



2024 Lions Summer Track and Field Series

Fully Automatic Timing/Wind Gauge

When/Where	Aug 3, 8AM at Connally High School, 13212 N Lamar Blvd, Austin, Tx
Who	EVERYONE! All ages, family, friends, co-workers. No affiliation required.
Entry Fee	\$20 for unlimited events per meet
Water	Bring your own water & sunscreen. Bathroom capacity is limited.
Results	Live Results at MileSplit.Live. Time permitting, athletes may come to the timing tent immediately after their race and get their times.
Register	https://www.trackforlife.com/schedule.htm Registration closes at Noon Aug 1. It's unlimited events, but you must still sign up in advance. No meet day registration.
Divisions	6U, 8U, 10U, 12U, 14U, 16U, 18U, Open(19-29), 30-34, 35-39, 40-44, etc.
Payment	Venmo: @Seth-Brower or Paypal using seth.brower@trackforlife.com
Awards	We're trying to keep the entry fees low, so sorry no awards
Finish Images	After the meet, you can order finish line images for \$5. View sample image at: https://www.trackforlife.com/img/fatexample.jpg
Pole Rental:	Rent the pole of your choice for only \$20. Order form on the main page.
Schedule	This is subject to change based on registration levels
Running Events	Rolling Start 3200, 100H/110H, 60, 800, 4x100*, 100, 400, 1600, 200, 4x400, 300H
Field Events	9AM Long Jump; Pole Vault 11AM Triple Jump
	*Special "family" relays can be formed. It will run prior to the regular 4x100. Both 4x1 and 4x4 relays can be formed at the meet.

Questions? Contact Seth at seth.brower@trackforlife.com