



Administration Center
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Marc Schaffer, Ed.D., Superintendent

D128 Physical Education Exemption Policy

Students in grades 10 through 12 who participate in an IHSA school-sponsored sport may apply for an exemption from their Physical Education (PE) course during their sport season. Students requesting PE exemptions must follow these procedures:

Eligibility and Application

1. **Eligibility:** Students must maintain a "C" grade or better in their current PE class to be considered for an exemption.
2. **Application Deadline:** The PE Exemption application (typically a designated Google Form) must be submitted by the end of the **10th school day** following the official IHSA start date for the specific season. The decision to participate in an exemption is final once made.
3. **Reapplication Requirement:** A new application must be completed and approved for **each** subsequent IHSA athletic season.
4. **PE Attendance Prior to Exemption Approval:** Students are required to attend their PE class daily until they receive official notification that their exemption has begun and their status is updated in PowerSchool.

During the Exemption Period

- **Attendance:** Exempt students must report daily to a designated resource area for attendance tracking. Failure to check in may result in the loss of the PE exemption and disciplinary action.
- **Grading:**
 - A standard letter grade (A-F) will only be issued if the student attended and actively participated in the PE class for **six weeks or more** of the semester.
 - If participation in class for the semester was less than six weeks, the semester grade will be recorded as Pass (P) or Fail (F).
- **Status Update:** After the Google Form is completed and the teacher is notified, the attendance status in PowerSchool will be updated to "Athletic Physical Education (APE)." Attendance in the resource area will be recorded daily, and failure to check in will result in unexcused absences, consequences from the Team Leader, and potential loss of future exemption eligibility.

Return to Class Protocol

1. **Mid-Season Withdrawal/Removal:** If a student leaves or is removed from the athletic team at any point prior to the end of the season, they must return to their PE class and be prepared to participate **2 school days** after leaving the team. Failure to return may lead to the loss of future exemption rights and academic consequences.

2. **End of Season Return (Fall and Winter Athletes):** To simplify administration, students exempt for Fall and Winter sports must return by the first applicable **return-to-class date** after their season concludes:
 - **Fall Sports Return Dates:** October 9, October 30
 - **Winter Sports Return Dates:** February 12, March 5
 - **Spring Athlete Exception:** Due to the proximity of the end of the school year and final exams, students exempt for Spring sports are **not required to return** to class after their season ends.
3. **Multisport Athletes:** Students participating in multiple sports must return to their PE class and actively participate **between seasons**. If their sports seasons overlap, they must check in with their teacher after their first season ends and complete the Athletic Exemption Google Form for the next season, before an additional exemption can be approved.

	Fall Season	Winter Season	Spring Season
<u>First Group Return Date</u> (For athletes whose sports end earlier in the season)	Return date is set for Friday of IHSA Week 14 26-27 Date: Oct. 9	Return date is set for Friday of IHSA Week 32 26-27 Date: Feb. 12	Exempted Spring athletes do not return to class.
<u>Second Group Return Date</u> (For athletes whose sports end later in the season)	Return date is set for Friday of IHSA Week 17 26-27 Date: Oct. 30	Return date is set for Friday of IHSA Week 35 26-27 Date: March 5	

If you have questions, please contact your school's Physical Welfare Department Chair.

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