



Jesus was willing to suffer for my sins so I can move forward past my mistakes.

[EXTRAS](#) | [SCRIPTURE](#) | [VIDEO](#) | [SONG](#)

Scripture

- And he cometh into the world that he may save all men ... for behold he suffereth the pains of all ... men, women, and children ... (2 Nephi 9:21)

Video

- Latter Day Kids Video: [The Garden of Gethsemane](#) (3:47)
 - Summary: Jesus did lots of important things. He taught the gospel, invited us to follow Him, did miracles, and set the example for us. But there was something else He needed to do. Heavenly Father sent Him to atone for our sins. He felt our sadness and the pain of all our bad choices. This is the Atonement of Jesus Christ. Sin separates us from God. Atonement means to put things back together. When we repent, the Atonement of Christ heals the broken parts so we can be together with Heavenly Father and Jesus Christ again.

Song

- Gethsemane
 - Primary Sing-Along Video: [Gethsemane](#) (2:53)

Extras

- Scripture Story Video: [Jesus Suffers in the Garden of Gethsemane](#) (1:46)
 - Summary: Jesus and some disciples went to the Garden of Gethsemane. Jesus knew He needed to suffer for our sins. The disciples were so tired they fell asleep. Jesus prayed. An angel came to help. Jesus felt the pain of all our sins.
- Latter Day Kids Video: [Repentance](#) (3:27)
 - Summary: The prophets in the scriptures tell us to repent. When we do what Heavenly Father asks us to do we get closer to Him. That is keeping the commandments. When we don't do what He asks us to do we get further away from Him. That's called sin. Repenting is turning around and coming back to Him. A car needs gas to go anywhere.

The Atonement of Christ is like putting gas in the car. Without Jesus we would be stuck and not be able to go back to Heavenly Father.

- Latter Day Kids Video: [The Atonement of Jesus Christ](#) (4:33)
 - Summary: A sacrifice is giving up something important to you for something else important. God asked Jesus to sacrifice Himself for us. This was the biggest sacrifice anyone has ever made. It was for you and for everyone.
- Song
 - Shawna Edwards Song Video: [He Knows](#) (2:21)
 - LDS Primary Songs Sing Along: [I Stand All Amazed](#) (3:47)
 - Shawna Edwards Picture Video: [The Miracle](#) (3:24)
 - The Crosbys Music Video: [This Is The Christ](#) (3:57)
- Scriptures
 - ... I do know that Christ ... shall atone for the sins of the world ... (Alma 34:8)
 - ... I, God, have suffered these things for all, that they might not suffer if they would repent; (D&C 19:16)
 - ... he will take upon him the pains and the sicknesses of his people ... (Alma 7:11)
 - ... as often as my people repent will I forgive them ... (Mosiah 26:30)

– see also –

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[Jesus is an example for me](#)

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[Jesus brought His Church to the earth](#)

[Jesus will come again](#)

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