

Hope 4 Healing Cross Shawl

Materials

3 skeins Lion Brand Homespun yarn – Color A

1 skein Lion Brand Homespun yarn – Color B using a Thick and Quick will make the cross stand out more

Cross Pattern is achieved by holding two strands of yarn together

Size 13 needles

Finished size approx 25" x 54"

Cast on – 60 stitches

Work garter stitch – knit every row

Continue for 76 rows (38 ridges)

Cross Pattern

Row 1: K17 color A, K8 with A&B, K35 color A

Row 2: K35 color A, K8 with A&B, K17 color A

Repeat Rows 1 & 2 – 8 times (total 18 rows, 9 ridges)

Row 19: K17 color A, K36 with A&B, K7 color A

Row 20: K7 color A, K46 with A&B, K7 color A

Row 21: K7 color A, K46 with A&B, K7 color A

Repeat Rows 20 & 21 – 5 times (total 12 rows)

Row 32: K7 color A, K46 with A&B, K7 color A

Row 33: K7 color A, K18 with A&B, K35 color A

Row 34: K35 color A, K8 with A&B, K17 color A

Row 35: K17 color A, K8 with A&B, K35 color A

Repeat Rows 34 & 35 – 7 times (total 16 rows)

Row 50: K35 color A, K8 with A&B, K17 color A

Cross is now complete, cut color B and weave in

Continue garter stitch with color A for 76 rows (38 ridges)

Bind off using a loose bind off

Add Fringe if desired

Used by permission of Jennifer Ackerman. This shawl pattern is intended to bless others, please do not sell the pattern or shawls made from this pattern. God Bless.

Hope 4 Healing Prayer Mantle Ministry – Prayer & Scriptures for knitters

Prayer to speak over the project and write in the card

I knit this mantle for you, (name) a beautiful person fashioned by the Creator, in His image with His love and His grace.

I knit this mantle for you in the name of the Father, to cover you with His protection, His warmth and His peace.

I knit this mantle for you in the name of the Son, Jesus Christ, to cover you with His salvation, His healing and His love.

I knit this mantle for you in the name of the Holy Spirit, to cover you with His comfort and His power and His strength.

May you seek the Father, the Son and the Holy Spirit to guide, comfort and protect you.

Suggested scriptures to pray over project

Matthew 9:20-21 (TPT) (good one to write in cards for shawls)

Suddenly, a woman came from behind Jesus and touched the tassel of His prayer shawl for healing. She had been suffering from continual bleeding for twelve years, but had faith that Jesus could heal her. For she kept saying to herself, "If I could only touch His prayer shawl I would be healed."

Malachi 4:2 (CEV) (good one to write in all cards)

But for you that honor my name, victory will shine like the sun with healing in it's rays, and you will jump around like calves at play.

Numbers 15:38-40 New English Translation (NET Bible) (this is attached to shawls with blue tassels)

³⁸ “Speak to the Israelites and tell them to make tassels for themselves on the corners of their garments throughout their generations, and put a blue thread on the tassel of the corners. ³⁹ You must have this tassel so that you may look at it and remember all the commandments of the Lord and obey them and so that you do not follow after your own heart and your own eyes that lead you to unfaithfulness. ⁴⁰ Thus you will remember and obey all my commandments and be holy to your God.

Acts 19:11-12 (NKJV) (good one to write in cards for hats)

Now God worked unusual miracles by the hands of Paul, so that even handkerchiefs or aprons were brought from his body to the sick, and the diseases left them and the evil spirits went out of them.

Isaiah 61:1-3 (NKJV)

“The Spirit of the Lord God *is* upon Me, Because the Lord has anointed Me

To preach good tidings to the poor; He has sent Me to ^[a]heal the brokenhearted,

To proclaim liberty to the captives, And the opening of the prison to *those who are* bound;

² To proclaim the acceptable year of the Lord, And the day of vengeance of our God;

To comfort all who mourn, ³ To ^[b]console those who mourn in Zion,

To give them beauty for ashes, The oil of joy for mourning,

The garment of praise for the spirit of heaviness; That they may be called trees of righteousness,

The planting of the Lord, that He may be glorified.”

When praying and writing in cards allow Holy Spirit to lead, if you feel Him leading you to other scriptures and words, always follow Holy Spirit!