

Ideas for Week 1: Connect with your family

- Ask five family members to tell you a story about a spiritually defining moment in their lives; share the stories with your family. If you don't have a family member who is a member of the church, interview one of your youth leaders.
- Prepare a family time capsule
- Organize a family game night or activity
- Cook a favorite meal or dessert for your family
- Write letters to family members
- Look up cities of birth/residence of ancestors and look up locations on google earth
- Interview a family member about what it was like when they were your age.
 - What kind of music did they listen to?
 - How did they decide on their career?
 - Did they have a job while in school? If so, what was it and why did they choose that job?
 - What was their favorite subject in school?
 - How old were they when they first moved out of the home and where did they go?
- Video record a family history with your smartphone; share it with your family or upload to FamilySearch; see this [article](#) for 150 potential questions you can ask!
- Talk to a grandparent or aunt or uncle; find out what your parents were really like as teenagers
- Ask a family member about their missionary service or about their favorite church callings. What made their church service memorable?
- Call up a younger cousin and learn more about them

Suggested reflection question at the end of week 1:

****How has my family prepared me to be a disciple of Jesus Christ, whether or not they are members of the church?**