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Content Area:	Related Arts	Week:	4
Title:	“Engage and Learn with Related Arts Activities”		
Instructions:	Activity instructions are included in the packet.		
Digital Access:	Links to packet pages referenced below can be found at www.cmcss.net		
Additional Digital Resources:	Explanation of Tabata workout https://www.shapeamerica.org/events/pesportweek/upload/Tabata.pdf Interview with Patrick Stewart https://bit.ly/2wm9FLs Beatlemania Lesson https://teachrock.org		