

# UMatter

## **Open to the entire Roeper community**

Monday - April 26

Mental Health Panel with Beth Zick and Shannon Martin

7PM

<https://us02web.zoom.us/j/88555304254?pwd=dIMyZ0tkc054VVJzZmR4OWplaUVVZz09>

Meeting ID: 885 5530 4254

Passcode: tS51Um

Tuesday - April 27

Yoga in Adams Park with Amy Cova

Please bring something to do Yoga on

3:45 PM

Wednesday - April 28

TED Talk followed by facilitated discussions

For middle schoolers, high schoolers, and faculty

During the advisory block

<https://us02web.zoom.us/j/87240674803?pwd=OUVIUmlIbUFRTHd6M0g4VTJGUXA1QT09>

Meeting ID: 872 4067 4803

Passcode: 171249

## **Open to the entire Roeper community**

Thursday - April 29

Forum about Roeper and Mental Health

4:30 PM

<https://us02web.zoom.us/j/87374255519?pwd=MGZWZmM4dThPYjR6dC96dDFvQ3plUT09>

Meeting ID: 873 7425 5519

Passcode: V9jfcF

Friday - April 30

Gratitude letter writing

Pick up pens, stationary, and postage to write a letter expressing gratitude  
During the school day