Name	Ulfa Farrah Lisa, SST., M.Keb		
Position	Lecturer at Maternity of Nursing Department, Faculty of Nursing Universitas Syiah Kuala		
Academic Career	**Initial Academic Appointment**	**Institution**	**Year**
	Lecturer, STIKes Ubudiyah	STIKes Ubudiyah	2010-2019
	Permanent Lecturer, Undergraduate Midwifery Program	Universitas Andalas	2019-2026
	Permanent Lecturer, Faculty of Nursing	Universitas Syiah Kuala	2026-present
	Habilitation (postdoctoral)	**Institution**	**Year**
	-	-	-
	Doctorate (subject)	**Institution**	**Year**
	-	-	-
	Postgraduate (subject)	**Institution**	**Year**
	Master of Midwifery (M.Keb.)	Universitas Padjadjaran	2015
	Graduate Education (subject)	**Institution**	**Year**
	Midwifery (SST), undergraduate degree	Poltekkes Kemenkes Yogyakarta	2010
Employment	**Position**	**Employer**	**Period**
	Lecturer	STIKes Ubudiyah	2010–2015
	Head, D-IV Midwifery Educator Program	STIKes Ubudiyah	2011–2012
	Lecturer, D-IV Midwifery	Universitas Ubudiyah Indonesia	2015–2019
	Head, D-IV Midwifery Program	Universitas Ubudiyah Indonesia	2015–2019
	Lecturer, Undergraduate Midwifery	Universitas Andalas	2019–2026
	Head, Quality Control Group, Professional Midwifery Program	Universitas Andalas	2019–2020
	Secretary, Undergraduate Midwifery Program	Universitas Andalas	2020–2022
	Head, Undergraduate Midwifery Program	Universitas Andalas	2022–2025
	Lecturer, Faculty of Nursing	Universitas Syiah Kuala	2026–present

	Project / research focus	Funding source	Year
Research and development projects over the last 5 years	Analisis Penerapan Program “One Student One Breastfeeding Woman” dengan Keberhasilan ASI Eksklusif dan Kepuasan Klien di Kota Padang Sumatra BaratBarat	Hibah Penelitian RDP PNBP Unand Funding: IDR 20,000,000	2022
	Analisis Perilaku Dan Upaya Ibu Hamil Dan Bidan Dalam Optimalisasi Posisi Janin	Hibah Penelitian RDP PNBP Unand Funding: IDR 20,000,000	2022
	Pengaruh Suplemen Kombinasi Ekstrak Daun Kelor, Daun Katuk, Dan Ikan Gabus Terhadap Kadar Laktoferin Dan DHA Pada ASI Ibu Menyusui Di Kota Padang	Hibah Penelitian Fundamental PNBP FK Unand Funding: IDR 50,000,000	2023
	Efektivitas Pendampingan Pada Ibu Hamil Melalui Buku Pintar Optimalisasi Posisi Janin Terhadap Lama Persalinan	Hibah Penelitian Fundamental PNBP FK Unand Funding: IDR 30,000,000	2023
	Hubungan Pengetahuan Bidan Tentang Hypnobreasfeeding dan Lactation Massage dengan Motivasi Pemberian Informasi oleh Bidan Kepada Pemberiaan ASI	Hibah CoE Pendidikan Kebidanan UNFPA Kanada Funding: IDR 3,950,000	2023
	Aplikasi Sure Homecare Berbasis Android Sebagai Upaya Peningkatan Kualitas Pelayanan Kebidanan Pada Masa Menyusui	Hibah Penelitian Fundamental PNBP FK Unand Funding: IDR 55,000,000	2024

	Formulasi Kombinasi Aromaterapi Jahe dan Lemon terhadap Konsentrasi Belajar Mahasiswa Kebidanan dalam Pembelajaran Tutorial	Hibah Penelitian PDP PNBP FK Unand Funding: IDR 20,000,000	2024
	Efektivitas Intervensi Layanan Komprehensif Berbasis Digital Terhadap Volume ASI dan Tingkat Kecemasan Ibu Menyusui	Hibah Penelitian Fundamental PNBP FK Unand Funding: IDR 55,000,000	2025
	Perbandingan Loving Lactation Massage dan Oketani Breast Massage terhadap Volume ASI dan Breastfeeding Self Efficacy pada Ibu Postpartum	Hibah Penelitian PDP PNBP FK Unand Funding: IDR 25,000,000	2025
	Efektivitas Hypnobreastfeeding Terhadap Kecemasan Ibu, Self-Efficacy Menyusui, dan Produksi ASI Pada Ibu Postpartum: Studi Mixed Methods	Hibah Penelitian Fundamental PNBP FK Unand Funding: IDR 55,000,000	2026
	Pengembangan Audiovisual Hypnobreastfeeding Berbasis Mind–Body Intervention Untuk Meningkatkan Volume ASI dan Self-Efficacy Ibu Postpartum	Hibah Penelitian PDP PNBP FK Unand Funding: IDR 25,000,000	2026
Industry collaborations over	Project Titles	…	Year …
	Partners	…	IDR

the last 5 years			
Patents and proprietary rights	**Titles**	**Registration number**	**Year**
	Asuhan Kebidanan Persalinan Dan Bayi Baru Lahir	EC00202300921	2022
	Kebutuhan Dasar Manusia	EC00202436814	2024
	Asuhan Kebidanan Holistik	EC002024186764	2024
	Asuhan Kebidanan Kesehatan Reproduksi	EC00202448922	2024
	Pengantar Ilmu Kebidanan Dan Standar Profesi Kebidanan	EC002024203923	2024
	Asuhan Kebidanan Pada Kehamilan	EC002025040881	2025
	Edukasi Dan Konseling Ibu Hamil	EC002025060818	2025
	Ilmu Kebidanan: Perawatan Kehamilan, Persalinan dan Nifas	EC002025197991	2025
	Kesehatan Ibu Dan Anak: Konsep Dan Praktik	EC002026059518	2026
Important publications over the last 5 years	*Selected recent publications from a total of approx*		
	(Give total number)		
	Author	Ulfa Farrah Lisa; Laila Rahmi; Hindun Mila Hudzaifah	
	Title	Development of Student Satisfaction Questionnaire For Midwifery Professional Education Study Program in the Learning Process	
	Any other information	-	
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	Atlantis Press; Advances in Social Science, Education and Humanities Research, Vol. 650, pp. 249–258 (2022). DOI: 10.2991/assehr.k.220303.045 https://www.atlantis-press.com/proceedings/iced-qa-21/125972117	
	Author	Yulizawati, Lusiana El Sinta Bustami, Erda Mutiara Halida, Fitrayeni Fitrayeni, Rafika Oktova, Laila Rahmi, Ulfa Farrah Lisa, Aldina Ayunda Insani, Uliy Iffah, Feni Andriani, Miranie Safaringga	
	Title	Edukasi Asuhan Kebidanan Ibu Nifas Dalam Pelayanan Continuity Of Care Pada Era Pandemi Covid-19 Di Sumatera Barat	
	Any other information	-	

	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	Buletin Ilmiah Nagari Membangun - EISSN. 2622-9978. Vol. 5 No. 3 (2022, DOI: https://doi.org/10.25077/bina.v5i3.300 https://buletinnagari.lppm.unand.ac.id/index.php/bln/article/view/300
	Author	Yulizawati; Lusiana El Sinta B; Rafika Oktova; Erda Mutiara Halida; Ulfa Farrah Lisa; Laila Rahmi; Aldina Ayunda Insani; Uliy Iffah; Miranie Safaringga; Feni Andriani; Fitrayeni; Henni Fitria; Feri Anita Wijayanti; Hindun Mila; Rahmayani Afrah; Marzatia Yulika
	Title	Pemberdayaan Perempuan melalui Pelaksanaan Continuity of Care dalam Pelayanan Kebidanan
	Any other information	-
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	Warta Pengabdian Andalas, Vol. 29, No. 3, pp. 171–179 (2022). DOI: 10.25077/jwa.29.3.171-179.2022 https://wartaandalas.lppm.unand.ac.id/index.php/jwa/article/view/587/389
	Author	Ulfa Farrah Lisa; Feri Anita Wijayanti
	Title	Case-based Learning Video and Learning Motivation among Midwifery Students
	Any other information	-
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	EMBRIO: Jurnal Kebidanan, Vol. 15, No. 1, pp. 75–82 (2023). DOI: 10.36456/embrio.v15i1.6817 https://jurnal.unipasby.ac.id/index.php/embrio/article/view/6817
	Author	Ulfa Farrah Lisa; Laila Rahmi; Feni Andriani
	Title	Analisis Penerapan Program “One Student One Breastfeeding Woman” Dengan Keberhasilan Menyusui Dan Kepuasan Klien
	Any other information	-
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	Jurnal Kesehatan Saintika Meditory, Vol. 6, No. 1, pp. 456–463 (2023). https://jurnal.syedzasaintika.ac.id/index.php/meditory/article/view/1983
	Author	Anisa Ulfah; Defrin; Ulfa Farrah Lisa; Firdawati; Erda Mutiara Halida
	Title	The Main Casual Factors Associated with The Incidence of Asphyxia Neonatorum
	Any other information	-
	Publisher, place of publication, date of publication or name of	Women, Midwives and Midwifery, Vol. 3, No. 2, pp. 57–67 (2023). DOI: 10.36749/wmm.3.2.57-67.2023 https://wmmjournal.org/index.php/wmm/article/view/95/61

	periodical, volume, issue, page numbers	
	Author	Laila Rahmi, Ulfa Farrah Lisa, Ulliy Iffah, Feri Anita Wijayanti, Laila, Reflina Susanti, Nurhalimah, Regina Dwi Anisa, Cicilia Novita Laurens, Ernis Nur Prisca Laiya, Raisya Rahma
	Title	Edukasi Kesehatan Dan Upaya Advokasi Melalui Kebidanan Komunitas Dan Fome III di RT 03 RW 4 Wilayah 1 Kelurahan Lubuk Buaya Kecamatan Koto Tangah Kota Padang
	Any other information	-
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	Jurnal Pengabdian Inovasi dan Teknologi Kepada Masyarakat. Vol. 3 No. 1 (2023), ISBN: 2809-1485 https://rumahjurnal.or.id/index.php/JUDISTIRA/article/view/454
	Author	Feri Anita Wijayanti, Hindun Mila Hudzaifah, Yulizawati, Ulfa Farrah Lisa
	Title	Evaluasi Kepuasan Mahasiswa Terhadap Layanan Bimbingan Akademik di Program Studi Sarjana Kebidanan
	Any other information	-
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	Jurnal Ilmu Pendidikan, Volume 6 Nomor 2 (2023). ISSN :2615-0891 (Media Online) https://jayapanguspress.penerbit.org/index.php/cetta/article/view/2219/1064
	Author	Laila Rahmi, Ulfa Farrah Lisa, Feni Andriani
	Title	Analisis Perilaku Dan Upaya Bidan Dalam Optimalisasi Posisi Janin
	Any other information	-
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	Jurnal Kesehatan Saintika Meditory, Vol 6, No 1 (2023), DOI: http://dx.doi.org/10.30633/jsm.v6i1.1981 https://jurnal.syedzasaintika.ac.id/index.php/meditory/article/view/1981
	Author	Ulfa Farrah Lisa; Erda Mutiara Halida; Yulizawati; Aldina Ayunda Insani
	Title	The Relationship of Midwives' Knowledge About Hypnobreastfeeding and Lactation Massage with the Motivation of Providing Information by Midwives to Mothers for Breastfeeding
	Any other information	-
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	Jurnal Sosial dan Teknologi, Vol. 4, No. 3, pp. 175–181 (2024). DOI: https://doi.org/10.59188/jurnalsostech.v4i3.1158 https://sostech.greenvest.co.id/index.php/sostech/article/view/1158

	Author	Laila, Ulfa Farrah Lisa, Feni andriani, Hildayati Bahri, Inneke Clara Desty, Siska Ilannur Lubis, Ulin Azizah, Yeri Englania Rusmat
	Title	Penyuluhan Kesehatan dan Advokasi Melalui Kebidanan Komunitas dan FOME III di RT 01 RW 02 Kelurahan Koto Luar Kecamatan Puah Kota Padang
	Any other information	-
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	Jurnal Pengabdian Inovasi dan Teknologi Kepada Masyarakat, Vol. 4 No. 1 (2024). DOI: https://doi.org/10.58794/jdt.v4i1.663 https://rumahjurnal.or.id/index.php/JUDISTIRA/article/view/663
	Author	Raudhatun Nuzul ZA, Ulfa Farrah Lisa, Alfitri Wahyui, Risky Swastika Renjani, Ratna Willis, Mira Andryani
	Title	Hubungan Pelayanan Posyandu Lansia dan Informasi dengan Kecemasan Ibu dalam Menghadapi Perubahan Fisiologis pada Masa Menopause di Gampong Pineung Kecamatan Syiah Kuala Banda Aceh
	Any other information	-
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	Journal of Heathcare Technology and Medicine, Vol 11 No 1 (2025): APRIL 2025. DOI: https://doi.org/10.33143/jhtm.v11i1.4904 https://jurnal.uui.ac.id/index.php/JHTM/id/article/view/4904
	Author	Laila, Ulfa Farrah Lisa, Hanifah Nofila, Dina Taufia, Salsabila Az-zahra, Halsya Zahra Azzahra, Altaf Hussain, Mehtab
	Title	Ginger and Lemon Aromatherapy Enhances Learning Concentration in Midwifery Students: A Randomized Controlled Trial
	Any other information	-
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	JIK – Jurnal Ilmu Kesehatan, E-ISSN : 2597-8594 (Online) P-ISSN : 2580-930X (Print)Vol. 9, No. 2 (2025). DOI: http://dx.doi.org/10.33757/jik.v9i2.1231 https://jik.stikesalifah.ac.id/index.php/jurnalkes/article/view/1231
	Author	Ulfa Farrah Lisa; Feri Anita Wijayanti
	Title	The Effectiveness of the 'One Student One Breastfeeding Woman' Program on Breastfeeding Success
	Any other information	-
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	Women, Midwives and Midwifery, Vol. 5, No. 3, pp. 11–24 (2025). DOI: https://doi.org/10.36749/wmm.5.3.11-24.2025 https://wmmjournal.org/index.php/wmm/article/view/216

	Author	Siska Bradinda Putri Sudirman, Yulizawati, Ulfa Farrah Lisa, Henni Fitria, Rahmadini Faricha Hakim, Diah Yusyfa Aninta, Fairizia Fithri Adisha, Silvia Julnisah Putri, Velia Dwi Andita	
	Title	Optimalisasi Posyandu ILP untuk Peningkatan Kesehatan PUS dan Lansia di Kelurahan Parak Laweh	
	Any other information	-	
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	JDISTIRA, Vol. 6, No. 1, pp. 9–14. DOI: 10.58794/jdt.v6i1.1715. Publication year requires confirmation (CV: 2026). https://rumahjurnal.or.id/index.php/JUDISTIRA/article/view/1715/889	
	Author	Rahmadini Faricha Hakim, Dyan Permata Rachim, Hindun Mila Hudzaifah, Ulfa Farrah Lisa, Dina Taufia, Fathiya Ilma Shabrina	
	Title	Oxytocin massage and clary sage aromatherapy on lactation and uterine recovery	
	Any other information	-	
	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	International Journal of Public Health Science, Vol. 15, No. 2, pp. 428–436 (2026). DOI: http://doi.org/10.11591/ijphs.v15i2.26928 https://ijphs.iaescore.com/index.php/IJPHS/article/view/26928	
Activities in specialist bodies over the last 5 years	**Organization**	**Role**	**Period**
	LAM-PTKes	Accreditation assessor	2022–present
	Women, Midwives and Midwifery (WMM) Journal – AIPKIND	Journal editor	2022–present
	Journal of Health Science (JHS)	Journal editor	2020–present
	Jurnal Riset Kesehatan Nasional	Journal editor	2023–present
	Jurnal Abdimas ITEKES Bali	Journal editor	2023–present
	Association of Indonesian Midwifery Education (AIPKIND), West Sumatra Regional Chapter	Regional Committee Member	2022-2026
	Laskar Tjoet Nja' Dhien	Committee Member	2022-2027