



Dear Parents,

Year 7 Aquatics

As part of the Physical Education / Health / Personal Development program, students from Year 7 will be involved in the lifesaving program in Week 9 of Term 4. It is important that all students attend (non-swimmers included) as the college will be able to record students' ability for future excursions that involve swimming.

The program will run on the following afternoons at the Armidale Aquatic Centre from;
12noon to 3:20pm Monday 7th December to Friday 11th December.

All standards of swimming are catered for, ranging from learn to swim to the Bronze Star Award. All staff members accompanying the students are trained RLSSA instructors and have CPR qualifications.
Cost of the program is \$3.50 entry each day to the pool. Other costs have been included in the Sports Levy paid earlier this year. If your child gains a bronze star award, an additional fee (of \$5) will be required to cover the award.

Students will go to school each morning for a normal period 1 and 2 and Break A and walk to the pool at 11.40 am to complete their lifesaving skills sessions until 3:20 pm. Students will be dismissed from the pool. Could you please fill in the swimming ability of your child and any medical conditions the school needs to be aware of? If you have any enquiries or problems with the arrangements for this valuable program do not hesitate to contact me at school.

Yours Faithfully,

Camilla Clydsdale
PDHPE Leader of Learning

Daniel Fittler
Lifesaving Program Coordinator
Science Leader of Learning

I give permission for my son / daughter _____
(student's full name)

to participate in the Year 7 Lifesaving Program. Please return this note to the front office.
Please circle their pastoral class.

7.1 JAH/CAD 7.2 MIW/ANK 7.3 STK/KAO 7.4 BRH/FLO 7.5 JAR/PET

Please circle the distance that your child can swim.

< 50m	150m	400m +
50m	200m	
100m	300m	

Medical:

Arrangements for getting home.

- I catch a bus - Yes / No My bus arrives - Early / Late Bus Name: _____
- I have permission to walk home (or to my parent's workplace or other predetermined location) - Yes / No
- My parents or carer (or other prearranged adult) will drive me home from the pool - Yes / No

Signature _____ Date _____