## WEEK 2 - 28 Days To A Client

## THE MASTER WAR MODE DAY PLAN + REPORT

<b>V</b> / <b>X</b>	U+I Of Task	Task List For The Day - Fill In ALL 20!
1. 1/×	Q1 ·	Morning Ritual -Walk -Cold shower -Breakfast -Affirmations -Wim Hof
2. 🔽/💢	Q1 ·	Make the outreach and FV for the pending prospect.  -Make it personal -Interesting -Intriguing -Make winning FV
3. 🔽/💢	Q1 ·	Book Study: The Adweek Copywriting Handbook -Take notes of valuable information and new thingsMake a summary of what I've learned -Write some ideas on how can I apply this knowledge to my daily life.
<b>4. 1</b>	Q1 ·	Pick a prospect and do research -What is their objective -What do they need -Why do they need it -Pains and desires -How can I help
5. <b>V</b> / <b>X</b>	Q1 ·	4-5 Hour Travel
<b>6. 7</b> / <b>×</b>	Q2 ·	Send the outreach
<b>7.</b> 🗸 / 🗙	Q2 ·	Exercise
8. 🔽/💢	Q2 ·	Pick a prospect and do research -What is their objective -What do they need -Why do they need it -Pains and desires -How can I help

<b>V</b> / <b>X</b>	U+I Of Task	Task List For The Day - Fill In ALL 20!
9. 🔽/💢	Q2 ·	Make the outreach and FV -Make it personal -Interesting -Intriguing -Make winning FV
<b>10.</b> 🔽/🗙	<b>Q2</b> ·	Send the outreach
11. <b>V</b> /X	Q3 ·	Book Study: The Adweek Copywriting Handbook -Take notes of valuable information and new thingsMake a summary of what I've learned -Write some ideas on how can I apply this knowledge to my daily life.
<b>12. 1/</b> ×	Q2 ·	Go exploring the new destination with my family
13. <b>V</b> / <b>X</b>	Q3 ·	Review fellow students' copy on the Campus -Give valuable feedback -Give useful advice if needed -Be polite and professional but honest -When in doubt don't comment
<b>14. V</b> / <b>X</b>	Q3 ·	Break down a piece of copy from my swipe file -Identify the objective of that copy -Write it down by hand -Translate what's the purpose of each line/word -Take notes of valuable information and new thingsMake a summary
<b>15. 7</b> / <b>×</b>	Q3 ·	Review the work I've done that day
<b>16.</b> 🔽/🗙	Q4 ·	Identify new ideas to test in my outreach the next day
<b>17.</b> 🔽/🗙	Q4 ·	Drink lots of water
18. <b>/</b> /×	Q4 ·	Post Day #10 Plan + Report
<b>19.</b> 🔽/🗙	Q4 ·	Sundown Rule
<b>20.</b> 🔽/🗙	Q4 ·	Affirmation + Meditation

	DAY NUMBER + DATE + TIME
Day Number:	9
Date:	21/03/2023
Start Time:	5 am

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	The opportunity to make money and gain immense knowledge and value
2.	I'm grateful for all the challenges and problems in my life, for I will use them to grow and learn
3.	I'm grateful for the good people that support me and love me.

1.	Find 5 new prospects
2.	Send 2 outreaches and FV's
3.	Break down a piece of copy from my swipe file



\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
<b>≜</b> Intention:	(a) Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?



What Do I Plan To Accomplish This Morning?

Enter a war state of mind. Take advantage of the fact that I feel fresh and be extra efficient with the priority tasks

⊚What Is The Main Goal For This Morning?⊚

To complete as many tasks as I can even on my family trip.

🔑 How Will I Start My Morning With Power? 🔑

Implementing my new morning Ritual.

(Delete Any Boxes Below
That Are Before The Time
That You Start Your Day +
After The End OF Your
Day In Your Own Copy)

5 am: Task \$	Morning Ritual
Intention 🔔	-Walk -Cold shower -Breakfast -Affirmations -Wim Hof
Reflection /	
6 am: Task \$	Morning Ritual
Intention 🔔	-Walk -Cold shower -Breakfast -Affirmations -Wim Hof
Reflection /	
7 am: Task \$	Travel
Intention 🔔	
Reflection /	

8 am: Task	\$	Travel	
Intention 🧘	1		
Reflection			
_			
9 am: Task	\$	Travel	
Intention 🧘	1		
Reflection			
_			
10 am: Task	<b>\$</b>	Travel	
Intention 💄	1		
Reflection			
_			
11 am: Task	\$	Travel	
Intention 🧘	1		
Reflection			
_			
_			
12 am: Task	\$	Travel	

flection /   ©END-OF-THE-MORNING REPORT ©  What Did I Learn This Morning?
©END-OF-THE-MORNING REPORT©
What Did I Learn This Morning?
XWhat Problem's Did I Face This Morning?X
PHow Will I Solve These Problems For This Afternoon?
MY AFTERNOON WAR PLAN
⊗What Do I Plan To Accomplish This Afternoon?
⊚What Is The Main Goal For This Afternoon?⊚

	PHow Will I Start My Afternoon With Power?	
1 pm: Task \$	Lunch	
Intention 🔔		
Reflection /		
2 pm: Task \$	Explore destination	
Intention 🔔		
Reflection /		
3 pm: Task \$	Explore destination/ Activities	
Intention 🔔		
Reflection /		
4 pm: Task \$		

Intention 🔔	
Reflection /	
5 pm: Task \$	Explore destination/ Activities
Intention 🔔	
Reflection /	
6 pm: Task \$	Explore destination/ Activities
Intention 🔔	
Reflection /	
7 pm: Task \$	Make the outreach and FV for the pending prospect.
Intention 🔔	-Make it personal
	-Interesting -Intriguing
	-Make winning FV
Reflection /	

8 pm: Task \$	Make the outreach and FV for the pending prospect.
Intention 🔔	-Make it personal
	-Interesting
	-Intriguing
	-Make winning FV
Reflection /	
9 pm: Task \$	Pick a prospect and do research
Intention 🔔	-What is their objective
	-What do they need
	-Why do they need it
	-Pains and desires
	-How can I help
Reflection /	
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10 pm: Task \$	Review fellow students' copy on the Campus
Intention 🔔	-Give valuable feedback
	-Give useful advice if needed
	-Be polite and professional but honest
	-When in doubt don't comment
Reflection /	
11 pm: Task \$	Review the work I've done that day
Intention 🔔	-Identify new ideas to test in my outreach the next day

	-Sundown Rule -Post Day #10 Plan + Report
Reflection	
_	
10 Manda	
12 pm: Task	
Intention 🔔	
Reflection	
	End-Of-The-Day Report:
	⊗What Did I Learn Today?
_	
	XWhat Problems Did I Face In The Day?X
	→ How Will I Solve These Problems Tomorrow? →
_	
	What Do I Plan To Do Differently Tomorrow? NEW

😘 What Do I Plan To Do The Same Tomorrow? 😘
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
<b>∛What Tasks Were Left Undone?</b>

Brain Dump: