

2024 SOUTHERN CONFERENCE CHAMPIONSHIPS

FREESTYLE RACE

Hosted by:

The Northern Kettle Moraine Nordic Ski

Saturday, Jan 27, 2024

Kettle Moraine State Forest, Greenbush Ski Trails

Registration: Please enter rosters on MileSplit: <https://wi.milesplit.com/meets/590174/registration>

Rosters Due by Wednesday, January 24th, 11:59 pm.

Race Headquarters at the Greenbush Shelter

Bib's – Bib Packets will be available for pick up at 8:30 am

Race fees: \$15/athlete. Please issue one check per team to: NKMN

Waivers: Please submit the completed/signed WNSL Team Waiver (Page 2) at registration.

Concessions: Gourmet grilled cheese sandwiches, soups, water (a large dispenser will be available, please bring a reusable water bottle), Gatorade, and baked goods.

Meet Schedule:

9:45 AM – Coaches Meeting at the Start Line

10:00 AM – Middle School Boys

10:05 AM – Middle School Girls

10:45 AM – Middle School Awards

11:00 AM – High School Boys

11:05 AM – High School Girls

12:15 AM – High School Awards

-Each team will be assigned a lane and should seed their skiers within their lane. Please seed your skiers on MileSplit in case high registrant numbers force us to move to a wave start.

-This is a mass start race so there is NO Tracking rule in effect.

-Time between waves may be adjusted depending upon the race course.

-Chip timing, display clock and live results will be provided by **Trackside Timing & Event Management**.

Courses: Middle School - 4 km, High School - 9 km. The final course routes/lengths are subject to change based on change in trail conditions. Final course maps will be posted in the Greenbush Shelter.

Waxing: In accordance with the WNSL 3-year sponsorship agreement (11-2-2021), we are limited to the use of Swix non-fluorinated glide waxes only in Conference and State Meets. Allowed are: Swix HS5 solid, HS6 solid, HS7 solid, HS7 Liquid and HS8 Liquid.

Awards:

Individual Medals to the Top 5 Male/Female – High School and Middle School

Team Award to First place HS Male and Female Team and First place MS Male and Female Team

Awards will be presented shortly after completion of each race (location to be announced).

Park Fees: An annual State Park sticker or daily pass is necessary to enter the Park. A trail pass for ages 16 yrs. and over is also necessary to ski on the trails.

Park Trails: All trails are open to the public, and will be open before, **during**, and after the race. Please inform your athletes that it is their responsibility to ski *safely* around the citizen skiers.

Questions, Contact: Steve Scharrer swscharrer@gmail.com (920) 889-3279

**Coach Signature for WNSL Race/Events Regarding
Amateur Athletic Liability Waiver and Release of Liability**

Signing this form signifies that I have obtained from my athletes that are listed on our WNSL Roster for the 2023-2024 Ski Season a signed (by athlete and parent and/or Guardian) Amateur Athletic Liability Waiver and Release Form for your race. The Original Form and/or copy will be available upon request if needed for any liability issue that may arise at your event.

Date_____

Head Coach Name (print) _____

Signature_____

Name of WNSL Member Team: _____