

February 2024

Health Class Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2/5	6	7	8	9
Digital Citizenship Week: Meet in the Library! - Digital Citizenship Group Projects: - Planning Sheet : Use this to guide you as you create your Slides presentation. - Rubric	Digital Citizenship Week: Meet in the Library! Gallery Walk of Presentations	-Assign and begin working on PSAs - PSA Instructions - PSA Rubric	Work on PSAs - PSA Rubric - PSA Instructions	
HW: *Make sure your Slides are ready for the Gallery Walk tomorrow!	HW:	HW: *PSAs due Friday, 2/16th	HW: *PSAs due Friday, 2/16th	
12	13	14	15	16
NO SCHOOL	Begin Nutrition and Physical Activity (NAPA) - Nutrition and Physical Activity Text Set - Text Set Response Document (turn in on GCR) - Nutrient Notes Slides or Nutrient Prezi : fill in your graphic organizer as we go through the presentation.	All Health Classes: - Food Label Notes : Fill in your Food Label sheet , using the Slides to guide you. Foley/Marek: - Healthy Eating Hyperdoc : go through the Slides and answer the questions on the Slides in your notebooks. Due Friday. Turner: -Assign Trail Mix: Trail Mix advertising information Slides Complete the food label today!	-Assign Trail Mix: Trail Mix advertising information Slides Trail Mix - In pairs, start the trail mix assignment. The rubric is linked in the assignment. Be sure to choose your four ingredients on the order form. Order Form	
HW:	HW: *Finish Nutrient Notes, if we did not finish in class. * Bring Food Label from home! *PSAs due Friday	HW: *PSAs due Friday *Hyperdoc Q's due Friday (Foley/Marek)	HW: * Trail Mix due Block Day (Turner), Friday (Foley/Marek) Print Trail Mix Ad, Nutrition Label, and Questions.	

19	20	21	22	23
NO SCHOOL	Turner: - Healthy Eating Hyperdoc : go through the Slides and answer the questions on the Slides in your notebooks. Due Friday. Foley/Marek: Work on Trail Mix assignment You should have: - Food Label - Ad - Analysis questions -I will make your trail mix while you work. :)	Physical Fitness - Fitness Slides : Take notes in your notebooks, writing down everything in bold. - Fitness Activity: in your notebooks. - “Fed Up” with questions		Rally Schedule: Donversity 3rd period Rally A Period 7:36 - 8:24 a.m. (47 min) 1st Period 8:30 - 9:17 a.m. (47 min) 2nd Period 9:24 - 10:11 a.m. (47 min) Brunch 10:11 - 10:16 a.m. (5 min) 3rd Period Rally A 10:23 - 11:13 a.m. (50 min) 3rd Period Rally B 11:20 - 12:10 p.m. (50 min) Lunch 12:10 - 12:40 p.m. (30 min) 4th Period 12:47 - 1:34 p.m. (47 min) 5th Period 1:41 - 2:28 p.m. (47 min) 6th Period 2:35 - 3:22 p.m. (47 min) B Period 3:31 - 4:18 (47 min) A Rally: CTE, English, PE, Social Studies, VAPA B Rally: Math, Science, ROP, Special Education, World Language
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26	27	28	29	3/1																												
-Finish “Fed Up” with questions FOLEY/Turner/Marek Assign Fad Diet assignment.	- Finish Fad Diet Assignment -Assign Sugar Article: Read “Who can Say No to Sugar”, and answer these Questions in your Notebook. Due Block Day.	-Educated Choices <i>Healthy Eating</i> video presentation: Answer the questions given in class. These will be part of your notebook. -Notebook Check: cover sheet -Study for the NAPA Test: Study Guide	<table border="1"><thead><tr><th colspan="3">Min. Day Sched.</th></tr></thead><tbody><tr><td>A</td><td>7:48 AM</td><td>8:23 AM</td></tr><tr><td>1</td><td>8:30 AM</td><td>9:05 AM</td></tr><tr><td>2</td><td>9:12 AM</td><td>9:47 AM</td></tr><tr><td>3</td><td>9:54 AM</td><td>10:29 AM</td></tr><tr><td rowspan="2">BRUNCH</td><td>10:29 AM</td><td>10:39 AM</td></tr><tr><td>10:46 AM</td><td>11:21 AM</td></tr><tr><td>4</td><td>11:28 AM</td><td>12:03 PM</td></tr><tr><td>5</td><td>12:10 PM</td><td>12:45 PM</td></tr><tr><td>6</td><td></td><td></td></tr></tbody></table> Minimum Day -Nutrition and Physical Activity Test	Min. Day Sched.			A	7:48 AM	8:23 AM	1	8:30 AM	9:05 AM	2	9:12 AM	9:47 AM	3	9:54 AM	10:29 AM	BRUNCH	10:29 AM	10:39 AM	10:46 AM	11:21 AM	4	11:28 AM	12:03 PM	5	12:10 PM	12:45 PM	6		
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*Study for the NAPA
Test: [Study Guide](#)

[Questions](#) in your
Notebook. Due Block Day.

*Finish Fad Diets
assignment.

*Notebook Check Block
Day: [cover sheet](#)

*Study for the NAPA Test:
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