

Articles on How to Find Affordable Therapy

Mental Health America - Finding Therapy

<https://www.mhanational.org/finding-therapy>

Mental Health America - “I Can’t Afford Therapy” Article

<https://screening.mhanational.org/content/i-cant-afford-therapy>

Buzzfeed - "Here's What To Do If You Can't Afford Therapy" Article

<https://www.buzzfeed.com/annaborges/affordable-therapy>