50th South Jefferson
Bill Arthur
XC Invitational
October 24th, 2026
Pre-Sectional
“Tune Up Race”



SJXC

Head Coach: Justin Crossway
jcrossway@spartanpride.org
(315) 286-2823

Objective:

This is meant to be a Pre-Sectionals “tune-up” race. Bring your Pre-Championship level team and race with no Sectional pressure. No limit on entries.

Course:

We are known for our hills, but we have made some changes from your feedback over the last few years. We have an open, wide-vectored, 500m straightaway before the first turn.

Mile 1 - flat with one hill at the end
Mile 2 - some serious, but wide and safe uphills
Mile 3 - mostly downhill, and gradual to save your athletes quads for post play
.1 Finish - flat and straight shot to the chute.

It is very spectator friendly, as athletes can be seen distinctly from the start and finish location multiple times. It is a full 3.1 mile course. Boxes will be randomly assigned. I anticipate that we will be able to have large 10’ boxes for every team. I will upload a full course map and video asap.

GPS: South Jefferson Middle School, 11060 US Rt, 11, Adams, NY, 13606
Parking: Buses are able to stay on site at our Middle School parking lot.

Buses will be able to park on site (see map).

Cost:

$200.00 per school (both varsity teams). No limit on # of athletes.
$150.00 (for single varsity team). No limit on # of athletes.
$10.00 per athlete (incomplete teams)
Please make checks payable to:
South Jefferson Club Account - XC

Mail Checks or Vouchers to:
South Jefferson Central School District
Clarke High School
C/O Justin Crossway
11060 US. Rt. 11 Adams, NY 13605.

Entries:

1. **Please email your intent to attend: jcrossway@spartanpride.org.**
2. **Entries need to be submitted through NYMilesplit. Bibs and timing will be serviced by Leone Timing.**

Order of races:

Course opens for preview / warm-up	**8:00am**
Varsity Girls	**10:00am**
Varsity Boys	**10:45am**

Awards:

- **1st – 5th place team plaques.**
- **1st – 50th medals for individual placements.**

Concessions:

We will offer a full concession stand, at the Gray Concession Building immediately next to the Finish Line. We will also have a bake stand.

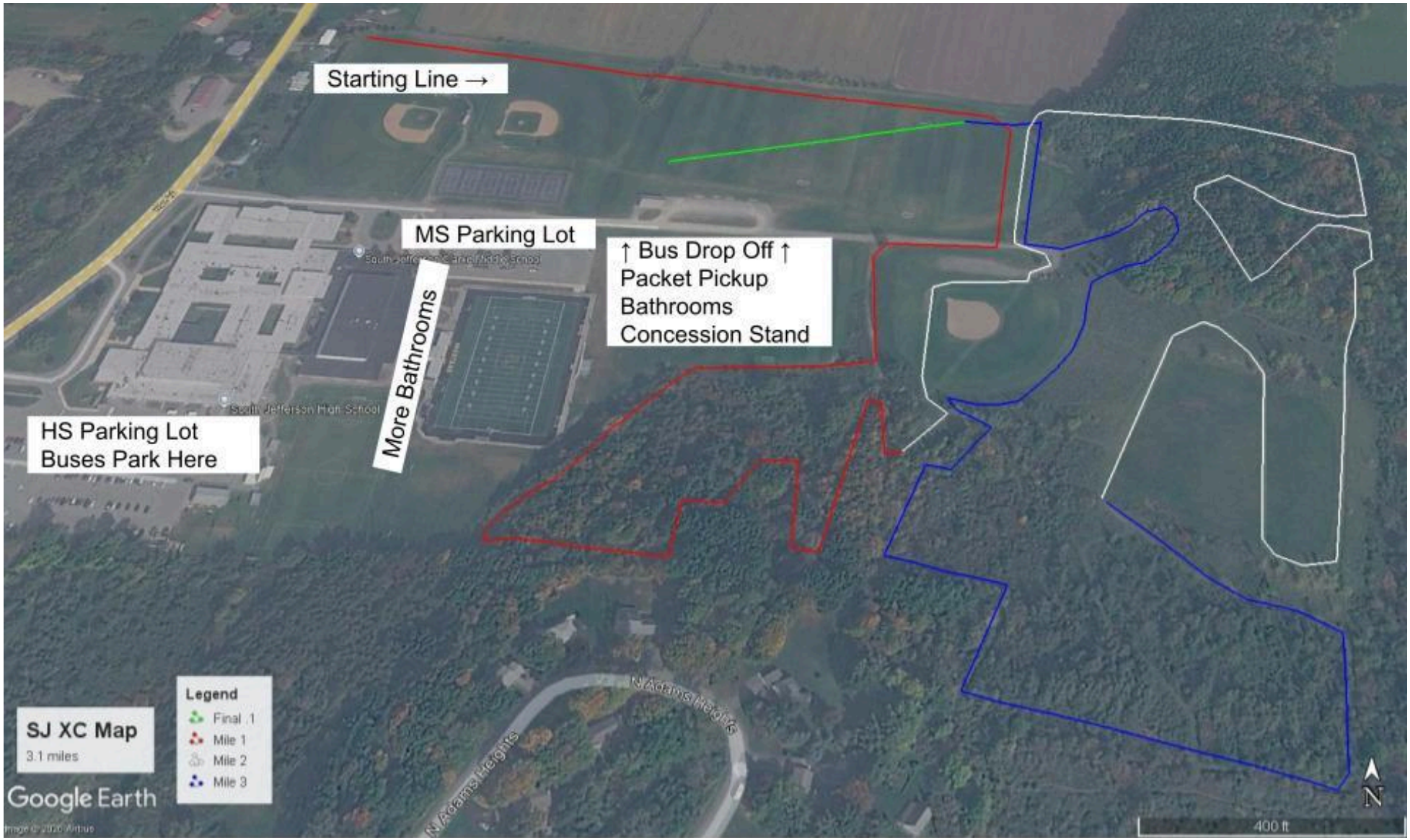
T-Shirts and Apparel:

$20.00 as available. No pre-orders.





List of teams attending		
	Varsity Girls	Varsity Boys
1.	South Jefferson	South Jefferson
2.	General Brown	General Brown
3.	Indian River	Indian River
4.	Pulaski	Pulaski
5.	Jamesville DeWitt	Jamesville DeWitt
6.	Sandy Creek	Sandy Creek
7.	APW	APW
8.	Watertown	Watertown
9.	Carthage	Carthage
10.	Fabius Pompey	Fabius Pompey
11.		MPH
12.		Liverpool


Starting Line →
MS Parking Lot
↑ Bus Drop Off ↑
Packet Pickup
Bathrooms
Concession Stand
More Bathrooms
HS Parking Lot
Buses Park Here
South Jefferson High School
N Adams Heights
SJ XC Map
3.1 miles
Legend
Final .1
Mile 1
Mile 2
Mile 3
Google Earth
400 ft
N