

2023 #FORMAK 5k Overall Results

| Name | Gender | Age | Time |
|------------------------|--------|-----|-------|
| 1. Jorge Garica | M | 26 | 16:23 |
| 2. Will Barrington | M | 18 | 16:43 |
| 3. Chad Petersen | M | 39 | 21:17 |
| 4. Mike Morris | M | 34 | 22:05 |
| 5. Dominic Valdez | M | 34 | 22:06 |
| 6. Molly Madsen | F | 16 | 22:07 |
| 7. Kristi Racines | F | 39 | 22:08 |
| 8. Abby Sherman | F | 32 | 22:08 |
| 9. Maggie Madsen | F | 14 | 22:09 |
| 10. Jeffery Mon | M | N/A | 22:27 |
| 11. Jordan Sauer | M | 26 | 22:30 |
| 12. Gracie Craig | F | 16 | 22:36 |
| 13. Kori Bechtle | F | 33 | 23:30 |
| 14. Jerome Bircumsher | M | 27 | 23:40 |
| 15. Elizabeth Prescott | F | 20 | 23:43 |
| 16. Addie Racines | F | 13 | 23:56 |
| 17. Carstin Schell | M | 14 | 24:01 |
| 18. Ryan Walk | F | 42 | 24:05 |
| 19. Jamie | F | 29 | 24:18 |
| 20. Kayla Taylor | F | 36 | 24:36 |
| 21. Ben Larsen | M | 40 | 24:40 |
| 22. Mark Madsen | M | 56 | 24:44 |
| 23. Taylen Sewell | F | 22 | 25:01 |
| 24. Iris Beadles | F | 13 | 25:12 |
| 25. Matt Zeimens | M | 44 | 25:13 |
| 26. Nicholas Thorrell | M | N/A | 25:16 |
| 27. Chelsea Williams | F | 28 | 25:30 |
| 28. Savannah Messenger | F | N/A | 25:50 |
| 29. Tania Trujillo | F | 48 | 26:17 |
| 30. Chuck Gabriel | M | 31 | 26:33 |
| 31. Turkey | N/A | N/A | 26:39 |
| 32. Julie Neville | F | 46 | 26:40 |
| 33. Jen Lujan | F | 45 | 26:45 |
| 34. Turkey | N/A | N/A | 26:47 |
| 35. Ethan Faber | M | 26 | 26:52 |
| 36. John Haukap | M | 60 | 26:55 |
| 37. Steven Sue | M | 58 | 27:00 |

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|-----------------------|-----|-----|-------|
| 38. Raedeue Messenger | F | 52 | 27:04 |
| 39. Ben Brandes | M | 4 | 27:06 |
| 40. Reagan DeBall | F | 15 | 27:08 |
| 41. Brett Martinez | M | 39 | 27:10 |
| 42. Colin Hess | M | 50 | 27:16 |
| 43. Lola Reisdorfer | F | 30 | 27:39 |
| 44. Sadie Knott | F | 13 | 27:44 |
| 45. Sophia Herrera | F | 13 | 27:47 |
| 46. Ezra Steele | M | 12 | 27:49 |
| 47. Dustin Gorski | M | 38 | 27:49 |
| 48. Turkey | N/A | N/A | 27:59 |
| 49. Dylan Hume | M | 14 | 28:04 |
| 50. Kelly Schroeder | F | 29 | 28:05 |
| 51. Joshua Fletcher | M | 36 | 28:14 |
| 52. Irma Gonzalez | F | 53 | 28:21 |
| 53. Turkey | N/A | N/A | 28:21 |
| 54. Jenny Craig | F | 44 | 28:23 |
| 55. Katie Nolan | F | 40 | 28:25 |
| 56. Brenna Hauger | F | 28 | 28:45 |
| 57. Logan Capps | M | 14 | 28:46 |
| 58. Casey Turcato | M | 41 | 28:53 |
| 59. Ian Brown | M | 42 | 28:54 |
| 60. Logan Hess | M | 24 | 28:55 |
| 61. Dennis Schildhuer | M | 48 | 29:03 |
| 62. Dustin Ragon | M | 39 | 29:09 |
| 63. Robert Trentzo | M | 42 | 29:11 |
| 64. Scott Wilson | M | 54 | 29:19 |
| 65. Junior Loya | M | 14 | 29:23 |
| 66. Hooking | M | 13 | 29:35 |
| 67. N/A | N/A | N/A | 29:36 |
| 68. Vicky Penaflo | F | 54 | 29:36 |
| 69. Stella Vilas | F | 13 | 29:45 |
| 70. Randy Ringstmeyer | M | 44 | 29:51 |
| 71. Maoina Malatesta | F | 35 | 30:00 |
| 72. Erin Fagan | F | 43 | 30:10 |
| 73. Kaylee Hess | F | 20 | 30:14 |
| 74. David Foster | M | 33 | 30:15 |
| 75. Adam Deball | M | 46 | 30:31 |
| 76. Stone Coeur | F | 48 | 30:40 |
| 77. Desirae Vigil | F | 25 | 30:52 |
| 78. Marcus Young | M | 41 | 30:55 |
| 79. Tamara Thornell | F | 52 | 30:59 |

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|----------------------------|-----|-----|-------|
| 80. Laura Raines | F | N/A | 31:10 |
| 81. Macoy Churchill | M | 25 | 31:33 |
| 82. Tara Fugate | F | 23 | 31:58 |
| 83. Kaylena Rasmussen | F | 32 | 32:36 |
| 84. Sara Hall | F | 42 | 32:36 |
| 85. Katie Korabetsos | F | 39 | 32:42 |
| 86. Jason Hull | M | 40 | 32:43 |
| 87. Pam Katch | F | 58 | 32:45 |
| 88. Virginia Erdma | F | 50 | 33:12 |
| 89. Jacqui Vooge | N/A | N/A | 33:19 |
| 90. David Louapo | M | 52 | 33:31 |
| 91. Andrew Bigelow | M | 32 | 33:31 |
| 92. Courtney Bigelow | F | 30 | 33:41 |
| 93. Tennyson Smith | M | 18 | 33:49 |
| 94. Spring | M | 13 | 33:50 |
| 95. Jessica Hall | F | 38 | 34:29 |
| 96. Erica Hedlund | F | 31 | 34:30 |
| 97. Jared Walla | M | 33 | 34:72 |
| 98. Hachstetler | M | 15 | 34:45 |
| 99. Jayson Spring | N/A | N/A | 34:46 |
| 100. Zane Reed | M | 18 | 34:55 |
| 101. Irelynn Fagan-Bridges | F | 14 | 36:03 |
| 102. Lindsey Buchmeier | F | 31 | 35:08 |
| 103. Sarah Brown | F | 34 | 35:09 |
| 104. Daney Brauchie | F | 28 | 35:18 |
| 105. Dante Arias | M | 14 | 35:20 |
| 106. Alex Brandes | M | 10 | 35:21 |
| 107. Anna Mead | F | 47 | 35:22 |
| 108. Colton Parisa | M | 36 | 35:34 |
| 109. Jace Kappler | M | 19 | 35:35 |
| 110. Christian B. | N/A | 24 | 35:38 |
| 111. Makenzy Creel | F | 14 | 35:39 |
| 112. Anya Harget | F | 14 | 35:43 |
| 113. Kacey Brown | F | 30 | 35:43 |
| 114. Kyndra Herrera | F | 45 | 35:49 |
| 115. Paula Egan Wright | F | 64 | 36:09 |
| 116. Penene Price | F | 25 | 36:09 |
| 117. Mrs. Wyo | F | 35 | 35:35 |
| 118. Michelle Larsen | F | 41 | 36:35 |
| 119. Kate Poe | F | 40 | 36:45 |
| 120. Josh Fillbrandt | M | 40 | 36:48 |
| 121. Jacob Moss | M | 18 | 37:09 |
| 122. Rachel Settles | F | 43 | 37:14 |

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| 123. Vikki Alden | F | 45 | 37:16 |
| 124. Kaden Creel | N/A | 18 | 37:18 |
| 125. Keanu Little | M | 12 | 37:40 |
| 126. Eddie Arias | M | 31 | 38:26 |
| 127. Katelyn Castanda | F | 31 | 38:27 |
| 128. Nicole Sanford | F | 15 | 38:27 |
| 129. Tony Williams | M | 34 | 38:33 |
| 130. Antoinette Mullen | F | 31 | 38:38 |
| 131. Amanda Nuse | F | 33 | 38:41 |
| 132. Tina Johns | F | 13 | 38:49 |
| 133. Haley Hess | F | 16 | 38:50 |
| 134. Diana/Jordan Walla | N/A | N/A | 39:45 |
| 135. Ashley Walla | N/A | N/A | 39:56 |
| 136. Ashley Hodge | N/A | N/A | 40:22 |
| 137. Mara Miller | F | 10 | 40:33 |
| 138. Appelyn Miller | F | 41 | 40:34 |
| 139. Zach Mehaffey | M | 31 | 40:38 |
| 140. John Parsons | M | 43 | 40:39 |
| 141. Annalise Kelly | F | 13 | 40:40 |
| 142. Danielle Kramer | F | 33 | 41:25 |
| 143. Danielle Scholl | N/A | N/A | 41:39 |
| 144. Garth Scholl | N/A | N/A | 41:39 |
| 145. Creed Franck | M | 11 | 41:47 |
| 146. Tayva Hart | F | 21 | 41:48 |
| 147. Ella Reed | F | 13 | 42:14 |
| 148. Apollo Vigil | M | 12 | 42:22 |
| 149. Taylor Knott | F | 14 | 42:44 |
| 150. Jocelyn Knolt | They/Them | 27 | 42:47 |
| 151. Joe Vigil | M | 40 | 43:02 |
| 152. Anna Audesa | F | 49 | 43:03 |
| 153. Sarah O'Donnell | F | 46 | 43:08 |
| 154. Joy Segal | F | 52 | 44:14 |
| 155. Roxie Smith | F | 13 | 44:20 |
| 156. Ben Smith | M | 38 | 44:20 |
| 157. Jacob | M | 34 | 44:40 |
| 158. Joe Capps | M | 48 | 44:41 |
| 159. Lukka Pollnow | M | 7 | 44:44 |
| 160. Liz Pollnow | F | 39 | 44:48 |
| 161. David Garcia | M | 43 | 45:26 |
| 162. Kathryn Hoeppe | F | 48 | 45:27 |
| 163. N/A | N/A | N/A | 45:40 |
| 164. N/A | N/A | N/A | 45:43 |
| 165. Amy Leowitt | F | 45 | 46:20 |

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|----------------------|---|----|-------|
| 166. Breadon Leawitt | M | 55 | 46:21 |
| 167. Daniel Moss | M | 57 | 46:23 |
| 168. Annie Haiyala | F | 40 | 46:25 |
| 169. Karen Scotts | F | 66 | 46:26 |
| 170. Valerie Arias | F | 59 | 47:05 |
| 171. Norma VanMatra | F | 65 | 47:06 |
| 172. Kathy Barret | F | 62 | 48:07 |
| 173. Samuel Tavares | M | 13 | 48:59 |
| 174. Ryelel Bigelow | M | 14 | 49:26 |
| 175. Brandon Mckay | M | 14 | 49:44 |
| 176. Kailer Haivala | M | 14 | 49:44 |
| 177. Beadles Leslie | F | 49 | 49:47 |
| 178. Nico Johnson | M | 11 | 49:47 |
| 179. Leo McNamee | M | 12 | 49:50 |
| 180. Stacy Lane | F | 48 | 50:20 |
| 181. Mel Muldrow | M | 69 | 50:20 |
| 182. Caitlyn McCue | F | 32 | 50:23 |
| 183. Kady Gundlach | F | 32 | 50:27 |
| 184. Krystal Massey | F | 34 | 50:33 |
| 185. Rowen Baker | M | 11 | 50:34 |
| 186. Maddex Lake | M | 11 | 50:34 |
| 187. Sarah Parsons | F | 34 | 50:58 |
| 189. Jordan Beaty | F | 20 | 51:02 |
| 190. Patrick Brown | M | 9 | 51:02 |
| 191. Kellie Jamieson | F | 38 | 51:12 |
| 192. Ben Smith | M | 65 | 51:13 |
| 193. Josiha Sandoval | M | 10 | 51:34 |
| 194. Joseph Sanchez | M | 33 | 52:38 |
| 195. Morgan Martin | F | 34 | 52:46 |
| 196. Jeremy Ward | M | 46 | 52:53 |
| 197. Cassidy Ward | F | 10 | 52:53 |

Age Group Winners

| Male | | Female | |
|----------------------|-------|-----------------------|-------|
| 14+ | | 14+ | |
| 1. Carsten School | 24:01 | 1. Maggie Madson | 22:09 |
| 2. Nicholas Thornell | 25:16 | 2. Addie Racines | 23:56 |
| 3. Ben Brandes | 27:06 | 3. Iris Beadles | 25:12 |
| 15-19 | | 15-19 | |
| 1. Will Barrington | 16:43 | 1. Molly Madson | 22:07 |
| 2. Tennyson Smith | 33:49 | 2. Gracie Craig | 22:36 |
| 3. Heckstotler | 34:45 | 3. Reagan Deball | 27:08 |
| 20-29 | | 20-29 | |
| 1. Jorge Garcia | 16:23 | 1. Elizabeth Prescott | 23:43 |
| 2. Jordan Sauer | 22:30 | 2. Jamie | 24:18 |
| 3. Jerome Bircumshaw | 23:40 | 3. Tamlen Sewell | 25:01 |
| 30-39 | | 30-39 | |
| 1. Chad Peterson | 21:17 | 1. Kristi Racines | 22:08 |
| 2. Mike Morris | 22:05 | 2. Abby Sherman | 22:08 |
| 3. Chuck Gabriel | 26:33 | 3. Kori Bechtle | 23:30 |
| 40-49 | | 40-49 | |
| 1. Ben Larsen | 24:40 | 1. Ryan Walke | 24:05 |
| 2. Matt Zeimens | 25:13 | 2. Tania Trujillo | 26:17 |
| 3. Casey Turcato | 28:53 | 3. Julie Neville | 26:40 |
| 50-59 | | 50-59 | |
| 1. Dominic Valdez | 22:06 | 1. Raedene Messenger | 27:04 |
| 2. Mark Madsen | 24:44 | 2. Irma Ganaze | 28:17 |
| 3. Steven Sue | 27:00 | 3. Vicky Penaflo | 29:36 |
| 60+ | | 60+ | |
| 1. John Haukap | 26:55 | 1. Paula Eganwright | 36:09 |
| 2. Mel Muldow | 50:20 | 2. Karen Stotts | 46:26 |
| 3. Ben Smith | 51:13 | 3. Norma Vanmatee | 47:06 |