



# *Join the Sandy Knoll Track Team*



Team: *Track & Field (Open to 4th & 5th graders)*      Cost: *Free*

Practice Days: *Mondays & Wednesdays*      Beginning time: *4:00p.m.*      Ending time: *5:00 p.m.*

Start Date: *April 30th*      End Date: *June 4th (Track party)*

**Parent pick up is promptly at 5 p.m.**

***Running shoes required!***

***\*\*\*Track Parent Meeting @ 5pm on April 30th in field by Michigan St.\*\*\****

***\*\*\*Optional but highly recommended practice @MSHS Track on May 20th 4:15-5pm come for part or all!\*\*\****

***\*\*\*With one BIG Track Meet @ the MSHS Track starting @ 2:30pm on Tuesday, June 3rd\*\*\****

Hello! Welcome to Sandy Knoll track and field. **Elizabeth Sabin** and **Sarah Maxon** are very excited to be the coaches for this season! We will have students practicing with a variety of running games and introduce them to the different events of track and field. The main objectives are for students to learn about the sport, try it out, get moving, and have fun!

Please feel free to contact us with any questions: [esabin@mapsnet.org](mailto:esabin@mapsnet.org), Ms. Sabin's Google Voice # - 616-275-2418, or SK's # - 906-225-4281

**To participate you must complete ALL of this Google form:**

type this in <https://forms.gle/UzGQTVVGzPzTqXZF6> or scan this:



***This form is due: Friday, April 18th***