



## ***2024 Lions Summer Track and Field Series Fully Automatic Timing/Wind Gauge***

When/Where	Aug 3, <b>8AM</b> at Connally High School, 13212 N Lamar Blvd, Austin, Tx
Who	EVERYONE! All ages, family, friends, co-workers. No affiliation required.
Entry Fee	<b>\$20</b> for unlimited events per meet
Water	Bring your own water & sunscreen. Bathroom capacity is limited.
Results	Live Results at MileSplit.Live. Time permitting, athletes may come to the timing tent immediately after their race and get their times.
Register	<a href="https://www.trackforlife.com/schedule.htm">https://www.trackforlife.com/schedule.htm</a> Registration closes at <b>Noon Aug 1.</b> <b>It's unlimited events, but you must still sign up in advance. No meet day registration.</b>
Divisions	6U, 8U, 10U, 12U, 14U, 16U, 18U, Open(19-29), 30-34, 35-39, 40-44, etc.
Payment	Venmo: @Seth-Brower or Paypal using <a href="mailto:seth.brower@trackforlife.com">seth.brower@trackforlife.com</a>
Awards	We're trying to keep the entry fees low, so sorry no awards
Finish Images	After the meet, you can order finish line images for \$5. View sample image at: <a href="https://www.trackforlife.com/img/fatexample.jpg">https://www.trackforlife.com/img/fatexample.jpg</a>
Pole Rental:	Rent the pole of your choice for only \$20. Order form on the main page.
Schedule	This is subject to change based on registration levels
<b>Running Events</b>	Rolling Start 3200, 100H/110H, 60, 800, 4x100*, 100, 400, 1600, 200, 4x400, 300H
<b>Field Events</b>	9AM Long Jump; Pole Vault 11AM Triple Jump *Special "family" relays can be formed. It will run prior to the regular 4x100. Both 4x1 and 4x4 relays can be formed at the meet.
Questions? Contact Seth at	<a href="mailto:seth.brower@trackforlife.com">seth.brower@trackforlife.com</a>