



Chapel Allerton Runners Committee Meeting Minutes

Date/Time/Location: Monday 6th November at 8pm on Zoom

Chair Person Suzzi Garnett

Minutes: Tim Knighton

Present: Suzzi Garnett, Heather Ross, Tim Knighton, Katy Nunn, Sam Robins, Holly Keighley, Dan Price, Chris Watson, Lora Forster, Dannie Hembra

Apologies Paul Hough, Jacob Goodwin

Agenda Item	Summary of discussion	Action	Who	When
Actions from previous meeting:	SG to check updates from previous meeting: Done Partially completed Not done – new deadline created			
Member of the moment	Lindsay Lowson for her commitment and hard work at Potternewton Park run	Suzzi to put money behind the bar Sam to do social media post	SG SR	ASAP ASAP
AGM follow-up	Consensus that it went well. Using different speakers for different sections gave good variety and made it flow, as did slide show. David Allison did an excellent job on Review of the year. All wooden trophies are now at the club awaiting giving out – there are also some from previous years. Suzzi to look at giving out via announcements and or posting out. Reminder needed for next year for HDMI cable. Email also needed to Club confirming Committee role changes. Can be sent with finalised SSC. Suzzi has attended Gledhow AGM: Fraser now President. Gledhow in health position financially. CAR still biggest affiliated club.	Suzzi to look at giving out remaining trophies Tim to note need for HDMI cable reminder. Tim also to send email confirming Committee changes with SSC.	SR TK	Ongoing By next meeting
PECO	All volunteer roles for Race 1 now filed. C.70 CAR runners signed up to race.	Dan to contact MH/PECO querying arrangements	DP	ASAP



	No communication received regarding number collection as yet. Katy could collect numbers if need be - alternative is collection of all numbers on Sunday – Katy could also do this. Summary post needed covering warm-ups/photos/arrangements. Lora highlighted need to mention limited parking. Tea/coffee check required before Sunday.	Sam to compile and post arrangements in channels Suzzi to check tea/coffee supplies on Wednesday	SR SG	Before Race 1 9.11.23
CAR Quiz Night	Following on from SSC request for more socials, Sam did a small survey to check for interest. Most popular were a quiz night and a club park run visit. Matt Bellbrough happy to be question master. Gledhow willing to open for it on Tuesday 5th December. Instead of paid entry, plan is to do a foodbank collection. Entry in teams, pairs or individuals to be put into a team. Sam will continue arrangements. Own, pair or teams who knows. Suzzi to switch coaching to 12.12.23 to avoid a clash.			
Xmas party	Maximum 75 people, £22.50 per person, including a drinks voucher from the club. Heather still waiting dietary confirmation from LLL. Booking form/waiting list already prepped and includes raffle ticket purchase. Paul usually monitors sign-ups and paying records – needs to be done by someone with bank access so Jacob may be able to help. Sam getting raffle prizes in having made contact with various organisations.	Heather to update website and do email advertising Christmas party. Suzzi to check raffle books on Wednesday. Suzzi to check who can monitor records.	HR SG SR	ASAP 9.11.23
Stop, Start, Continue	Discussion regarding Stop Start Continue responses. Plans detailed in communication. (LINK NEEDED) Heather to look at possible club trip 2024 locations. Suzzi suggested undertaking a Club Survey. AGM attended by those members most engaged, so Committee only hearing views from those members. Full Club Survey could be more constructive and could highlight other issues/needs. Could be undertaken in January. Themes of survey could include inclusivity, wellbeing, club champs, Wednesday nights, routes.	Heather to look at possible club trip 2024 locations Suzzi to begin thinking of possible questions	HR SG	By next meeting By next meeting
Club Champs	Discussion on proposal put forward by DK on Club Champs. In 2023, only top 8 people in Mens and Womens could 'qualify' ie. do enough races.. Aim is to get more people involved. Working arrangements/calculations still the same, but proposal is: Pool A, Road – 5k time, 10k time, and your best of the rest: 1 mile, 10 mile, half, marathon.			



	Pool B, off-road – best 2 results from 6 races (5 best attended by CAR runners in 2023 and one other race) TNT, ABC, Otley Chevin Fell Race, St Aidans, Kirkstall 7. Aim to find one other race in the spring. Pool C - things that are harder get more points to help the club., i.e. taking gazebo = 20 points. Discussion on whether to count PECO participation pre-Christmas for Club champs. Agreement that Pool C points count before Christmas too, but not Pool A or B.	Suzzi to go back to DK with options.	SG	By next meeting
Monthly broadcast comms	Lora to do December monthly broadcast comms.	Lora to send December monthly broadcast comms. Suzzi to send website posting/email instructions to Lora, Heather and Chris	LF SG	Early December ASAP
AOB/ standing updates	Suzzi confirmed Committee members available to do Wednesday announcements. More map copies needed for winter routes. Holly gave Coaching update with interval proposals for next year – working in focused training blocks around races. Holly and Brian Harrold LiRF courses now done. Also aims to remove sign-up sheet and use a spreadsheet instead. No major updates from Finance or Membership this month.	Chris to print more winter route map copies. Holly to post info and plans on Club channels.	CW HK	ASAP By next meeting
Date of next meeting	Up and coming meeting dates: Monday 4 th December			