

IB Learner Profile Family Pack



The Learner Profile includes 10 important attributes that are intentionally taught and nourished during all International Baccalaureate Programs; specifically the Primary Years Program (PYP) and Middle Years Program (MYP) at ICSAtlanta.

Each attribute of the Learner Profile is explained below with ideas for extension at home.

Caring students are about themselves, others, and the world around them.

- Think about how your family can help your community through volunteering
- Consider how your family can make an impact on the environment (recycling, composting, planting trees, picking up trash in your community, etc)
- Have your student write thank you notes after
- Encourage your student to help a friend, sibling, or another family member with a project or chore
- Smile
- Be a role model for your student. Show kindness, pay attention and be an active listener to your student and others in your life

Inquirers have naturally curious minds and seek to find answers to questions about the world around them

- Visit the library and encourage your student to explore many different topics
- Allow your student to ask *lots* of questions and don't be afraid to say you don't know an answer. Research answers together using books and online resources
- Practice online research and evaluating sources for reliability
- Explore the world around you (cities, parks, rivers, your backyard!) and encourage your student to ask questions, make connections, and seek answers

Open-Minded students understand themselves, respect others, celebrate differences, and are willing to explore other perspectives, cultures, and ways of doing things.

- Encourage your student to try new things (foods, dances, experiences)

- Ask your student what they are learning about the culture of their L2 or L3 language; especially if it is different from your family's culture. Try foods, celebrations, clothing, and entertainment from that culture
- Encourage your student to read books written by authors with many different backgrounds or in different languages
- Model being open-minded and discuss times when it is challenging to take another perspective with your family
- Practice really listening when others speak

Knowledgeable students explore content, ideas, and issues and remember what they learn so they can apply it to new situations.

- Ask your student about what they are studying in school and encourage them to make connections to family, history, books, nature, etc
- Discuss current events with your student (as age-appropriate) and ask questions about what they think
- Practice skills repeatedly to improve (riding a bike, playing a game, learning math facts, shooting a basketball, etc)
- Read as much as possible (read to your student, read together, listen to audiobooks, read independently--ALL reading is good reading!)

Communicators can express themselves effectively and creatively in more than one language using words, drawings, or symbols

- Ask your student questions and encourage them to give more than one-word answers (Here are a few questions that might help get you started: [elementary students](#) or [tweens/teens](#))
- Find daily time to talk with your student(s) (at meals, in the car--especially good for older kids, on a walk together, right after school pick up)
- Teach your student to write an effective and appropriate email or letter. Practice often!
- When solving math problems, encourage your student to explain their thinking
- Practice your L2 language at home often! Get your student to teach you vocabulary words if your family doesn't speak the language

Reflective students know their own strengths and challenges. They think carefully about their choices and work for ways to improve over time.

- Review your student's class work and report cards together. Ask questions about what they believe they did well and what areas need extra practice and attention
- Discuss goals together

Principled students are honest with themselves, have strong morals, and believe in fairness. They understand rules and follow them in school, at home, and in extracurricular activities.

- Discuss rules at home and enforce them
- Review school rules and discuss them together at home
- Encourage your student to participate in a sport or other activity. Support teamwork and overcoming challenges with teammates
- Support good sportsmanship and insist your student always shake hands with an opponent
- Discuss current events with your student (as age-appropriate) and discuss the roles of fairness, morality, and principled thinking together

Risk-Takers are daring to try new things and search for new opportunities. They try to solve problems in a lot of ways. They have the bravery to tell people what they think is right.

- Encourage your student to try new foods, especially those from different cultures, and/or using flavors
- Encourage your student to speak up when they see injustice or bullying towards others
- Sign your student up for a new activity or try something new together!
- Talk to your student when they are struggling with a problem. Work together to find creative solutions.

Thinkers work to solve problems independently or work on a team effectively. They can imagine many solutions to a question, and research a variety of ways to approach a challenge. Thinkers make good decisions and can predict the outcomes of their actions. They think creatively and critically, and reflect on what they've learned.

- Pose different real-life problems and questions to your student
- Ask your student questions when they are working on a problem
- Involve your student in the discussion of problems and solutions at home (as age-appropriate)
- Ask your student questions
- Do puzzles and play games together

Balanced students are healthy and understand that it is important to have a balance between the physical and mental aspects of their lives. They spend time doing many different things and exploring many ideas.

- Encourage your student to participate in a wide variety of activities, both structured and unstructured. Discourage students from becoming obsessed with one thing (especially video games or other screen-related activities)
- Discuss the food groups with your child. Spend a few minutes during mealtime deciding if what your family is eating is balanced.
- Role model this attribute. Spend time as a parent or family doing many different things.
- Help your student choose a balance of academic courses when selecting classes for high school.
- Discuss balanced media/phone use. Set limits for when and where phone are allowed.