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NURSE GRADE-II,AYURVEDA

EXAM DATE:10-03-2017

**1.Which is the oldest fold mountain ranges in India?**

A.Himalayas

B.Vindhya

C.Satpura

D.Aravally

Ans:D

**2.The most populated state of India**

A.Uttar Pradesh

B.Bihar

C.Madhya Pradesh

D.Orissa

Ans:A

**3.Who is the first Vice Chairman of Planning Commission?**

A.Jawaharlal Nehru

B.Gulzrarilal Nanda

C.C.D.Deshmukh

D.J.B.Kripalani

Ans:B

**4.The leader of Swadesi Movement who is known as**

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## **'Kappalottiya Tamilar' in Tamil Nadu**

- A.Subramanya Bharati
- B.E.V.Ramaswami Naiker
- C.N.Annadurai
- D.V.O.Chidambaran Pillai

Ans:D

## **5.The young Bengal Movement was founded by**

- A.Henry Vivian Derozio
- B.Iswar Chandra Vidya Sagar
- C.Mahatma Phule
- D.Devendranadha Tagore

Ans:A

## **6.Bhagat singh,Rajguru and Sukhdev were hanged to death by British Government on**

- A.March 21,1932
- B.March 26,1931
- C.April 20,1931
- D.March 23,1931

Ans:D

## **7.The Vernacular Press Act which curbed the freedom of press was enacted by**

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- A.Lord Curzon
- B.Lord Ripon
- C.Lord Lytton
- D.Lord Mayo

Ans:C

**8.The name of the river in the Kerala which was called 'Baris'in ancient times**

- A.Pamba
- B.Periyar
- C.Bhatapuzha
- D.Kabani

Ans:A

**9.Who started the first coir factory in Alapuzha in 1859?**

- A.Col Munore
- B.Lord Conolly
- C.James Dara
- D.Raja Kesavadas

Ans:C

**10.Captain William keeling,the representative of English East India Company came to kerala in**

- A.1602 CE

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B.1608 CE

C.1615 CE

D.1610 CE

Ans:C

**11.The Social Reformer of Kerala who was nicknamed as'Lincoln of Kerala'**

A.Chattampi Swamikal

B.Vagbatananda

C.Pandit K.P.Karuppan

D.V.T.Bhattathirippad

Ans:C

**12.Who was the author of the book 'Darasanamala'?**

A.Vaikunda Swamikal

B.Ayyankali

C.Brahmanadnda Sivayogi

D.Sree Narayanaguru

Ans:D

**13.Blessed Kuriakose Elias Chavara was born in which district of Kerala**

A.Kollam

B.Alapuzha

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C.Idukky

D.Kottayam

Ans:B

**14. Who was the founder of 'Prathyaksha Raksha Daiva Sabha'?**

A.Kumara Gurudevan

B.Ayyankali

C.Thycaud Ayya

D.Kumaranasan

Ans:A

**15. Mannath Padmanabhan founded the Nair service society in**

A.1912 CE

B.1913 CE

C.1914 CE

D.1911 CE

Ans:C

**16. The winners of 2016 Asian Champions Hockey Tournament**

A.Pakistan

B.India

C.China

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D.Japan

Ans:B

**17.The newly elected U.N.Secretary General Antonio Gutterez belongs to which country**

A.Spain

B.France

C.Portugal

D.Argentina

Ans:C

**18.Who got the Ezhuthachan prize of 2016?**

A.Radhakrishnan

B.Puthusseri Ramachandran

C.Attur Ravivarma

D.Anand

Ans:A

**19.The declaration of Prime Minister Narendra Modi making 500 and 1000 rupee notes invalid was on**

A.Nov.18,2016

B.Nov 8,2016

C.October 30,2016

D.Nov 12,2016

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Ans:B

**20. Who is the present Reserve Bank Governor of India?**

A.Ranga Rajan

B.Raghuram Rajan

C.Oorjith Patel

D.Subarao

Ans:C

**21. What are the fundamental responsibilities of a nurse?**

A.Cure disease

B.Promote health

C.Both 1 and 2

D.None

Ans:B

**22. An ulcer which takes time to heal is known as**

A.Dushta vrana

B.Rudha vrana

C.Shudha vrana

D.None

Ans:A

**23. 'Ashchyotana'(Eye Drops)with oil is done during**

A.Morning

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B.Afternoon

C.Evening

D.Night

Ans:C

**24.How should be a patient posted for 'Vasthi'positioned?**

A.Turned to right

B.Turned to left

C.Right leg flexed

D.Both 2 and 3

Ans:D

**25.'Jeevanam'is the function of which 'Dhatu'**

A.Raktha

B.Mamsa

C.Rasa

D.Shukra

Ans:A

**26.Which artery has to be auscultated while measuring blood pressure?**

A.Radial

B.Auxillary

C.Brachial

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D.Carotid

Ans:C

**27.Fever in a patient undergoing ‘Snehapana’indicates**

A.Sneha Atiyoga

B.Sneha Vyapat

C.Sneha Ayoga

D.Nothing Specific

Ans:B

**28.What kind of diet will you prefer after ‘Virechana’in an alcoholic patient?**

A.Peyadi

B.Yushadi

C.Krita Yushadi

D.Tarppanadi

Ans:D

**29.‘Shamana Chikitsa’is of how many types**

A.1

B.3

C.5

D.7

Ans:D

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**30.Diseases which can be cured by surgery are grouped under**

- A.Krichra Sadhya
- B.Sukha Sadhya
- C.Yapya
- D.None

Ans:A

**31.'Pratisarana'is indicated in**

- A.Paithika Vyadhi
- B.Kaphaja Vyadhi
- C.Vatika Vyadhi
- D.All the above

Ans:B

**32.'Vrana Bandhana'should be removed and replaced after how many days?**

- A.Same day
- B.Next day
- C.3<sup>rd</sup> day
- D.4<sup>th</sup> day

Ans:C

**33.Mode of cooking food(Fry,Boil,Et(c))in included under which 'Ahara Kalpana'**

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A.Samskara

B.Swabhava

C.Kala

D.Samyoga

Ans:A

**34.In 'Ksheera Paka',drug,milk and water are taken in the ratio of**

A.1:2:4

B.1:4:8

C.1:8:16

D.1:8:32

Ans:D

**35.Amount of food consumed should ideally fill**

A.1/4<sup>th</sup> of stomach

B.1/2 of stomach

C.3/4 of stomach

D.Full stomach

Ans:B

**36.Type of bandage done on fingers**

A.Kosa

B.Dhama

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C.Sthagika

D.Cheena

Ans:C

**37.'Kashaya Kalpana' can be prepared from Dravyas of all**

Rasa' except

A.Tiktha

B.Katu

C.Amla

D.Lavana

Ans:D

**38.Which is not mentioned as the causative factor of 'Rajyakshma'?**

A.Shukla Kshaya

B.Mamsa Kshaya

C.Oja Kshaya

D.Sneha Kshaya

Ans:B

**39.Which medicine is applied on the site of Agni Dagdha'?**

A.Honey

B.Ghee

C.Both(1)and (2)

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D.None

Ans:C

**40.After 'Uttams Shodhana',Peyadi karma should be followed for how many days**

A.7

B.5

C.3

D.1

Ans:A

**41.'Vasthi Netra'of which length would you choose for a 25 year old patient**

A.12 angula

B.10 angula

C.8 angula

D.5 angula

Ans:A

**42.'Ayurveda'has how many branches**

A.3

B.4

C.6

D.8

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Ans:D

**43.Respiratory rate is assessed while assessing**

- A.Heart rate
- B.Pulse rate
- C.Both 1 and 2
- D.None

Ans:B

**44.Hot water is contraindicated after 'Snehapana'using**

- A.Tila taila
- B.Vasa
- C.Tuvaraka taila
- D.None

Ans:C

**45.'Patra Potala Sweda'is an example of**

- A.Tapa Sweda
- B.Ushma Sweda
- C.Upanaha Sweda
- D.None

Ans:B

**46.Diet preferred for a patient under going 'Vardhamana Pippali'Rasayana**

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- A.Peyadi
- B.Tarppanadi
- C.Ksheera Shashtika
- D.Ksheera Shali

Ans:C

**47.'Krikatika'is an example of which 'Marma'**

- A.Jatroodhwa
- B.Koshta
- C.Shakha
- D.Prishta

Ans:A

**48.Which among the following is not a part of 'Dinacharya'?**

- A.Dhumapana
- B.Anjana
- C.Nasya
- D.Dhupana

Ans:D

**49.'Pinda',Rasakiya'and 'Churna'are the types of**

- A.Anjana
- B.Nasya
- C.Dhooma

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D.Swedam

Ans:A

**50.Nasya is classified into how many types**

A.3

B.2

C.Both 1 and 2

D.None

Ans:C

**51.Below 'Nabhi'-is the seat of which dosha**

A.Kapha

B.Vata

C.Pitta

D.Raktha

Ans:B

**52.Which urine sample should be collected for laboratory examination?**

A.Late night

B.Evening

C.Afternoon

D.Early morning

Ans:D

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**53.Which all procedures are contraindicated for an obese(Sthula)person?**

- A.Snehana
- B.Swedana
- C.Vamana
- D.All the above

Ans:D

**54.Which is not a part of ‘Dasavidha Pareeksha’?**

- A.Ahara
- B.Vihara
- C.Satwa
- D.Sara

Ans:B

**55.Which are the ‘Trimarmas’?**

- A.Hridaya-Vasthi-Guda
- B.Hridaya-Guda-Shiras
- C.Hridaya-Vasthi-Shiras
- D.Shiras-Vasthi-Guda

Ans:C

**56.After giving ‘Marsa Nasya’which procedure is done**

- A.Dhumapana

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B.Dhupana

C.Vamana

D.None

Ans:A

**57.'Netra Seka'is indicated during**

A.Day time

B.Night time

C.Both 1 and 2

D.None

Ans:A

**58.During rainy season which type of diet would you opt for 'Swastha'**

A.Hot and Spicy

B.Hot and sweet

C.Cold and spicy

D.Cold and Sweet

Ans:B

**59.Expiry date of 'Balarishta manufactured on January 2010 will be**

A.2011

B.2012

C.2013

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D.None

Ans:D

**60.Time of administering medicine in a ‘Kasa Rogi’is**

A.Samudga

B.Sabhakta

C.Muhur-Muhu

D.Abhakta

Ans:C

**61.IN which ‘Ritu’body strength is at its minimum?**

A.Sisira

B.Varsha

C.Sarath

D.Hemantha

Ans:B

**62.’DPT’vaccination is given for**

A.Diphtheria-Pertusis-Typhoid

B.Diphtheria-Pertusis-Tuberculosis

C.Diphtheria-Pertusis-Tetanus

D.Diphtheria-Pneumonia-Tb

Ans:C

**63.Which is the best among ‘Murdha Thalia’?**

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- A.Vasthi
- B.Pichu
- C.Abhyaanga
- D.Both 1 and 2

Ans:A

**64.A 12 year old girl suffering from 'kushta'is**

- A.Rakthamoksha Arha
- B.Rakthamoksha Anarha
- C.Virechana Arha
- D.Both 2 and 3

Ans:D

**65.'Karna Shodhini Yantra'is an example of:**

- A.Shalaka Yantra
- B.Swasthika Yantra
- C.Nali yantra
- D.Tala Yantra

Ans:A

**66.Total number of 'Kashaya Vasthi's'in 'Yoga Vasti'are**

- A.1
- B.2
- C.3

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D.4

Ans:C

**67.Which Prakriti'is 'Rajo-Guna'predominant?**

A.Vata

B.Pitta

C.Kapha

D.Sama Dosh

Ans:B

**68.'Apaka Shunata'(Apaka Shopha)is a feature of**

A.Udara

B.Sandhigata Vata

C.Vataraktha

D.Amavata

Ans:D

**69.Which is a type of 'Anagni Sweda'?**

A.Udgara Nigraha

B.Kshut Nigraha

C.Puresha Nigraha

D.Mutra Nigraha

Ans:B

**70.Virechana Dravya can be given in the stage of**

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- A.Nava Jwara
- B.Sama Jwara
- C.Jeerna Jwara
- D.All the above

Ans:C

**71.Type of ahara given on the previous day of vamana**

- A.Kapha Vridhikara
- B.Pitta Vridhikara
- C.Vata Vridhikara
- D.All the above

Ans:A

**72.Which among the below can be assessed by ‘Darsana Pareksha’?**

- A.Jihwa
- B.Mala
- C.Mutra
- D.All the above

Ans:D

**73.In a patient with allergic disease which parameter will be increased**

- A.Jithwa

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B.Mala

C.Mutra

D.All the above

Ans:D

**74.'Dhooma Pana'is contraindicated in**

A.Nasal bleeding

B.After virechana

C.Udara roga

D.All the above

Ans:D

**75.Following 'Jalowkavacharana'(Leeching),would is dressed with**

A.Jathyadi Gritha

B.Honey and turmeric powder

C.Gritha and turmeric powder

D.Honey

Ans:B

**76.'Graha Chikitsa'deals with**

A.Manasika Roga

B.Agantu Roga

C.Communicable disease

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D.Forensic medicine

Ans:A

### **77.Main Complication of 'Pandu Roga'is**

A.Rakta pitta

B.Udara

C.Shopha

D.Jwara

Ans:C

### **78.'Vamana'should be done till the appearance of**

A.Kapha Darsana

B.Pitta Darsana

C.Vata Darsana

D.Mala Darsana

Ans:B

### **79.Factors which increases 'Medas,Mutra and Kapha'leads to**

A.Sthoulya

B.Udara

C.Shopha

D.Prameha

Ans:D

### **80.'Twak'is the sthana of which dosha**

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- A.Bhrajaka pitta
- B.Avalambaka Kapha
- C.Vyana vata
- D.All the above

Ans:A

**81.Application of medicinal paste over the eyelids is known as**

- A.Rasakriya
- B.Vidalaka
- C.Pinda
- D.None

Ans:B

**82.'Shuchitwa'is a common property of**

- A.Vaidya-Rogi
- B.Vaidya-Dravya
- C.Paricharaka-Rogi
- D.Paricharaka-Vaidya

Ans:D

**83.'Uttama Sneha Matra'gets digested within**

- A.12 hrs
- B.18 hrs
- C.24 hrs

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D.32 hrs

Ans:C

**84.'Budhj'-intelligence is the function of**

A.Pitta

B.Vata

C.Kapha

D.Ojus

Ans:A

**85.Time for giving 'Virechana Dravya'**

A.Before kapha kala

B.During kapha kala

C.After kapha kala

D.Any time

Ans:C

**86.Which rasa pacifies (Kshaya)both vata and pitta?**

A.Madhura

B.Amla

C.Lavana

D.Tiktha

Ans:A

**87.Length of Dhumanetra used for 'Snehana'**

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A.24 angula

B.32 angula

C.40 angula

D.42 angula

Ans:B

**88.In a 'Shiro Rogi'karna poorana should be done for**

A.500 matra

B.600 matra

C.800 matra

D.1000 matra

Ans:D

**89.'Manasika Rogas'are caused by the vitiation of**

A.Satwa-Raja

B.Satwa-Tama

C.Raja-Tama

D.Tama

Ans:C

**90.Lepana applied over an area over insect bite should be**

A.Ushna

B.Sheeta

C.Kavoshna

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D.Sama Sheetoshna

Ans:B

**91.Skin eruptions occurring after 'Vamana Karma'indicates**

A.Ayoga

B.Atiyoga

C.Kushta

D.Samyak Yoga

Ans:A

**92."Hridaya Spandana'and 'Twak Rokshya'are the features of**

A.Hridroga

B.Kushta

C.Vata Vyadhi

D.Pandu

Ans:D

**93.'Bala'obtained by exercise is known as**

A.Sahaja Bala

B.Kalaja Bala

C.Yukthikrita Bala

D.Ojo Bala

Ans:C

**94.'Navya Karma'should not be done for those who are below**

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**the age of**

A.5 years

B.7 years

C.10 years

D.12 years

Ans:B

**95.Auxillary body temperature differs from oral temperature by**

A.1 Degree C<oral

B.1 Degree C>oral

C.2 Degree C<oral

D.2 Degree C>oral

Ans:A

**96.During hot climate 'Sneha Karma'should be done during**

A.Early morning

B.Morning

C.Evening

D.Night

Ans:D

**97.Which are the types of Lang hana'?**

A.Kshul-Trishna Nigraha

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B.Shodhana-Shamana

C.Vamana –Virechana

D.Upavasa

Ans:B

**98.Watching mobile phone in a dark room is an example of**

A.Ayoga Darsana

B.Atiyoga Darsana

C.Mithyayoga Darsana

D.None

Ans:C

**99.Which one is an example of communicable diseases?**

A.Asthma

B.Diabetes

C.Cancer

D.AIDS

Ans:D

**100.Which rasa is contra indicated in**

**‘Shopha’?**

A.Lavana

B.Madhura

C.Tiktha

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D.Katu

Ans:A

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