

Personal Training Contract

Mariusz Pokojski - Personal Trainer

Personal Training Liability

I

.....
..(BLOCK LETTERS) hereby affirm that I am voluntarily starting a course of instruction in physical fitness and performance training (The Activity). I am voluntarily participating in the Activity entirely at my own risk.

In full consideration of the risk of injury while participating in the Activity, and for the right to participate in the Activity, I hereby, for myself, my heirs, executors, administrators, assigns, or personal representatives, knowingly and voluntarily participate in this waiver and release of liability and hereby waive any and all rights, claims or causes of action of any kind whatsoever arising out of my participation in the Activity, their affiliates, managers, members, agents, attorneys, staff, volunteers, heirs, representatives, predecessors, successors and assigns, for any kind of risks related to traveling to and from as well as participating the Activity, which may include, but are not limited to, physical or psychological injury, pain, suffering, illness disfigurement, temporary or permanent disability, economic or emotional loss, and death.

I acknowledge that I have carefully read this form and fully understand that it is a release of liability. I expressly agree to release and discharge the trainer or instructor from any and all claims or causes of action and I agree to voluntarily give up or waive any right that I may otherwise have to bring a legal action for personal injury or property damage.

Date

Signature

Personal Training Cancellation Policy

Thank you for choosing us for your fitness and training needs. We are committed to providing you with exceptional service and support. To ensure efficient operation and availability to all clients, we have established the following cancellation policy.

1. Cancellation Notice:

Clients are required to provide a minimum of [24 hours] notice for the cancellation or rescheduling of an appointed session.

2. Late Cancellations:

Cancellations made with less than [24 hours] notice will result in a [loss of the session from a pre-purchased package].

3. No-Show Policy:

Failure to show up for a scheduled session without prior notice will also result in [full session rate charge]

4. Emergencies:

We understand that emergencies happen. In the case of an emergency, please contact us as soon as possible to discuss the situation.

5. Trainer Cancellations:

If your trainer needs to cancel a session, you will be notified as soon as possible, and the session will be rescheduled without any penalty.

6. Policy Agreement:

By signing up for personal training sessions, clients agree to abide by this cancellation policy.

7. Policy Changes:

[Mariusz Pokojski - Personal Trainer] reserves the right to modify this policy at any time. Clients will be notified of any changes.

Client Acknowledgment:

I have read and understood the Personal Training Cancellation Policy and agree to adhere to its terms.

Client's Signature: _____

Date: _____