular solutions—ChatGPT, Google Search, YouTube—present distinct challenges for everyday users:

1. ChatGPT:

- Requires users to know how to prompt effectively (Morgan, 2023).
- Can "hallucinate," producing plausible-sounding but inaccurate information (Freedman, 2022).
- May lack structured guidance, leaving novices unsure of how to proceed.

2. Google Search:

- Ads and SEO often prioritize content that serves commercial interests rather than user comprehension.
- Users can fall into unproductive "rabbit holes," bombarded by disorganized links and minimal curation.

3. YouTube:

- Content quality varies widely due to a low barrier to entry.
- Recommendation algorithms can shift users toward distracting or extreme content rather than straightforward "brain-friendly" solutions.
- Lack of evergreen, peer-reviewed, or academically vetted resources.

FYS emerges as a **counterpoint**: an anti-rabbit-hole app that orchestrates a game plan for users, making Al-driven solutions accessible, organized, and free of extraneous clutter.

3. Academic Perspective

3.1. Theoretical Underpinnings

1. Technology Acceptance Model (TAM)

Davis (1989) posited that user acceptance hinges on perceived usefulness and ease of



use. FYS's design explicitly focuses on a minimal learning curve and immediate utility, ensuring novices and experts alike feel at ease.

2. Theory of Planned Behavior (TPB)

Fishbein and Ajzen (2010) emphasize attitudes, subjective norms, and perceived behavioral control as key determinants of user behavior. By presenting AI in a culturally relevant, "Vibe"-driven package, FYS shapes positive attitudes, normalizes advanced tool usage, and boosts perceived control through structured, step-by-step interactions.

3. Cognitive Load Theory

Sweller (1988) highlights how effectively structured content can reduce extraneous cognitive load, enabling users to focus on essential tasks. While this principle underscores the importance of designing user interfaces to streamline cognition, the existing version of FYS addresses user experience through short, step-by-step instructions and curated frameworks—ensuring novices aren't overwhelmed by complex AI processes.

4. FYS Tools and "Vibes"

4.1. Four Core Tools

- FIX IT Streamlined problem-solving for daily challenges, breaking them into concise, action-oriented steps.
- 2. **IDEA+** Ideation engine transforming user ideas into structured plans fueled by free, credible resources.
- 3. **PIVOT** Career and role-specific skill-building, generating tailored development plans for personal growth.
- 4. **LEVEL UP** Personalized learning paths for mastering any skill, incorporating curated micro-lessons and feedback loops.



Each tool features a "PRO" option that adds depth to generated outputs. By automatically integrating expert-level guidance from reliable sources, FYS ensures users receive robust, academically grounded advice—with *no* complex prompts required.

4.2. The Vibes: Linguistic Range and Inclusivity

FYS's six "Vibes" extend from businesslike to comedic, reflecting the fact that a one-size-fits-all Al voice does not exist. Whether a user prefers direct instructions ("Drill Sergeant"), comedic tough love ("Savage"), or relatable bilingual banter ("Foo Gone Mild"), FYS meets them where they are—minimizing intimidation and maximizing resonance.

5. Market and User-Centric Perspective

5.1. Serving the People, Not Enterprises

Unlike many AI startups that chase enterprise partnerships, FYS is a direct-to-consumer platform. The founders' vision is to **empower everyday individuals**, especially those historically underserved by complicated tech ecosystems. As the "anti-rabbit-hole" solution, FYS is built to streamline decision-making—providing relevant frameworks and resources in a matter of clicks.

5.2. Competitive Landscape

While ChatGPT, Google Search, and YouTube command large user bases, their approach to content delivery can overwhelm or mislead individuals seeking *rapid*, *structured*, and *accurate* solutions. FYS strategically positions itself in the gap between overly open-ended tools and hyper-commercial search engines—prioritizing clarity, credibility, and inclusivity over ad revenue or "promoted" results.

5.3. Potential Opportunities and Scalability



Though FYS deliberately focuses on individual empowerment rather than enterprise contracts, its underlying technology stack could accommodate rapid user growth. Because FYS leverages a cloud-based infrastructure and advanced API calls, scaling to support large communities or global audiences remains feasible (McKinsey & Company, 2022). The founders remain open to partnerships that align with FYS's user-first principles, but the core mission remains: **Al for everyday people**.

6. Utility Perspective

6.1. An Anti-Rabbit-Hole, Brain-Friendly Approach

FYS's step-by-step game plans counteract the chaos of open-ended searches. Instead of pushing users toward unvetted content, FYS's frameworks yield concise, academically sound advice (Kazdin, 2023). Whether solving a personal hurdle (FIX IT), brainstorming creative projects (IDEA+), evolving career skills (PIVOT), or mastering new competencies (LEVEL UP), users receive consistent, structured pathways—much like a well-organized to-do list.

6.2. Adaptable and Inclusive

Because FYS runs on proprietary AI calls, it can adapt to varied user inputs without requiring them to craft advanced queries. This "hidden complexity" ensures novices benefit from cutting-edge AI without being burdened by technical intricacies (Freedman, 2022). Furthermore, the "Vibes" architecture magnifies inclusivity, providing an interface that resonates with diverse cultures, languages, and age groups.

6.3. Societal and Educational Impact

As an *anti-rabbit-hole* platform, FYS addresses growing concerns about digital literacy, misinformation, and analysis paralysis in an era of infinite online choices (Torous, 2023). By focusing on direct, curated, and culturally relevant feedback, FYS empowers users to



confidently navigate problem-solving, professional growth, and personal development in ways that can elevate community well-being (WHO, 2021).

7. How Al is Disrupting the Job Market and the Way We Work

We live in a time where technology places vast swaths of information at our fingertips. A quick query can produce seemingly endless results, and generative AI accelerates this process—churning out large volumes of content on demand. Yet this so-called "age of accessibility" also reveals gaps in how we process, trust, and effectively use information, particularly in the workforce.

- Job Market Shifts: All is automating repetitive tasks while creating new roles that require
 advanced problem-solving and adaptability. For everyday individuals, this can mean
 navigating an environment where traditional jobs evolve—or disappear—and new skill
 sets become paramount.
- Evolving Workflows: As Al-driven tools proliferate, workers face a paradox: more data
 and advice than ever, yet less certainty about which resources are truly credible. The
 result can be a sense of "information overload," exacerbated by monetized search
 engines and Al outputs that sound authoritative but aren't necessarily correct.
- FYS's Value: In a job market disrupted by AI, FYS is a trustworthy guide. Its
 "anti-rabbit-hole" design cuts through the deluge of questionable content, delivering
 structured, expert-informed pathways that help users upskill, pivot, and refine their
 professional identities. Instead of endless scrolling or ad-driven search results, FYS
 curates knowledge into actionable next steps.
- Accessibility Beyond Paywalls: While many high-quality resources sit behind paywalls
 or get drowned out by superficial, SEO-driven sites, FYS's approach prioritizes free,
 credible links and systematically vetted information. As the line between human-driven
 and AI-generated materials blurs, a tool highlighting proven, authoritative insights
 becomes indispensable.



Cognitive Load and Trust: In workplaces increasingly shaped by AI tools, the ability to
focus on core tasks matters more than ever. With short, digestible frameworks and
culturally relevant "Vibes," FYS spares users the cognitive burden of filtering out
distractions. By integrating accurate guidance into each tool—FIX IT, IDEA+, PIVOT,
LEVEL UP—FYS ensures that users can confidently adapt to new professional realities.

In short, Al's disruption of the job market is as much about the *quality* of information as it is about *quantity*. While algorithms and search engines can bombard us with data, FYS distills knowledge into precise, reliable game plans. Its user-focused ethos and strong emphasis on streamlined, culturally aware communication position FYS as a unique ally for anyone navigating the complex new work landscape.

8. Conclusion

FixYourShh (FYS) revolutionizes how everyday people engage with AI by offering a brain-friendly, step-by-step solution that sidesteps the pitfalls of open-ended platforms like ChatGPT, Google Search, and YouTube. Co-founders Alberto and Jon have shaped an inclusive, anti-rabbit-hole ecosystem where individuals can navigate problem-solving, ideation, career pivots, and skill development without the burden of technical prompt engineering or sifting through low-quality content.

Grounded in **theoretical frameworks**—including TAM, TPB, and Cognitive Load Theory—and informed by **recent Al research** (2022+), FYS merges academic credibility with an engaging user experience. By providing accessible, curated, and culturally resonant frameworks, FYS eliminates misinformation risks, reduces decision fatigue, and delivers genuine empowerment to users. With its unwavering focus on people rather than enterprises, FYS redefines the potential of AI to improve lives, champion inclusive innovation, and deliver expert-level guidance at the click of a button—*no rabbit holes required*.



References

AI-Focused (2022+)

Freedman, M. (2022). The next wave of AI: Disruptive potential and ethical challenges. *Journal of Techno-Social Impact*, *25*(4), 22–37.

Kazdin, A. E. (2023). Digital interventions for mental health in an era of generative Al. *JAMA Psychiatry*, *80*(4), 313–320.

McKinsey & Company. (2022). The state of AI in 2022.

https://www.mckinsey.com/business-functions/mckinsey-analytics

Morgan, A. (2023). The state of generative AI in 2023. AI Horizons, 7(1), 10–19.

Torous, J. (2023). Al in mental health: Opportunities, pitfalls, and future directions. *Digital Health Innovations*, *3*(2), 12–24.

Foundational & Sociolinguistic References

Alim, H. S. (2016). *Articulate while Black: Barack Obama, language, and race in the U.S.* Oxford University Press.

Bailey, B. (2007). Heteroglossia and boundaries. In M. Heller (Ed.), *Bilingualism: A social approach* (pp. 257–274). Palgrave Macmillan.

Davis, F. D. (1989). Perceived usefulness, perceived ease of use, and user acceptance of information technology. *MIS Quarterly, 13*(3), 319–340.

European Commission. (2018). Regulation (EU) 2016/679 of the European Parliament and of the Council (GDPR). *Official Journal of the European Union*. https://eur-lex.europa.eu/

Fishbein, M., & Ajzen, I. (2010). *Predicting and changing behavior: The reasoned action approach*. Psychology Press.



Firth, J., Torous, J., Nicholas, J., Carney, R., Pratap, A., Rosenbaum, S., & Sarris, J. (2017). The efficacy of smartphone-based mental health interventions for depressive symptoms: A meta-analysis of randomized controlled trials. *World Psychiatry, 16*(3), 287–298.

Firth, J., Torous, J., Stubbs, B., Firth, J. A., Steiner, G. Z., Smith, L., ... & Sarris, J. (2019). The "online brain": how the Internet may be changing our cognition. *World Psychiatry, 18*(2), 119–129.

Harter, J. K., & Adkins, A. (2015). Employees want a lot more from their managers. *Harvard Business Review*. https://hbr.org/

Porter, M. E. (1985). *Competitive advantage: Creating and sustaining superior performance*. Free Press.

Sweller, J. (1988). Cognitive load during problem solving: Effects on learning. *Cognitive Science*, *12*(2), 257–285.

Twenge, J. M., & Campbell, W. K. (2019). Media use and mental health: Adolescent psychological well-being in the digital age. *Child Development Perspectives*, *13*(3), 153–158.

World Health Organization. (2021). *Mental health atlas 2020*. https://www.who.int/publications/i/item/9789240036703

Zentella, A. C. (1997). Growing up bilingual: Puerto Rican children in New York. Blackwell.