

# REGENERATE YOUR REALITY

### PLANT · GROW · EXPAND

### Your Guide to Regenerative Living, Happiness, Love & Sovereignty

Website Link - Folder of Photos

Facebook & IG Tag us using @regenerateyourreality



### Quick Sample Post #1

You guys, my friend and colleague @jeanpullen\_wrote a best selling book, and it's so cool! Jean provides insights informed by her journey from corporate finance to environmentalism and shares how you can:

- apply principles of regeneration
- diversify your income
- grow your way out of crisis
- nurture the earth
- live holistically and passionately

@RegenerateYourReality uses permaculture, agroforestry, and education to bring sovereignty and happiness to our communities. I love their

mission of restoring the relationship between humans and the earth and building a regenerative present. Check it out here:

>> <a href="https://www.regenerateyourreality.com/bookpayment">https://www.regenerateyourreality.com/bookpayment<<<a href="https://www.regenerateyourreality.com/bookpayment">https://www.regenerateyourreality.com/bookpayment<<<a href="https://www.regenerateyourreality.com/bookpayment">https://www.regenerateyourreality.com/bookpayment<<<a href="https://www.regenerateyourreality.com/bookpayment">https://www.regenerateyourreality.com/bookpayment<<<a href="https://www.regenerateyourreality.com/bookpayment">https://www.regenerateyourreality.com/bookpayment</a></a>

for IG replace the URL with: Click their bio link to pre-order your copy: @regenerateyourreality [Download Photo for posting]

### Quick Sample Post #2

My friend @jeanpullen\_ of @regenerateyourreality just wrote a best selling book! Regenerate Your Reality shows you how you can: apply principles of regeneration, diversify your income, grow your way out of crisis, nurture the earth, and live holistically and passionately. Order TODAY at



#### https://www.regeneratevourreality.com/bookpayment

for IG replace the URL with: Follow the link in her bio to get your copy: @regenerateyourreality

[Download photo for posting]

### Quick Sample Post #3

Have you been feeling disconnected, disenchanted, and disillusioned in the face of global crises? Yeah, I get it. Thank goddess for books like "Regenerate Your Reality" My friend @jeanpullen\_ of @regenerateyourreality is seriously the inspiration we need right now.

Order your copy here RIGHT NOW: <a href="https://www.regenerateyourreality.com/bookpayment">https://www.regenerateyourreality.com/bookpayment</a>

for IG replace the URL with: Click their bio link to get your copy ASAP: @regenerateyourreality

[<u>Download photo</u> for posting]



## 3 Ways to Spread the Word!

1. The absolute most effective way to support is to send a personalized message, such as:

Hey \_\_\_! My friend @jeanpullen\_ of @regenerateyourreality just wrote a best selling book! I think you'd love it. Regenerate Your Reality uses permaculture, agroforestry, and education to bring sovereignty and happiness to our communities. I love their mission of restoring the relationship between humans and the earth and building a regenerative future.

The book is seriously the inspiration we need right now. It shows you how you can: apply principles of regeneration, diversify your income, grow your way out of crisis, nurture the earth, and live holistically and passionately. Order TODAY at <a href="https://www.regeneratevourreality.com/bookpayment">https://www.regeneratevourreality.com/bookpayment</a>

- 2. Include a mention about the book in your newsletter. There is some pre-written content above and below to make it super smooth. Always link directly to the pages listed above.
- 3. Share our blog posts:
  - SARAH MARIE WU FOUNDER, VILLAGE WITCH, CO-FOUNDER OF ECOLOGY ACADEMY, CO-FOUNDER ENVISION
    - https://www.regenerateyourreality.com/contributors/sarahwu
  - AGROFORESTRY IS THE MOST POWER TOOL FOR REGENERATION https://www.regenerateyourreality.com/permaculture/agroforestry
  - SAUERKRAUT & FRUIT SCRAP VINEGAR https://www.regenerateyourreality.com/medicinefood/fermentation

#### Ideas for Social Media Posts and Emails:

Of course, the best is your OWN words but just in case you need some help with the end of your caption:

Long:	
Hello,	

My friend Jean Pullen wrote an amazing best selling book:

Regenerate Your Reality: Your Guide to Regenerative Living, Happiness, Love & Sovereignty.

At the age of twenty-eight, Jean Pullen left a successful career to redesign her life and discover a world of true abundance and fulfilled potential. In *Regenerate Your Reality: Your Guide to Regenerative Living, Happiness, Love & Sovereignty*, Jean provides insights informed by her journey from corporate finance to environmentalism and shares how you can:

- apply principles of regeneration
- diversify your income
- grow your way out of crisis

- nurture the earth
- live holistically and passionately

Throughout, Jean reminds us that positive action, just like regeneration, takes many forms. *Regenerate Your Reality* will plant a seed of restoration in your path and remind you that we are all forces of nature.

A portion of the proceeds will benefit the planting of three trees with each book purchased. To learn more, visit regenerateyourreality.com/takeaction

Order your full copy now at <a href="https://www.regenerateyourreality.com/bookpayment">https://www.regenerateyourreality.com/bookpayment</a>!

Thank you! < Insert Your Signature >,

#### Short:

My friend @jeanpullen\_ of @regenerateyourreality just wrote a best selling book! I think you'd love it. Regenerate Your Reality uses permaculture, agroforestry, and education to bring sovereignty and happiness to our communities. I love their mission of restoring the relationship between humans and the earth and building a regenerative future.

The book is seriously the inspiration we need right now. It shows you how you can: apply principles of regeneration, diversify your income, grow your way out of crisis, nurture the earth, and live holistically and passionately. Order TODAY at <a href="https://www.regenerateyourreality.com/bookpayment">https://www.regenerateyourreality.com/bookpayment</a>

THANK YOU SO MUCH! Xo Love, Jean