

7th Grade Physical Education Teaching and Learning Framework				
Unit Title	Standard	Projects		
Week 1/Day 1: Aug 13		-Teacher Expectations/Rules -Syllabus -Ice Breaker Website Discovery http://sites.google.com/a/lengsas.com/classroom/web-development-design/web-design-units/websitediscovery Design Document http://sites.google.com/a/lengsas.com/classroom/web-development-design/web-design-units/designdocument		
Week 2: Aug 16-20		-Digital Citizenship -Google Classroom -Syllabus		
Week 3: Aug 23-27	PE7.1 The physically educated student demonstrates competency in a variety of motor skills and movement patterns. HE 7.6 Students will demonstrate the ability to use goal-setting skills to enhance health. HE 7.7 Students will demonstrate	-Team Sport (Rules/Game) -Health Behaviors/Goal Setting -Personal Fitness -Fun Game Day/Choice Day		

	the ability to practice health-enhancing behaviors and avoid or reduce health risks.			
Week 4: Aug 30- Sept 3	<p>PE7.1 The physically educated student demonstrates competency in a variety of motor skills and movement patterns.</p> <p>HE 7.1 Students will comprehend concepts related to health promotion and disease prevention to enhance health.</p>	<ul style="list-style-type: none"> -Team Sport (Rules/Game) -Mental/Emotional Health -Personal Fitness -Fun Game Day/Choice Day 		
Week 5: Sept 6-10	<p>PE7.1 The physically educated student demonstrates competency in a variety of motor skills and movement patterns.</p> <p>HE 7.8 Students will demonstrate the ability to advocate for</p>	<ul style="list-style-type: none"> -Fitness Gram -Nutrition -Personal Fitness -Fun Game Day/Choice Day 		

	personal, family, and community health.			
Week 6: Sept 13-17	<p>PE7.1 The physically educated student demonstrates competency in a variety of motor skills and movement patterns. HE 7.1 Students will comprehend concepts related to health promotion and disease prevention to enhance health.</p>	<ul style="list-style-type: none"> -Team Sport (Rules/Game) -Tobacco -Personal Fitness -Fun Game Day/Choice Day 		
Week 7: Sept 20-24	<p>PE7.1 The physically educated student demonstrates competency in a variety of motor skills and movement patterns. HE 7.1 Students will comprehend concepts related to health promotion</p>	<ul style="list-style-type: none"> -Team Sport (Rules/Game) -Drugs (Pretest) -Personal Fitness -Fun Game Day/Choice Day 		

	and disease prevention to enhance health.			
Week 8: Sept 27- Oct 1	<p>PE7.1 The physically educated student demonstrates competency in a variety of motor skills and movement patterns.</p> <p>HE 7.1 Students will comprehend concepts related to health promotion and disease prevention to enhance health.</p>	<ul style="list-style-type: none"> -Team Sport (Rules/Game) -Drugs -Personal Fitness -Fun Game Day/Choice Day 		
Week 9: Oct 4-8	<p>PE7.1 The physically educated student demonstrates competency in a variety of motor skills and movement patterns.</p> <p>HE 7.6 Students will demonstrate the ability to use goal-setting skills to</p>	<ul style="list-style-type: none"> -Fitness Gram Makeup -Growth & Development -Fun Game Day/Choice Day 		

	enhance health.			
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