

Grade	Name of Lesson	Overview	Est. Time	Taught By
7	<a href="#">My Media Use: A Personal Challenge</a> <a href="#">Lesson Slides</a> <a href="#">Student Handout</a> : My Media Choices Inventory <a href="#">Teacher Version</a> <a href="#">Student Handout</a> : My Media-Balance Strategy <a href="#">Teacher Version</a> <a href="#">Quiz</a>	<p><i>What is your strategy for finding media balance?</i></p> <p>Most of us use a lot of digital media in our daily lives -- even when we don't realize it! Having a balance between online and offline time is important, but healthy media balance might look different for everyone. Help students create a personalized plan for healthy media use.</p>	55 min	Science
7	<a href="#">Big, Big Data</a> <a href="#">Lesson Slides</a> <a href="#">Student Handout</a> - Threadmeister <a href="#">Quiz</a>	<p><i>What is a digital footprint, and what does yours convey?</i></p> <p>What others find about us online shapes who they think we are and how they feel about us. But do kids know what kinds of tracks they've already left? Help your students learn about their digital footprints and the steps they can take in the future to shape what others find and see about them online.</p>	50 min	Math
7	<a href="#">The Power Of Digital Footprints</a> <a href="#">Lesson Slides</a> <a href="#">Student Handout</a> - Choose A Host <a href="#">Teacher Version</a> <a href="#">Student Handout</a> - My Digital Footprint <a href="#">Quiz</a>	<p><i>What is a digital footprint, and what does yours convey?</i></p> <p>What others find about us online shapes who they think we are and how they feel about us. But do kids know what kinds of tracks they've already left? Help your students learn about their digital footprints and the steps they can take in the future to shape what others find and see about them online.</p>	50 min	Character Ed
7	<a href="#">My Social Media Life</a> <a href="#">Lesson Slides</a> <a href="#">Student Handout</a> - Social Media: Good? Bad? Both? <a href="#">Student Handout</a> - Noticing Red Flag Feelings <a href="#">Teacher Version</a> <a href="#">Quiz</a>	<p><i>How does social media affect our relationships?</i></p> <p>For most middle-schoolers, being on social media can mean connecting with friends, sharing pictures, and keeping up to date. But it can also mean big-time distractions, social pressures, and more. Help students navigate the different feelings they may already be experiencing on social media.</p>	45 min	ELA
7	<a href="#">Upstanders and Allies: Taking Action Against Cyberbullying</a> <a href="#">Lesson Slides</a> <a href="#">Student Handout</a> - Kevin and Jose <a href="#">Teacher Version</a> <a href="#">Student Handout</a> - Mia <a href="#">Quiz</a>	<p><i>How can you respond when cyberbullying occurs?</i></p> <p>When cyberbullying happens, everyone involved brings their own perspective to the situation. Help students learn about the importance of empathy, how to consider others' feelings, and how to be an upstander when cyberbullying occurs.</p>	45 min	History

7	<a href="#">The Four Factors of Fair Use</a> <a href="#">Lesson Slides</a> <a href="#">Student Handout</a> - Fair and Square <a href="#">Teacher Version</a> <a href="#">Quiz</a>	<i>What rights to fair use do you have as a creator?</i> Kids can be voracious consumers -- and creators -- of media, and it's easier than ever for them to find and share digital content online. But do middle-schoolers know about concepts like fair use, copyright, and public domain? Give students a framework they can use to better understand how fair use works in the real world.	50 min	Character Ed
---	---	--	--------	--------------