

Auburn School District #408
Program Evaluation Form Summary

Title of In-service: Handle with Care (HWC) **Date(s):** 8/15 & 16/2022
Location: Auburn High School

Type of In-service: ☐ Building-Determined 21 Hours ☐ Optional Day
☐ District Designated Day ☐ Waiver Day
 Other ☒ OPTIONAL _____

Your Position: ☐ Teacher (check one): ☐ Central Administrator
☐ Elementary ☐ Building Administrator
☐ Middle School ☐ Specialist
☐ High School ☐ Other _____

Total Number of Responses: 99

Indicate your agreement with each of the following statements by circling the appropriate number.

	Strongly Agree	Somewhat Agree	Undecided	Somewhat Disagree	Strongly Disagree	Not Applicable
1. The course met the stated objectives.	93	6			1	
2. The activities related to and supported the stated objectives.	86	6	1		1	
3. The instructor(s) skillfully presented the material and was responsive to the audience.	84	15				
4. The instructor(s) was well prepared.	92	7				
5. The instructor(s) was well qualified and knowledgeable.	90	9				
6. The materials provided were useful for improving instruction.	83	14	2			
7. The written and/or electronic materials were relevant and of high quality.	83	7	1	1		7
8. The information was applicable and relevant to improving student learning.	88	9	1		1	
9. The information presented is easily applied to the classroom.	77	18	2	2		
10. The presentation included strategies that met the needs of diverse learners.	84	12	1	1	1	
11. The overall program was excellent.	93	5	1			

What specific information was of greatest value to you?

Social media effects on students
Nate Kittle and Ryan Varian's presentation about regulating trauma and Nicole Thomas' presentation about play were both the most valuable components to me from this academy.
How social media impacts our students and how to handle social media induced trauma.
Self care options
Much of what the opening speaker had to say.

The opening speaker and the "Beyond Behaviors" lecture.
All the information will be very useful. Some will not apply because of my position but I will be able to use it in a supporting way.
Trauma Informed Care with Children Exposed to Intimate Partner Violence Whitney Hellyer-Harborview Abuse and Trauma Center
I appreciated the variety that was covered.
The presentations for each session were helpful, especially since we were only able to choose 4 sessions.
The focus on the shadow pandemic factor (holistically the added stress to domestic violence and trauma in light of the larger society factors). As well as the sessions "Preparing ourselves to avoid harm to our black and brown youth", as well as, Trauma Informed Care with Children exposed to Intimate partner violence".
Social Media
The presentation done on support black and brown students.
Knowing that creating relationships with students sets the foundation of tone and trust. Once that is in place, you have the ability to create a greater impact on their behaviors and learning.
I really thought that this was a great learning experience to better understand trauma and how it affects each student and how they are affected both physically and mentally. This will better help me understand my students and help them when they are struggling.
Unmasking Our Youth
greater understanding of brain & body connection
The neuroscience of trauma informed practices.
How to help with burnout and learning how trauma can be presented in many ways in children.
The entire program was amazing.
All 4 classes gave great strategies, information and how to apply these skills to our day to day lives. This also allowed us to see resources that can help students that we were not knowledgeable on having in the building. I feel this has been one of the most useful and should be mandatory courses to take. It's a good reminder of why we chose education and how to help all students.
Unmasking Youth-relevant and specific
I like how ASD is allowing staff to have these opportunities. It is even more so enjoyable when we are able to choose a session to attend that fits our interest/needs.
the info about regulation
pleasure center in brain is equally accessed by displeasure. AND, a teacher over in the fight or flight continuum cannot help to ground a student in fight or flight state.
Info about Polyvagal theory and how nervous systems get in sync just because we get together as human beings
The presentation from the prevention and intervention counselors
Gavin Lees' presentation on social media was very informative. The session taught by an OT about the neuroscience of trauma was also very informative (it was a summary of a book she was reading/had read).
The information about being aware to students that are in trouble emotionally and may just need someone to listen.
Intro to social media induced trauma was super valuable and would love to see more training like this one in the future

Social media and students
Deeply valued the session dialogue surrounding mitigating harm for our black and brown students
The breakout session on regulating.
Burnout: Prevention and Recovery
All of it!
I honestly liked every session I attended. The social media session was of special interest since I work in a middle school. I will be able to take some information back to students to help them understand the addiction risk to social media.
Giving students a restart when they leave and come back to the classroom from a behavior issue.
Loved having the option to choose different topics - all were very relatable and useful
The session on beyond Behavior was great.
strategies
Validation that I am already using good strategies with my students and learned more about warning signs in students.
Strategies to recognize and help to regulate the polyvagal pendulum in myself, as well as students and coworkers.
I thoroughly enjoyed the Unmasking Youth segment, but all of the sessions I attended reminding me to be mindful of our students' emotions, struggles, and strengths. Handle With Care had great content.
Understanding student's mental and emotional health better, and learning about the negative issues tied to social media and screen time addiction.
Information on ASD's Intervention Specialists. Such an incredible resource to reach out to whenever staff notices a student is in, or headed towards, trouble.
I think that each session I attended was very helpful, since they shared resources that I could be sharing with the families that need it.
Permission to feel my feelings. The opening speaker said she's the crier in her group. It's because she's present. I work for ECECAP FSS I hear distressing situations. Enrolling a family, you learn deeply personal information. It's the connection and I was glad to hear I needn't be ashamed of tears. If they happen. I have been doing this type of work for 25 years and I've worried about not having a tougher exterior.
I learned about current neurological research on trauma and processing and behavior
I most valued Phoebe's intro session and the session on intimate partner violence.
Substitute Teachers are not paid for attending training. This will be the last training event I attend as a result of this lack of compensation.
Learning more in depth about how our bodies work when it comes to fight, flight, or freeze (Polyvagal Theory) I really enjoyed learning from Health Point presenters.
I loved the Supporting and Connecting with Children thru Play by Nicole Thomas
I learned so much from the Beyond Behaviors course and can't wait to continue my own learning on this topic!
Play Therapy with Nicole Thomas
The information and perspective from the key note speaker.

Social Media and Student Mental Health - Gavin rocked it. Well done and very informative with up-to-date information. One could tell he spent a lot of time in looking for current data.
Self care and helping to understand what our students deal with.
We Need to Make sure we take care of ourselves so, we can take care of others and we don't know what everyone is going through
Learning about the signs to look for in a child who has experienced trauma.
Kelly Jensen
learning & meeting the prevention specialists. Understanding better on what to say & expect/accept to & from students who are more then likely dealing with things they are not yet equipped to deal appropriately.
The different options to tailor around different needs
Keynote speaker was exceptional! A great kick-off to the conference. Loved having so many choices for break out sessions.
Learning about sensory processing and how it effect a student behavior and how trauma plays a role.
I REALLY enjoyed the keynote speaker. I wish that she continued to speak instead of giving us an extra hour of free time.
CLASSROOM set up TIPS
trauma informed practices
The breakout session on brain science and behaviors was excellent!
All the presenters were very good
Trauma informed practices and the brain (Jacque Rosquita) as well as the keynote on the first day.
What handle with care is, content on interactions with a student in Trauma, Drug Prevention Specialists!
The tech classes were very useful
The classes were very relevant and the instructors were talking with us a lot instead of at us.
Unmasking Our Youth
All the presenters did an amazing job and I am looking forward to taking more courses tomorrow. I really enjoyed Phoebe's keynote. Mariah's burnout session was very honest and open and provided great resources.
The resources to help my future students
Information about abuse
I really benefited from the key note speaker
The information was more towards medicine field than education field.

Please provide any necessary feedback that would improve this in-service offering *if repeated*

- ☐ Improve Facilities ☐ Modify activities for greater interaction ☐ Enhance presentation skills
☐ Increase pacing ☐ Provide greater time for Questioning/Applicable practice ☐ Information needs greater depth of knowledge

☐ Align better with District or Building strategic plan ☐ Other _____

Modify activities for greater interaction
One speaker was highly unprofessional. Called us those white ppl
Increase Pacing
Modify activities for greater interaction
We need to involve more of our community (daycare providers, student employers)
I think the planned of the scheduling could have been changed. A lot of us sat around for over an hour wasted for lunch time. We would have rather applied that to learnings and left earlier.
Provide greater time for Questioning/Applicable practice
Please bring this back! Very helpful! So many I wanted to attend but couldn't!
Provide greater time for Questioning/Applicable practice
Phoebe's keynote speech was great. I was disappointed that she ended early and then we ended up with an hour of break which felt like wasted time.
Modify activities for greater interaction, Provide greater time for Questioning/Applicable practice
Modify activities for greater interaction, Provide greater time for Questioning/Applicable practice
Provide greater time for Questioning/Applicable practice
Provide greater time for Questioning/Applicable practice
Modify activities for greater interaction, Information needs greater depth of knowledge
More para educators involved
Making it mandatory; the courses are necessary
Provide greater time for Questioning/Applicable practice
Record sessions so more people could learn from them. I was disappointed at how low the attendance was.
Please consider staff diversity when refer to history facts or remembrances
Improve the stacking of session to increase the number of sessions participants can attend
provide attendees with access to the powerpoint presentations
Thank you for a wonderful lunch!
Increase Pacing, Too much down time. A 15 minute break after a 90 minute lunch wasn't needed. Would have preferred to add in more sessions - even 1 hour sessions. The keynote being only 30 minutes didn't help - that was disappointing, I would have liked to have heard more from her.
Modify activities for greater interaction, Provide greater time for Questioning/Applicable practice
Increase Pacing, There were so many great options but I couldn't attend all of them. I felt like there were way to many breaks and I would have rather been learning more!! I love that you incorporated breaks but I think the people that were there wanted to be there to learn so bring on as many as possible:)
Toilet paper in the women's bathroom please
Improve Facilities, Many of the restrooms were not clean and stalls did not have toilet paper.
Provide greater time for Questioning/Applicable practice, More of the fabulous breakout sessions.
Increase Pacing
I do not have suggestions for improvement, other than to say Handle With Care Academy should be a required training for all ASD staff!! No matter which breakout session attended, they all were packed with such valuable information on ways we can best empower students' dealing with extreme challenges that would break most of us adults!!!
Everything was great, no need of improvement.
Improve Facilities, Increase Pacing, Both days there wasn't toilet paper in the womens bathroom. It would've been nice to have a little shorter class. There were so many great classes it was hard to choose. It would've been nice to be able to take 3 or 4 a day.

Provide greater time for Questioning/Applicable practice
Increase Pacing, I suggest 45-60 minute lunch and closing remarks no longer than 60 minutes in the future. The sessions were great, and perfect at 90 minutes. The self-care lunch and closing pep talk could both be shortened a bit, allowing an earlier end time in the afternoon. Time is the best gift of self care. :)
I am a substitute teacher and was invited to this meeting. I was just informed by HR that I will not be paid for my time because I am a substitute. This really hurts my feelings and takes food away from my children. This is a sign that ASD does not care about me or my family.
n/a
I thought it was great overall.
I think this training needs to be required for everyone!
None - I felt that this type of training, space, and presenters were on target.
Modify activities for greater interaction
Dig deeper on a Saturday for 2 or 3 hours on same topics....keep the conversations going and the awareness alive!!!
more time. There were so many classes held, but not enough time to go to all
Increase Pacing, Lunch break was very long.
Increase Pacing
Auburn should have more speakers who are not teachers. I found this even really insightful hearing from the perspective of doctors and therapists.
nothing- it was great
Would have loved to know a little more on how to approach situation after receiving a "handle with care email"
Make mandatory to all staff members
More advertisement to all ASD staff to promote these topics and trainings.
Provide greater time for Questioning/Applicable practice
Modify activities for greater interaction
Much shorter lunch break, I would rather stay focused and paced throughout the morning, and leave at an earlier time.
Modify activities for greater interaction, Align better with District or Building strategic plan

Thank you for your feedback!