



HR Headlines Past Newsletters & Topics

(CTRL+F will allow you to search for specific words)

Issue Month and Link to Newsletter	Topics Covered
May 2025	• Grace Period Info for Flex Spending Accounts • Wellness Journal Prompt - Prioritizing Reflection and Growth • Healthy Recipe of the Month - Apple & Chicken Salad • Helping You - May 2025 Issue • EAP - May Promotion Navigating Anxiety
Apr 2025	• Benefit Buzz Sessions • Bluejacket Celebration Nomination Window Deadline FAST Approaching • Reminder from Payroll • Annual Open Enrollment 4/21/25-5/2/25 • New Wellness Challenge! 4-Week Food & Recipe Challenge • Wellness Journal Prompts - Keep the Reflection Going • Healthy Recipe of the Month - Chocolate Chip Yogurt Cookies • EAP - April Promotion Clutter to Clarity ONLINE SEMINAR
March 2025	• Bluejacket Celebration Nomination Window Open • Annual Open Enrollment • Spring Wellness Survey Extension • Wellness Journal Prompts • Healthy Recipe of the Month - Smashed Garbanzo Bean Salad
Feb 2025	• All Staff PD Day details • Save the date - Bluejacket Celebration • ECMECC internship opportunities • SpEd Teacher recruitment event • eLearning day info • Healthy Recipe - Chicken and Wild Rice Soup with Greens • Helping you Winter issue • New PowerSchool Enhanced Candidate Portal
Jan 2025	• Happy New Year - EAP • SpEd Teacher Recruitment Event • Journaling Challenge • Healthy Recipe of the Month - Homemade Chicken and Dumplings

	• PowerSchool Enhanced Candidate Portal Coming Soon
Dec 2024	• Gratitude for the Holiday Season • Thinking About Retirement? • Extended Leaves of Absence • PowerSchool Auto-Email Notifications • All Staff PD Day • Avoid Winter Slips and Falls • Healthy Recipe of the Month - Hearty Beef Soup • Fall 2024 Healthy You Magazine Link • Indoor Walking CIHS • Weight Room CMS
Nov 2024	• eLearning Day Info • Health and Safety Team Info • Title IX Requirements for Employees • FMLA 12 Month Period Review • AED HeartSaver Courses • Healthy Recipe of the month - Baked Cauliflower Tots
Oct 2024	• FREE Heartsaver Adult, Child & Infant CPR, First Aid & AED classes • Frontline/AESOP Change • Sprinkling Sunshine • Fall Step Challenge-Virtual Walk Around Minnesota • Healthy Recipe of the Month-No-Bake Energy Bites
Sept 2024	• Flexible Spending Accounts (FSA) Grace Period • Is your 403(b) match amount changing? • Mandatory Trainings for 2024-2025 • Healthy Recipe of the Month-Apple Cinnamon Bars
June 2024	• Have a Great Summer! • Bluejacket Celebration Survey Link • Payroll Department Reminder • Healthy Recipe of the Month - Grilled Beef and Vegetable Kabobs • EAP Monthly Promo - Living Well 365
May 2024	• Finals Days of Open Enrollment • Bluejacket Celebration • Isanti County Integrated Collaborative Newsletter • Sprinkling Sunshine • Healthy Recipe of the Month - Corn and Green Chili Salad • Healthy You Magazine Link • Health Joy - Rx Savings FAQs • EAP Monthly Promo - Supporting Mental Health
Apr 2024	• Benefits Open Enrollment • Bluejacket Celebration Nomination Window Open • Strong Bodies Program Wellness Challenge • Healthy Recipe of the Month - Easy Stuffed Pasta Shells • Health Joy - Seasonal Allergies

	• EAP Monthly Promo - Food for Thought
Mar 2024	• Save the date - Bluejacket Celebration • ESS Update • Emails from PowerSchool-save email to address book • College Course Approvals and Teacher Lane Change process • FREE Heartsaver Adult, Child & Infant CPR, First Aid & AED classes • Healthy Recipe of the Month-20-Minute Creole Chicken • Health Joy-National Dentist Month • C-I Careers • EAP-March Promotion-Best (Furry) Friends • Safety is No Accident-Don't Stand on Tables or Chairs
Feb 2024	• PD Day Reminder • Payroll Contact Info • Coming SOON - CMS Weight Room Available for C-I Staff • It's Heart Month • Winter Reset 21-Day Challenge • Healthy Recipe of the Month-Veggie Omelet in a Mug • Health Joy-Stop in the Name of Cost • Become a Paraprofessional • Now Hiring • EAP-February Promotion-Positive Impact - Become the Influence • Get Up and Move - at Your Desk Stretches
Jan 2024	• Retirement and Extended Leave of Absence Deadline • Teacher Lane Changes • Staying Active This Winter (Third in a Series). • HealthJoy • Now Hiring • Become a Paraprofessional • EAP January Promotion - Money Matters
Dec 2023	• Thinking About Retirement? • eLearning Day Information • Earned Sick and Safe Time (ESST) Update • PowerSchool Employee Portal • Staying Active This Winter (Second in a Series) • How to Avoid Winter Slips and Falls • EAP December Promotion - Making a Change
Nov 2023	• School Board Voting Reminder • Staying Active This Winter • Avoiding Winter Slips and Falls • Stress Awareness (EAP Promotion) • Aviben - HRA and Flex Information • Updated UMR Website
Sept/Oct 2023	• 403(b) Due Date • Teacher Lane Changes

	• Annual Mandatory Training Reminder • Gratitude Habit (EAP) • HealthJoy
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