

Student Name: _____

Date: _____

Irritability Response Inventory – Anchored Monitoring Form (IRRI-AM)

Please use the anchor points for each item and **CIRCLE the best response for this time period** (since last assessed)
If the explosive outbursts occur around **one time interval** (e.g., month school starts or ends) please **circle HERE**.

1. **FREQUENCY** (*How often are explosive outbursts occurring since last asked/measured?*)

0	1	2	3	4	5
None	Seasonally (Every 2-3 Months)	Monthly	Weekly	Daily	Multiple Times/Day

2. **DURATION** (*How long are explosive outbursts typically lasting in MINUTES?*)

0	1	2	3	4	5	6
< 1 minute	1-5	6-15	16-30	31-60	61-120	>121 minutes

3. **PERVASIVENESS** (*How many types of places (**home, school, with peers, everywhere**) do explosive outbursts regularly occur?*)

0	1	2	3	4
No Places	One Place (school OR home OR peers)	Two Places (any 2 of these)	Three Places (school, home, peers)	Everywhere (wherever go)

4. **SEVERITY** (*Which of the following occur during explosive outbursts? (**CIRCLE ALL** that occur)*)

0	1a	1b	1c	2a	2b	3
Appropriate Articulates Anger effectively Does not yell, or Act aggressive	Verbal Mild Argues, whines, sulks raises voice	Verbal Moderate Insults Swears shouts	Verbal Severe Threatens Others Intimidates	Physical Mild Slams doors, Throws items Does not break things; does not harm others	Physical Moderate Property Destruction of other's property; pushes, encroaches	Physical Severe Hits, kicks, bites, spits, requires restraint or multiple staff or police intervention

5. **STUDENT RESPONSE** (*What is the student's most common response following the explosive outburst?*)

0	1	2	3	4
Remorseful; Sorry, can Reflect on Event	Can see other sides, but still defensive	Blames Others Does not take Responsibility For the Event	Still Resentful Spiteful; Unable to Process the Event or consider Any changes	Remains on edge Smallest things will set off another explosive outburst

6. **Office Disciplinary Referrals** (since last measured): _____

7. **Suspensions** (since last measured): _____