



Candidate Position for Election: *

President – Elect

Full Name and Credentials: *

Anthony Dissen, EdD, MPH, MA, RDN, CPH

Education History including route to RDN credential (list name and date): *

I completed my BS in Nutritional Sciences (Dietetics Concentration) in May 2008 (Cum Laude) from the School of Environmental and Biological Sciences at Rutgers University - New Brunswick. I completed my 1,200 hour Post-Baccalaureate supervised clinical practice in dietetics with the School of Health Related Professions at the University of Medicine and Dentistry of New Jersey in the summer of 2009. I successfully passed the RD exam in August of 2009.

List Academic Institution and Date of Degree(s): *

Doctor of Education, School of Education, Stockton University, Galloway, NJ. Graduated 2022. (EdD)

Master of Public Health, Public Health Nutrition, School of Public Health & Health Sciences University of Massachusetts-Amherst, Amherst, MA. Graduated 2018. (MPH)

Master of Arts, Integrative Health, School of Arts & Sciences Georgian Court University, Lakewood, NJ. Graduated 2014 (MA)

Post-Baccalaureate Certificate, Dietetic Internship, School of Health Related Professions – University of Medicine and Dentistry of New Jersey, Scotch Plains, NJ. Graduated 2009

Bachelor of Science (Cum Laude), Nutritional Sciences, School of Environmental and Biological Sciences – Rutgers, The State University of New Jersey, New Brunswick, NJ. Graduated 2008 (BS)

Professional Experience (list most recent positions, maximum 4): *

Tenured Assistant Professor of Health Science. Stockton University – School of Health

Sciences. Galloway, NJ (2016-Present) Vice President of Nutrition, WellStart Health, Santa

Monica, CA (2018-2021)

Integrative Dietitian & Community Health Educator, CentraState Medical Center: Health Awareness Center & Employee Wellness, Freehold, NJ (2013-2019)

Outpatient & Community Education Dietitian, University Medical Center of Princeton at Plainsboro, Plainsboro, NJ. (2009-2011)

Professional/Volunteer Activities (e.g., ACEND, DPGs, NJAND, other professional groups): *

2023-2024 Compassus Hospice, Toms River, NJ

2021-Present National Board of Public Health Examiners

2021-Present Move Over Breast Cancer, Princeton, NJ

2019-2022 Physicians Committee for Responsible

Medicine, Advisory Council Member, Universal

Meals Program

2017-2020 David's Dream & Believe Cancer

Foundation, Manahawkin, NJ 2017-Present

Gilda's Club of South Jersey, Linwood, NJ

2015-2019 Vegetarian Nutrition Dietetics

Practice Group (Student Member Coordinator,

Chair Elect, Chair, and Outgoing Chair

2010-2020 Breast Cancer Resource Center of New Jersey, Princeton, NJ

Honors and Publications: *

PEER-REVIEWED PUBLICATIONS

Dissen, A., & Tomé, D. (2024). Finances and future health: understanding barriers to first-generation student utilization of federal work-study. *Metropolitan Universities Journal*. 35(2). <https://doi.org/10.18060/27706>

Karniej, P., Dissen, A., Juarez-Vela, R., Santolalla Arnedo, I., Sufrate-Sorzano, T., Garrote Cámara, E. G., & Czapla, M. (2024). Psychometric properties and cultural adaptation of the Polish version of the gay affirmative practice scale (GAP-PL). *Frontiers in Public Health*. <https://doi.org/10.3389/fpubh.2024.1384429>

Karniej, P., Dissen, A., Juarez-Vela, R., Gea-Caballero, V., Echániz-Serrano, E., & Czapla, M. (2024). Psychometric properties and cultural adaptation of the Polish version of the lesbian, gay, bisexual, and transgender development of clinical skills scale (LGBT-DOCSS-PL). *Journal of Homosexuality*. <https://doi.org/10.1080/00918369.2024.2302970>

Mannel, R.L., Calabrese, J., Pappan, M., & Dissen, A. (2024). The perceived benefits of

international travel for occupational therapy practitioners who have traveled internationally. The Internet Journal of Allied Health Sciences and Practice. 22(2), Article 14.

Dissen, A. (2023). A critical issue: assessing the critical thinking skills and dispositions of undergraduate health science students. Discover Education, 2(21). <https://doi.org/10.1007/s44217-023-00044-z>

Dissen, A. (2023). Equitable healthcare for LGBTQ+ individuals. Cutting Edge Nutrition and Diabetes Care – Diabetes Dietetics Practice Group, 1(1), 31-34.

Karniej, P., Pérez, J., Juárez-Vela, R., Santolalla-Arnedo, I., Gea-Caballero, V., del Pozo Herce, P, Dissen, A., & Czapla, M. (2023). Orthorexia nervosa in gay men – the result of a Spanish-Polish eating disorders study. BMC Public Health, 23(58). <https://doi.org/10.1186/s12889-022-14943-7>

Crowell, T., Dissen, A., & Galantino, M. L. (2022). A minor with a major impact: a holistic health interdisciplinary program – assessment & alumni data. Alternative & Integrative Medicine, 11(9), 409-415.

Crowell, T., Dissen, A. & Calamidas, E. (2022). Virtual & remote internships during COVID-19: Guidelines & Assessment. Journal of Health Education Teaching, 13(1), 1-14.
Crowell, T., Dissen, A., Calamidas, E., Finnerty, E. & Englemann, L. (2021). Virtual grocery store: fostering healthy nutrition among seniors. Journal of Nutrition in Gerontology and Geriatrics. <https://doi.org/10.1080/21551197.2021.1990818>

Dissen, A., Middleton, CJ, & Qadiri, Q. (2021). I read it online: Understanding how undergraduate students assess the credibility of online sources of health information. American Journal of Lifestyle Medicine. <https://doi.org/10.1177/1559827621990574>

Dissen, A., & Crowell, T. (2020). We are what we eat: Assessing the use of a documentary film as an educational tool to change students' nutritional attitudes and behaviors. American Journal of Lifestyle Medicine. <https://doi.org/10.1177/1559827620903701>

Dissen, A, Policastro, P, Quick, V., & Byrd-Bredbenner, C. (2011). Interrelationships among nutrition knowledge, attitudes, behaviors, and body satisfaction. Health Education, 111(4), 283-295. <http://dx.doi.org/10.1108/09654281111144256>

Mackesy, C., Bennett, L., Dissen, A., Kim, M., & Kardan, N. (2008). Male and female college students' perspective on nutrition fact labels. JADA, 108(9), A100

Miller, C., Bethmann, K., Dissen, A., & Kardan, N. (2007). College wellness program effective in increasing students' physical activity, wellness awareness, and

nutrition knowledge. JADA, 107(8), A96 PROFESSIONAL PUBLICATIONS

Dissen, A., Riccardo, C., & Lair, L. New Jersey Academy of Nutrition and Dietetics - Summer 2024 Newsletter. Nutrition-Related Gender Affirming Care and LGBTQIA+ Competency

Dissen, A. American Vegan – Winter 2022 Issue. Vitamin B-12 and Vegan Diets

Dissen, A. American Vegan – Summer 2021 Issue. Osteoporosis: Understanding

Vegan Diets, Osteoporosis Risk, and Bone Health

Dissen, A. American Vegan – Fall 2020 Issue. Protein & Plant-Based Diets.

Dissen, A. VN Students – Success as a Vegan RDN. Vegetarian Nutrition Update. Volume XXIV, Number 4.

Dissen, A., & Saliski, T. Healthy eating & weight management intervention: A case study with CentraState healthcare

system. Wellness Council of America.

HONORS & AWARDS

2023 Alpha Eta Honor Society

2022 New Jersey Academy of Nutrition & Dietetics Member

Spotlight – July 2022 2016 CBIZ Employee Services

Organization Great Beginnings Self-Leadership Award 2016

American Heart Association Fit-Friendly Worksite

Innovation Award 2014 NJ Dietetic Association Recognized

Young Dietitian of the Year Award 2014 Laurie Nichols

Memorial Award for Student of Excellent Character 2008

George H. Cook Honors Scholar

2006-2008 Kappa Omicron Nu Honors Society

Memberships and Organizations: *

2020-Present Health Humanities Consortium

2020-Present American Public Health Association

2018-Present New Jersey Public Health Association

2018-2022 New Jersey Society for

Public Health Education 2016-2021

American College of Lifestyle Medicine

2008-2011, 2013-2021 Vegetarian

Nutrition Dietetics Practice Group

2005-2011, 2013-Present New Jersey

Academy of Nutrition and Dietetics

2005-2011, 2013-Present Academy of

Nutrition and Dietetics

Statement (please write why you would like to be considered for this position and the qualities that make you a good fit): *

I have been actively involved in leadership since I was an undergraduate student at Rutgers University – New Brunswick nearly 20 years ago. From participating in student leadership development programs during my winter breaks to taking on leadership positions within clubs, organizations, and employment positions that I held as an undergraduate student, I recognized firsthand the importance of a leadership mindset and a leadership drive in order to not only prepare myself to be a quality nutrition professional, but also to ensure that our profession continued to grow and evolve in order to meet the ever changing needs of the communities and

populations that we serve. I had my first opportunity to serve my profession in a major way in 2015 when I became the student member coordinator for the Vegetarian Nutrition Dietetics Practice Group (VN DPG). After two years in this position, I wished to serve the DPG in a stronger way, and ran for and was elected to be the Chair Elect in 2017. During this time I completed the "Developing Your Role as a Leader" certificate of training offered by the Academy of Nutrition in Dietetics in 2018, and further strengthened my skills in this area. During this time I was working at CentraState Medical Center, where community education programs that I had developed and was leading were awarded the American Heart Association Fit-Friendly Worksite Innovation Award, as well as the CBIZ Employee Services Organization Great Beginnings Self-Leadership Award. As I made the transition in my career to public health research and higher education, I was the lead faculty member who developed the new Master of Public Health Program at Stockton University – a 3 year process that involved multi levels of development, review, refinement, and advocacy. During my doctoral degree program, which itself had a focus in leadership, I focused my dissertation on the importance of assessment and review of the critical thinking skills and dispositions of students who plan to enter the healthcare field in an effort to make the evidence-based claim for curricular changes needed to better prepare future healthcare professionals for the very real challenges and complexities of the field. Throughout my career I have maintained active involvement with a variety of non-profits and community organizations to bring education and best-practices to those within the community who are most often at risk for nutrition and lifestyle-related diseases. It is for these reasons and so many others that I would like the opportunity to serve my profession within my state. To be able to continue to find ways to support the ongoing growth, development, and evolution of our profession here in New Jersey would be an honor, and to be part of the effort to continue to improve both public and professional awareness of the role, value, and mission of dietetics professionals would be a gift. I believe that my personal, education, and professional experiences, knowledge, and skills would serve the NJAND well, and allow us to meet the new challenges that we face, and to come up with innovative solutions to those challenges that lay before us.