



Integrative Oncology: Conceptual Thinking for Improved Outcomes Conference & Retreat May 23 - 30, 2026 Tina Kaczor, ND, FABNO

Saturday May 23:

4 pm	Airport & Lucca Train Station pick-up
6:30 pm	Welcome Aperitivo: Introduction & Orientation
7 pm	Welcome Dinner

Sunday May 24:

8:30-9:45 am	Breakfast served buffet-style in dining room
10 am	Depart for Spa Day with lunch at the Spa (bring flip-flops)
6 pm	Meet bus to return to villa
7 pm	Aperitivo & Dinner served at villa

Monday May 25:

7:30-8:45 am	Breakfast served buffet-style in dining room
9:00-1 pm	Morning lectures: The Beginning, a very good place to start
1 pm	Lunch served at villa
3 pm	Lab: Mediterranean Cooking Class (M.Q.)
7 pm	Dinner of our creations

Tuesday May 26:

7:30-8:45 am	Breakfast served buffet-style in dining room
9:00-12:30 am	Morning lectures: The Temporospatial Challenges in IO
12:30 pm	Lunch served at villa
3 pm	Depart for guided walking tour of the city of Lucca
7 pm	Puccini Concert
8:30 pm	Tasting dinner at restaurant in historic center with local foods

Wednesday May 27:

6:30 am	Coffee and pick up to-go breakfast packs
7:15 am	Depart for Cinque Terre
9 am-4pm	La Passeggiata: Guided walking tour of Cinque Terre
1:30-2:30pm	Seaside restaurant lunch
2:30 pm	Swim or explore in Vernazza
4:00 pm	Return train to meet shuttle bus
7:30 pm	Dinner served at Villa

Thursday May 28:

7:30-8:45 am	Breakfast served buffet-style in dining room
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9:00-12 pm	Morning lectures: A Universal Solution to the Temporospacial Challenges in IO
12 pm – 1 pm	Extra Virgin Olive Oil tasting
1 pm	Lunch served at villa
	Restful afternoon at Villa & pool with optional massage
7 pm	Aperitivo & Dinner served at Villa

Friday May 29:

7:30-8:45 am	Breakfast served buffet-style in dining room
9:00-12:45 am	Morning lectures: We are But Bit Players
1 pm	Lunch served at villa
3 pm	Walk to biodynamic winery for wine tasting & talk: History & Culture of Wine in Italy & “Technique for Tasting Wine” tutorial with sommelier
6 pm	Aperitivo at Villa
7 pm	Wood-fired Pizza Party and <i>Buon Viaggio</i>

Saturday May 30:

7:00-8:00 am	Healthy breakfast served buffet-style in dining room
7 am	Transportation to airport and Lucca train station