










# WEEK 2 - 28 Days To A Client

## THE MASTER WAR MODE DAY PLAN + REPORT







✓/✗	U+I Of Task	Task List For The Day - Fill In ALL 20!
1. ✓/✗	Q1 ▾	Sales Call✓
2. ✓/✗	Q1 ▾	1 Hour Client Research✓
3. ✓/✗	Q1 ▾	1 Hour Client Research✓
4. ✓/✗	Q1 ▾	1 Hour Client Research✓
5. ✓/✗	Q1 ▾	1 Hour Client Research✓
6. ✓/✗	Q2 ▾	✓500 squats, ✓
7. ✓/✗	Q2 ▾	✓500 situps, ✗ Did 100
8. ✓/✗	Q2 ▾	✓10 minute obliques✓
9. ✓/✗	Q2 ▾	Send 10 outreaches✓
10. ✓/✗	Q2 ▾	Send 10 outreaches✓
11. ✓/✗	Q3 ▾	✓Break down 1 email fully✓
12. ✓/✗	Q3 ▾	Break down 1 sales letter fully (one part)✓
13. ✓/✗	Q3 ▾	✓Study 30 minutes math.✓
14. ✓/✗	Q3 ▾	✓Study 20 minutes technics.✓
15. ✓/✗	Q3 ▾	Stretch 1 hour✗ Stretched 40 min
16. ✓/✗	Q4 ▾	Collect 5 prospects✓
17. ✓/✗	Q4 ▾	Send 20 follow-ups✓
18. ✓/✗	Q4 ▾	Read 10 pages copywriting book✓
19. ✓/✗	Q4 ▾	Make 1 FV✗ Only did the research
20. ✓/✗	Q4 ▾	✓Review 1 copy✓

	 <b>DAY NUMBER + DATE + TIME</b> 
<b>Day Number:</b>	
<b>Date:</b>	
<b>Start Time:</b>	

	 <b>3 Things That I Am Grateful To Have In My Life</b> 
<b>1.</b>	
<b>2.</b>	
<b>3.</b>	

	 <b>My Top 3 Priority Tasks That MUST Be Completed</b> 
<b>1.</b>	
<b>2.</b>	
<b>3.</b>	

## **Hour-By-Hour Tracking:** **[Plan+Measure=Improve]**

 <b>Task:</b>	 <b>Task = Set The Task That I Intend To Complete This Hour?</b>
 <b>Intention:</b>	 <b>Intention = What Is My Plan Of Action To Complete This Task For This Hour?</b>
 <b>Reflection:</b>	 <b>Reflection = Did I Complete This Task For This Hour? If Not, Then Why?</b>

# **MY MORNING WAR PLAN**

 **What Do I Plan To Accomplish This Morning?** 

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 **What Is The Main Goal For This Morning?** 

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 **How Will I Start My Morning With Power?** 

**(Delete Any Boxes Below  
That Are Before The Time  
That You Start Your Day +  
After The End OF Your  
Day In Your Own Copy)**

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<b>6 am: Task</b> 💰	<b>500 squats, 500 squats, 10 minute obliques</b>
<b>Intention</b> 🔔	<b>06:00 to 06:20, 500 squats 06:20 to 06:50, 500 situps 06:50 to 07:00, 10 minute obliques</b>
<b>Reflection</b> ✍️	

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<b>7 am: Task</b> 💰	<b>Shower, math, technics</b>
<b>Intention</b> 🔔	<b>07:00 to 07:05, shower. 07:05 to 07:10, clothes. 07:10 to 07:40, math 30 min while eating. 07:40 to 08:00, 20 min technics. 08:00 to 08:05, brush my teeth and go to school.</b>
<b>Reflection</b> ✍️	

<b>9 am: Task</b> 💰	<b>Doctor</b>
<b>Intention</b> 🔔	<b>09:00 to 10:00, doctor appointment.</b>
<b>Reflection</b> ✍️	

<b>11 am: Task</b> 💰	<b>Break down 1 email fully</b>
<b>Intention</b> 🔔	<b>11:30 to 11:55, break down 1 email fully.</b>
<b>Reflection</b> ✍️	

# **END-OF-THE-MORNING REPORT**

 **What Did I Learn This Morning?** 

 **What Problem's Did I Face This Morning?** 

 **How Will I Solve These Problems For This Afternoon?** 

## **MY AFTERNOON WAR PLAN**

 **What Do I Plan To Accomplish This Afternoon?** 

 **What Is The Main Goal For This Afternoon?** 

 **How Will I Start My Afternoon With Power?** 

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<b>1 pm: Task</b> \$	<b>Review 1 copy</b>
<b>Intention</b> 🔔	<b>13:05 to 13:15, review 1 copy fast.</b>
<b>Reflection</b> ✍️	

<b>3 pm: Task</b> \$	<b>Research</b>
<b>Intention</b> 🔔	<b>14:45 to 15:00, review 1 copy. 15:00 to 16:00, 1 Hour Client Research</b>
<b>Reflection</b> ✍️	

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<b>4 pm: Task</b> \$	<b>Research</b>
<b>Intention</b> 🔔	<b>16:00 to 17:00, 1 Hour Client Research</b>
<b>Reflection</b> ✍️	

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<b>5 pm: Task</b> \$	<b>Research</b>
<b>Intention</b> 🔔	<b>17:00 to 18:00, 1 Hour Client Research</b>
<b>Reflection</b> ✍️	

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<b>6 pm: Task</b> 💰	<b>Research - prepare SPIN</b>
<b>Intention</b> 🔔	<b>18:00 to 18:45, prepare research.</b> <b>18:45 to 18:55, prepare SPIN.</b> <b>19:00, sales call.</b>
<b>Reflection</b> ✍️	

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<b>7 pm: Task</b> 💰	<b>Sales call</b>
<b>Intention</b> 🔔	<b>19:00 to 20:30, sales call.</b>
<b>Reflection</b> ✍️	

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<b>8 pm: Task</b> 💰	<b>Collect 4 prospects</b>
<b>Intention</b> 🔔	<b>20:30 to 21:00, 4 prospects.</b>
<b>Reflection</b> ✍️	

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<b>9 pm: Task</b> 💰	<b>6 prospects</b>
<b>Intention</b> 🔔	<b>21:00 to 22:00, 6 prospects.</b>
<b>Reflection</b> ✍️	

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<b>10 pm: Task</b> 💰	<b>Send 10 outreaches</b>  <b>Make 1 FV</b>
<b>Intention</b> 🔔	<b>22:00 to 22:15, send 10 outreaches.</b> <b>22:15 to 23:00, make 1 FV</b>
<b>Reflection</b> ✍️	

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<b>11 pm: Task</b> 💰	<b>Send 10 outreaches</b>  <b>Send 20 follow-ups</b>  <b>Stretch 40 minutes</b>
<b>Intention</b> 🔔	<b>23:00 to 23:15, send 10 outreaches.</b> <b>23:15 to 23:20, send 20 follow-ups.</b> <b>23:20 to 24:00, stretch 40 minutes.</b> <b>Go to sleep, wake up 08:00.</b>
<b>Reflection</b> ✍️	

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<b>12 pm: Task</b> 💰	
<b>Intention</b> 🔔	
<b>Reflection</b> ✍️	



# End-Of-The-Day Report:




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 **What Did I Learn Today?** 

**✗ What Problems Did I Face In The Day? ✗**

 **How Will I Solve These Problems Tomorrow?** 

 **What Do I Plan To Do Differently Tomorrow?** 

 **What Do I Plan To Do The Same Tomorrow?** 

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

 **What Tasks Were Left Undone?** 

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**Brain Dump:**