

LIFT Program Overview and Application

LIFT serves as a community based program organized exclusively to provide participants with necessary skills to assist in overcoming non-productive behaviors. Our purpose is to provide education, computer training, employment assistance, health, housing referrals, and support services for those who are in disadvantaged positions due to poverty, homelessness, HIV/AIDS infection, and/or involvement in the criminal justice system.

Program participants must be willing to participate in all aspects of the LIFT program, a year-long commitment, which utilizes the 3E approach includes:

- ☐ **Educate:**
 - Academic skill building – at the end of the program the participant must have previously received a high school diploma or completed their GED
 - Teach each participant valuable decision making and critical thinking skills
 - Understanding social competence and responsibility
- ☐ **Empower:**
 - Focus on creating healthy attitudes, behaviors, and lifestyles
 - Assist each participant in understanding how to realize their potential
 - Healthy relationship building and perceptions
 - Provide positive role model – one on one mentoring relationship
- ☐ **Employ:**
 - Life skills (training and development)
 - Leadership development
 - Teach interview skills, dress for success knowledge and partner with a job referral agency
 - Include ongoing support for the employed

Additional services may include but are not limited to:

- Family reunification
- Moral Reconciliation Therapy
- Computer and Technical Skills Training
- Affordable housing assistance

THE 3E APPROACH

The 3E approach (Educate, Empower and Employ) will help participants in acquiring services needed to become law-abiding, productive citizens within their community. The 3eApproach is a compilation of workshops that are created to foster positive identity development; curb negative behaviors; nurture personal and social competence; enhance self-esteem and assist in job training and skills development.

The 3eApproach emphasizes moving beyond symptoms to the root causes of non-productive behaviors so that changes made are long-lasting, preparing them to return and contribute positively to their school, home, and community. Our broad-based approach works with the entire family and engages the community through active community liaison councils and partners.

To participate in the LIFT Program, please complete the below form and return to info@premier-od.com

Contact Information

Name	
Street Address	
City ST ZIP Code	
Home Phone	
Work Phone	
E-Mail Address	

Eligibility Status

Please check the population served by LIFT that applies to you

- | | |
|---------------------|---------------------|
| Disadvantaged Youth | Women with children |
| Reentry population | Family |

Reason for applying to LIFT

Summarize special circumstances that would qualify you to participate in the LIFT program. Additionally, please include why you desire to participate in the program and your commitment to participate in the full program. Lastly, please include the goals you hope to achieve during your participation in this program.

Submit application via email