

Bellingham High School

Concert Band & 8th Grade Band



Handbook
2022– 2023

www.BellinghamMusic.org



www.BellinghamMusic.org

Bellingham High School

60 Blackstone Street

Bellingham, MA 02019

Phone: 508-966-3761 ext. 1123

Marie S. Forte, Band Director, mforte@bpsdk12.org

Welcome Band students and families!

Welcome to the 2022-2023 school year! This handbook serves as a guide and resource for students and their families. We are excited to get back to a more typical school year and especially creating music together in our ensemble classes. Our emphasis this year will be to re-engage and refresh your music student and rebuild the community of students and families in our music program.

We are excited to get to the new “normal” in our music program. We have a full slate of concerts and events planned for this year. We had a busy summer with Summer Music Camp for grades 5 - 8, Color Guard practices, Marching Band Camp and lots of updates around the music wing and school.

We will be soliciting help from adults for our booster organization - the Bellingham Friends of Music. I have included links to sign-up online to volunteer at the concession stand and other events. Many times, families feel distanced from their high schooler as they get older and grow more independent. Being involved in a booster organization is a great way to stay involved in your student's life and support our music program. We especially ask families that are receiving lesson scholarships to try to volunteer or support a fundraiser as they are receiving a direct benefit from these efforts. If you have other services or skills that might be of help - chaperoning, uniform fittings, carpooling, fundraising, employer grant programs or employee volunteer programs, etc. please let us know!

One thing I would like to emphasize is scheduling and communication. The band will be most successful when we are all present and contributing as a team. I keep in close contact with our Athletic Director on schedules and changes. I fully support our students' participation in our athletic program and Mr. Connor and I have met several times to coordinate concert dates for the 2022-2023 school year. We do need families however to mark all these dates in their family calendars and make sure students are organized in their schedules with other commitments like work, babysitting, scouts, etc. Please email with non-BHS athletic conflicts as soon as possible. Depending on the nature of the event and how many students are impacted, it may mean that we need to change our plans for a particular performance. Email is the best way to notify us and I'm including all staff emails below.

I am hopeful that we will have a wonderful fall season. Please consider helping the Bellingham Friends of Music and becoming part of our music program as a parent/guardian. I look forward to meeting all the new families and getting to work with your students this year.

Sincerely,

Ms. Marie Forte

Ms. Kaitlyn Brame

Calendar of Rehearsals, Performances and Events

All music performances and department events are posted at the music website and in Google Classroom. Families should take time to note the specific performances and times of events throughout the school year. Very few changes will be made, if any, to this calendar. The music staff will give advance notice whenever possible if there is a change of time or date to a particular event. The calendar posted online will always be the most accurate and up-to-date calendar. Any cancellations due to weather, school closings, or unforeseen circumstances will be posted at the music website, Google Classroom and on the Bellingham Music Facebook page. Please use the calendar at www.BellinghamMusic.org for a full listing of concerts.

Concert Band & 8th Grade Band Performances & Events		
Wednesday, Nov. 9, 2022	Prism Concert - small ensembles and chamber music performances	Concert at 7:00 p.m. Student warm-up at 6:00 p.m. Location: BHS Auditorium Free admission and open to the public
Saturday, Nov. 19, 2022 snowdate: 11/20/22	optional: Central District Senior Festival Auditions at Milford High School	times to be determined based on our registration
Thursday, Dec. 8, 2022 snowdate: 12/12/22	BHS Winter Concert Concert Band, 8th Grade Band, BHS Choirs MANDATORY PERFORMANCE	Concert at 7:00 p.m. Student warm-up at 6:00 p.m. Location: BHS Auditorium Free admission and open to the public
Wednesday, Jan. 11, Friday, Jan. 13 and Saturday, Jan. 14, 2023 snowdates: 1/12 & 1/15/23	for selected students only: Central District Senior Music Festival Rehearsals at North Middlesex Regional High School and Concert at Mechanics Hall, Worcester	times to be determined rehearsal locations to be determined
Saturday, Jan. 21, 2023 snowdate 1/22/23	for selected students: MA All State Auditions at Shrewsbury High School	times to be determined based on our registration
Saturday, Feb. 4, 2023 snowdate 2/11/23	optional: Central District Junior Festival Auditions at Grafton High School	times to be determined based on our registration
Tuesday, March 14, 2023 snowdate: 3/21/2023	Bellingham All Town Band Concert all band students and band ensembles in grades 5 - 12 MANDATORY PERFORMANCE	Concert at 7:00 p.m. Student warm-up time: 5:45 p.m. Location: BHS Gym Free admission and open to the public
Monday, March 27, 2023	Band Special Rehearsal and Clinic Concert Band and 8th Grade Band MANDATORY REHEARSAL	8th Grade Band: 2:00 to 4:00 p.m. Concert Band: 6:00 to 8:00 p.m.

Concert Band & 8th Grade Band Performances & Events (continued)		
Friday and Saturday, March 31 - April 1, 2023	MICCA Band & Orchestra Festival at Bellingham High School MANDATORY PERFORMANCE	performance times to be determined Performances will be on either Friday or Saturday at this event Do not assume previous year's times at this event has been modified
April 3, 2023 April 26, 2023 April 29, 2023	for selected students only: Central District Junior Music Festival Rehearsals at Bromfield High School and Concert at Franklin High School	times to be determined
Thursday, May 11, 2023	Jazz Band Concert (for jazz band students, not full Concert Band)	Concert at 7:00 p.m. Student warm-up time: 6:00 p.m. Location: BHS Free admission and open to the public
Thursday, May 18, 2023	BHS Pops Concert for BHS Concert Band and BHS Choirs MANDATORY PERFORMANCE	Concert at 7:00 p.m. Student warm-up time: 6:00 p.m. Location: BHS Auditorium Free admission and open to the public
Sunday, May 21, 2023	Bellingham Memorial Parade & Ceremony: MANDATORY PERFORMANCE 11:00 a.m. warm-up at BHS 1:00 p.m. Parade time Parade moves from Bellingham Memorial School to Bellingham Town Common	ALL Concert Band students will be participating in the Memorial Parade. ALL 8th Grade Band students will be participating in the Memorial Parade. We usually are provided a bus to bring students back from the Town Common to BHS. Details will be available in the spring.
Wednesday, May 31, 2023	BHS Awards Night Concert Band will perform MANDATORY PERFORMANCE	Student warm-up time: 5:00 p.m. Award Ceremony starts at 6:00 p.m.
Friday, June 2, 2023	BHS Graduation Ceremony Concert Band will perform MANDATORY PERFORMANCE	Student warm-up time: 5:45 p.m. Graduation starts at 6:00 p.m. tickets are required
Tuesday, June 6, 2023	8th Grade Band Concert with BMS Bands MANDATORY PERFORMANCE	Concert at 7:00 p.m. Student warm-up time: 6:00 p.m. Location: BHS Auditorium Free admission and open to the public
Friday, June 9, 2023	Deadline to return uniforms Marching Uniforms must be dry cleaned and returned on hanger, in dry-cleaning plastic bag and with receipt attached. Tuxedos must be dry cleaned and returned on hanger, in dry-cleaning plastic bag and with receipt attached. Blouses and skirts must be hand-washed and laid flat to dry accordingly and returned on a hanger with a label.	

Course Description and Massachusetts Music Frameworks

Concert Band Course Description: Students will be exposed to and perform various musical styles and literature for traditional concert band. Concepts taught in this course include tone production, reading notation, elements of meter and rhythm and performing as part of a large instrumental ensemble. Concert Band addresses the Massachusetts Music Frameworks with emphasis on Clusters 1 and 2. Students are expected to attend all concerts and performances, including one parade, as part of the academic grading requirements. ** This course may be repeated for credit.

8th Grade Band Course Description: The Instrumental Music Program offers students a hands-on experience that teaches the basic performance skills needed to play in school instrumental ensembles and complements the knowledge gained from previous general music classes and the Beginning Band Program. Participation in the Band Program fosters creativity, collaboration, communication, and critical thinking while expanding upon students' knowledge of standard band literature. Concert Band addresses the Massachusetts Music Frameworks with emphasis on clusters 1 and 2. Because performance is an integral part of the learning process, all band students will participate in performances such as evening concerts, Bellingham Memorial Parade in May, and other events.

Department of Elementary and Secondary Education Vision: All Massachusetts students will become literate through active participation in the arts, expressing artistic ideas with skill, confidence, and purpose. They will understand the role of the arts in their individual lives and how the arts contribute to their communities and cultures around the world.

Guiding Principles for Effective Arts Education

The following principles are philosophical statements that underlie the standards and resources in this curriculum framework. They should guide the design and evaluation of arts programs in schools. Programs guided by these principles will prepare students for colleges, careers, and their lives as productive citizens.

1. An effective arts education develops students' understanding of the concept of artistic intent.
2. An effective arts education fosters a coherent and rigorous progression of learning.
3. An effective arts education is relevant to students' interests.
4. An effective arts education acquaints students with genres and styles from various cultures and time periods.
5. In effective arts education programs, students have the opportunity to experience different artistic roles, groupings, and uses of media.
6. An effective arts education makes connections with other disciplines and bodies of knowledge.
7. An effective arts education promotes family and community engagement.
8. An effective arts education supports social and emotional growth.
9. An effective arts education program is inclusive; all students participate and benefit.

The Standards for Artistic Practice

1. Creating art with artistic intent.
2. Presenting, performing, or producing artistic works to evoke, express, or communicate.
3. Responding to arts through intellect and emotion.
4. Connecting the arts to the self, society, history, culture, and other disciplines and bodies of knowledge.

We also embrace the BHS 21st Century Learning Expectations (The 5 C's):
Communication, Collaboration, Critical Thinking, Creativity, and Citizenship.

Expectations

We expect students to abide by school rules at all times and to live by the BHS Core Values. Here's what the Core Values and 21st Century Learning Expectations look like in our music program.

Core Values		21st Century Learning Expectations	
Respect	<ul style="list-style-type: none"> • Be a good listener • Play, sing, or speak only when it's your turn • Care for music and equipment 	Communication	<ul style="list-style-type: none"> • Express your musical thoughts, questions and ideas • Be actively involved in Google Classroom • Participate in music class discussions
Accountability	<ul style="list-style-type: none"> • Practice your individual parts and come to rehearsal prepared • Attend all rehearsals and concerts • Know your schedule and communicate with your director 	Collaboration	<ul style="list-style-type: none"> • Perform in an ensemble • Work as a section to develop characteristic tone and accuracy • Contribute individual talents to reach a common goal
Academic Focus	<ul style="list-style-type: none"> • Actively engage in rehearsals and lessons • Know and complete course assignments & expectations • Challenge yourself to improve your individual musicianship 	Critical Thinking	<ul style="list-style-type: none"> • Analyze and interpret written and recorded music • Improve musicianship through personal and ensemble reflection • Apply fundamental techniques consistently
Perseverance	<ul style="list-style-type: none"> • Embrace the growth mindset • Don't give up on challenging music; don't be afraid to ask for help • Celebrate success, even small victories! 	Creativity	<ul style="list-style-type: none"> • Take musical risks • Explore a wide variety of musical styles • Perform with expression, style and phrasing to convey emotions
Compassion	<ul style="list-style-type: none"> • Be kind • Help your fellow musicians • Be supportive of others in their own musical journey 	Citizenship	<ul style="list-style-type: none"> • Volunteer to support the music program & events • Serve in a leadership role • Model proper rehearsal techniques

GRADING POLICY:

Students will be evaluated in the following areas according to the following percentages:

45% Rehearsal Techniques and In-Class Assignments: Because Concert Band is a performing ensemble, student attendance is expected at rehearsals, performances, and concerts. Failure to participate in these events means that the student is not fulfilling his/her obligation to the course requirements and the whole ensemble. Attendance is required at weekly sectional rehearsals during WIN as well. Students who have necessary conflicts with these rehearsals will be required to “make-up” these rehearsals in a variety of ways. These make-ups can take the form of any of the following: a make-up lesson with the Band Director, a recorded quiz or test on missed material, music theory assignment, etc.

30% Quarterly Test: Each quarter students will be required to submit a recording of designated material. The recordings will be evaluated by the Director using music performance rubric. Students should prepare for these exams carefully and well in advance and refer to the rubric for self-evaluation. Any student who would like extra help or a pre-evaluation with the Director may request this at any time BEFORE the deadline.

15% Quarterly Quiz: Each student will submit a quarterly quiz in addition to the exam. This quiz helps the student prepare better for the exam and allows the Director to give the student constructive feedback on how to improve for the next assignment and his/her performance in the ensemble. This quiz will be evaluated using the same performance rubric as the exam and may be given during sectional rehearsals live for the director.

10% Quarterly Concert/Performance Review: Each student will submit a written concert review each quarter. The Director may decide to assign students may be assigned a specific listening assignment or it may be a concert or performance of their choice. Each quarter will vary. Student’s writing will be evaluated using an appropriate rubric.

100% Total: The Director will use the above percentages to arrive at a final quarterly grade.

Mid Year and Final Exams will be 5% each

Q1, Q2, Q3, Q4 are weighted 22.5% each in the overall grade for the course.

HONORS CONCERT BAND Course Description: This course is for highly motivated CONCERT BAND students. In addition to the concepts addressed in Concert Band, students are responsible for a more challenging curriculum. Students will also be expected to participate in three of the following activities: Central District Auditions; Student Artist Recital performance; Jazz Band; consistent private lessons on primary band instrument; MICCA Solo/Ensemble Festival and special project assigned by teacher. All students are required to participate in marching band including pre-season and after school rehearsals, parades and community events. Students are expected to attend all concerts and performances as part of the grading requirements. **This course may be repeated for credit.

Please Note: Due to the fact that this is a performance-oriented class, performance absences will count as missed tests and result in the student’s grade being lowered 1 – 2 letter grades (for example: from A to B or B to C), unless the absence is excused. Concert absences will be excused only in the event of serious illness or family emergency.

HONORS CONCERT BAND and 8th GRADE BAND HONORS

Students who participate in Marching Band with good attendance and complete the season will fulfill the honors credit requirements for Concert Band or 8th Grade Band. If your student is unable to complete the season, a parent teacher conference may be needed to determine how to fulfill the honors credit requirement or the student change to standard level credit.

ATTENDANCE POLICY

We do our best as an ensemble and team when everyone is participating to their best ability. Every effort has been made to avoid conflicts with the BHS Athletic Schedule and other BHS Events. While we understand that conflicts may arise, we need everyone to commit to the best attendance. Unexcused absences will jeopardize your participation in the next performance. Legitimate conflicts due to a school sports game or significant family event (ex. wedding or funeral) should be communicated as far in advance as possible.

Homework = Regular Practice

Each student is expected to practice his/her instrument at home on a regular basis. **Daily practice IS vital to having the best performance and contributing equally to your team.** Regular practice on each instrument is crucial to improvement in endurance, range, tone, intonation, technique, rhythm, and expression. Color Guard needs to practice movement, carriage and dance at home as well. Practice should be regular, intelligent, and consistent. Twenty minutes of practice each day is better than two hours of practice once or twice a week. Even if you know your music/carriage well there is always room for improvement and to hone your skills as a leader in the ensemble and team.

Here are some tips to help with your practice sessions:

- Each week, we will have priorities and goals for rehearsals, try to align your home practice with things we are currently working on.
- Schedule a regular practice time. Parents can help by reminding their students of this!
- Set up a place in your home to practice – someplace quiet and without many interruptions.
- If you're having problems working out a passage, stop and think! Try it slowly, try clapping the rhythms, break it into smaller sections, ask your section leader or director for help.
- Use the musical excerpts in Google Classroom to help you!
- Ask for help on how to practice from the music staff and section leaders.

Performance Attire

We take great pride in the way that we sound musically, and the same attitude should be applied to how we present ourselves in public. Uniforms are property of the music department and therefore, great care should be taken to return them in the excellent condition in which you received them.

Concert Band students will be loaned a uniform for the school year - Tuxedo or black blouse and black skirt or combination of these items as needed. The student is responsible for the proper care and maintenance of all pieces, including dry cleaning when necessary. ***Immediately after each performance these items should be hung on a hanger to avoid damage to the permanent pleats and hems embedded in the fabric.*** This not only protects the uniform but will save you time and energy with cleaning and ironing later. At the end of each year, students must have the tuxedos and marching uniforms dry-cleaned and returned to the school by the appropriate deadline. Blouses and skirts must be hand-washed in cold water and laid flat to dry. The blouses should be turned inside out to hand-wash. Never put the blouses in the washing machine or clothes dryer (not even on a hand-wash or gentle cycle). Students and their families will be responsible for the replacement cost if these items are not returned in the same condition they were received in. If a student leaves BHS before the end of the year due to transfer or alternative plans, the student must return these items as soon as possible.

Approximate replacement cost of a Concert Band uniform \$100 tuxedo, Blouse \$55, skirt \$50.

Approximate replacement cost of a Marching Band uniform \$450.

8th Grade Band students should wear their own performance attire according to these guidelines. BHS dress code should be followed at all times.

Option 1: white on top, black on bottom:

- White top for everyone. Must have sleeves! No sleeveless tops. Please avoid sheer materials. If the shirt is thin/see-through, please wear an undershirt. Examples: white blouse, shirt, sweater, button-up shirt (long ties are preferred with button up shirts but are optional).
- Black on bottom for everyone. Examples: pants, skirt (below the knees when sitting).

Option 2: Wear all black concert attire in a dressy fashion. Example a black dress with short or long sleeves (no sleeveless dresses) OR a black dress shirt and black dress pants.

- Black shoes for everyone. No sneakers. Black socks or black or neutral nylons/tights.

- Hair should be drawn back from face.

Instruments & Equipment

Instruments – Some students may borrow large school-owned instruments on which to perform. Instruments borrowed from the school are loaned at no cost BUT the student and the family must be responsible for all maintenance and repair costs. These instruments will be loaned out in good playing condition and must be returned in the same manner. Any school-owned instrument that requires repair must be sent out to repair by the Director. No student should take any school instrument to any repair shop unless it is approved by the Director. And of course, no student should ever try to repair an instrument by themselves - in most cases the instrument will be further damaged and the repair cost even greater in the end.

- School-owned instruments should be carefully maintained to ensure they remain in top playing condition. This maintenance may include oiling valves, greasing slides, swabbing, polishing, etc. Instruments must be stored properly in cases and stored on shelves or in music lockers when not in use.
- Student-owned instruments may be repaired by a technician of the student's choice, most likely the vendor from which you purchased or rented. We do, however, have service technicians that will pick up and drop off instrument for repair directly to the school, saving the family a trip to the music store. Any student who needs some repair on their instrument should see the Director for a repair tag. It will be placed in the music office to wait for the proper technician. The repair bill will be emailed to the student's family or available by calling the vendor's store. Please note that some vendors may call the student directly with the cost and a parent/guardian can pay the cost over the phone with a credit card.

Music Accessories & Equipment – Throughout the year, students may need to purchase equipment for their instruments: oil, reeds, straps, swabs, etc. Students can make this purchase easier by filling out order forms from a local vendor. These local vendors will deliver to the school – saving student's time and energy. Order forms can be obtained from Ms. Forte. Students should return these forms with proper payment. Ms. Forte will order the necessary items and it will usually be delivered within a few days time to the school.

Percussion students should have their own set of basic snare sticks. We will provide the specialty sticks and mallets and beaters needed for concert band.

Music Folders & Literature

Music and Folders - Each band student will receive a music flip folder and many pieces of sheet music throughout the season. Folders and music are the property of the music department – any student who fails to return these items will be billed accordingly for their replacement. If replacement folders or music are needed, the student should notify the band librarians or music staff as soon as possible. Students will be given their own sheet music and should not share with other students.

Band Lockers

Band Room Lockers – Each student has permission and access to use a locker in the band room to store music, instruments, equipment and accessories. This locker is loaned to the student and should be kept in good working order throughout the year. Students should not leave trash, food wrappers, or empty drink containers in these lockers. Students may bring a combination lock to use on their band room locker; please do not use padlocks that require keys. Student lockers in the band room follow the same rules and regulations as outlined in the BHS Student Handbook.

Private Music Lessons

Private lessons are an important part of a young musician's development. As a student progresses through middle school and into high school band, the demands on the student musician become greater as the music becomes more complex. Having a private teacher to turn to with questions and to closely monitor the continued growth of the young musician is highly important.

Students may take lessons in the district (coordinated through the Bellingham music staff) or through a teacher outside of the district (coordinated by the individual student/family). We ask that all students interested in taking private lessons, regardless of where, register via our online Private Lesson Form.

The Bellingham Friends of Music (BFOM) is offering scholarships to music students at Bellingham Memorial School (BMS) and Bellingham High School (BHS) to help defray the costs of private or small group lesson instruction. All lessons (on the student's primary instrument) are eligible for a BFOM scholarship. Lesson rates typically vary between \$18 and \$25 per half-hour lesson depending on the teacher.

Please read the private lesson website for more information regarding lesson timeline and scholarships through the district.

No Hazing Policy - from BHS Student Handbook

In accordance with Massachusetts General Laws, Chapter 536 of the Acts of 1985, the School Committee hereby deems that no student, employee or school organization under the control of the School Committee shall engage in the activity of hazing a student while on or off school property, or at a school sponsored event regardless of the location. No organization that uses the facilities or grounds under the control of the School Committee shall engage in the activity of hazing any person while on school property. Any student who observes what appears to them to be the activity of hazing another student or person should report such information to the Principal including the time, date, location, names of identifiable participants and the types of behavior exhibited. Students and employees of the District are obligated by law to report incidents of hazing to the police department. Any student who is present at a hazing has the obligation to report such an incident. Failure to do so may result in disciplinary action by the school against that student and could involve suspension from school for up to three days. Any student who participates in the hazing of another student or other person may, upon the approval of the Superintendent of Schools, be suspended from school for up to ten (10) school days. Any student determined by the Principal to be the organizer of a hazing activity may be recommended for expulsion from school but will receive no less disciplinary action than that of a participant. In all cases relating to hazing, students will receive procedural due process.

Bellingham Friends of Music Meetings

The Bellingham Friends of Music is a certified non profit 501c3 organization that supports the music programs at BMS and BHS. The purpose of the Bellingham Friends of Music is to:

1. Promote the best possible musical education for all students;
2. Broaden the cultural opportunities of the students;
3. Increase the performing and creative skills of students through exposure to all forms of music;
4. Provide incentives for those students with extraordinary musical talent;
5. Make scholarships available to graduating seniors pursuing higher education who have participated in one or more of the programs for band, chorus or color guard.

The BFOM will meet monthly during the 2022-2023 school year. Regular meetings will be held on the 1st Tuesday of each month at 7:00 p.m. at BHS. We will also make a Zoom link available to those individuals who are interested but not able to attend in person. All parents/guardians of music students in Color Guard, Chorus, Band at both the Memorial School and High School are invited to attend.

2022-2023 BFOM Meeting Dates:	
Tuesday, September 6, 2022 at 7:00 p.m. Tuesday, October 4, 2022 at 7:00 p.m. Tuesday, November 1, 2022 at 7:00 p.m. Tuesday, December 6, 2022 at 7:00 p.m. Tuesday, January 3, 2023 at 7:00 p.m.	Tuesday, February 7, 2023 at 7:00 p.m. Tuesday, March 7, 2023 at 7:00 p.m. Tuesday, April 4, 2023 at 7:00 p.m. Tuesday, May 2, 2023 at 7:00 p.m. Tuesday, June 6, 2023 at 7:00 p.m.
If you opt to join Zoom Meeting, it's the same link for every month: https://bpsdk12-org.zoom.us/j/84064186485?pwd=U0hJdW84VGRENHMrbjBNaENrSmNZZz09 Meeting ID: 840 6418 6485 Passcode: 573112	

BELLINGHAM FRIENDS OF MUSIC FACEBOOK GROUP

If you are interested in learning more about how to help our organization, please consider joining the Facebook group for Bellingham Friends of Music.

<https://www.facebook.com/groups/bellinghamfriendsofmusic>

BELLINGHAM FRIENDS OF MUSIC EMAIL LIST

The Friends of Music will be using a separate email list this year. As teachers, we cannot give your email addresses to the BFOM without your permission. If you would like to be included in the BFOM Email list, please type your email address(es) into the handbook agreement form response area. You can include multiple addresses and family members.

BFOM Officers 2022 - 2023	
President Beth Sullivan, beth@bbsullivan.com Vice President Bev Pierce Treasurer Sarah Doyle	Secretary Kim Hughes Concession Stand Director Lissa Giosi Apparel Chair Katie Hunt

Bellingham Friends of Music Concession Stand Volunteer Information

Hello Volunteers,

First, we thank you very much for helping out with this fundraising effort. It means a lot to the program and the students enrolled in it! Here are a few helpful hints if you will be joining us.

When you show up for your shift you can park on the lawn right next to the gate to the concession stand at the football field on Blackstone Street - it's the cinder block building that is grey and black between BMS & the football field. This area is only for folks working the event, not for game attendees.

When you arrive, we will review some basic procedures with you and then we can start serving customers. If you have any questions, please ask. Everyone starts somewhere and we don't expect you to know everything. We will gladly answer any question you have. You will find out that it is a lot easier than you might think, and a lot of fun too. We will review some safe food handling procedures, hand washing and glove wearing. We never mix food handling with money handling so there are different volunteers assigned to different task areas.

We look forward to a successful fundraiser with your help. Thank you again for stepping up and being a part of this season!

Sincerely,

Lissa Giosi, BFOM Concession Stand Chair, Lissa.giosi@gmail.com



Concession Stand Volunteer Sign-Ups

scan the QR code on the LEFT

<https://www.signupgenius.com/go/10c0d4da5a62eabf49-bfom1>

<<<<<-----

**Bellingham Friends of Music Concession Stand
Donation Sign-ups on the RIGHT ---->>>**





Who are the Bellingham Friends of Music?

BFOM is a certified non-profit organization that works with music teachers to support the school music program in Bellingham: Grades 4 - 12: Bands, Choirs, and Color Guard programs

What do they do?

BFOM supports the music program by raising funds, facilitating events, clinics and field trips, helping with organizational tasks, music education advocacy, and music more!

Where does the money go?

Funds raised every year go to a variety of different areas: scholarships for private lessons, scholarships to graduating seniors, summer music camp scholarships, uniform purchases, equipment purchases, new instrument purchases, honorariums for visiting conductors, enrichment opportunities for music students & music teachers, transportation costs for students, and much more!

How can I get involved?

- Come to a BFOM monthly meeting: First Tuesday of the month at 7:00 p.m. in the BHS Library
- Sign-up to help at a fundraiser or event
- Apply for employer grants or donations to benefit BFOM or music program
- In-kind donations of services or goods

Wow! They sound pretty great! I'll help out this year at an event!

I'm glad you asked! :)
We would love to have you help out this year!

PARENT GUIDE

Welcome to the Bellingham High School Band Program. The following parent guide will provide you with information regarding ways in which you can help support our student musicians.

HOW CAN PARENTS HELP?

1. Your interest and praise is what matters most. Invite family and friends to concerts!
2. Enroll in Google Classroom and help your child stay up-to-date on assignments.
3. Encourage your child to play for others when the opportunity arises – in the home, at school, and in the community.
4. Arrange a regular time for playing, ten minutes per day, in a quiet place at home.
5. Provide a safe place to store musical instruments. Having a music stand and metronome helps.
6. Be very careful with school-owned instruments. The costs of repairs are very high.
7. Help keep the instrument in good repair with reeds, valve oil, etc. in the case.
8. Share any info that will help me to understand and better educate your child.
9. Become an active member of Bellingham Friends of Music or chaperone for an event.
10. Expose your child to all kinds of music. Encourage your child to borrow musical recordings from the library, and go to symphony concerts, musicals, open-air concerts, parades, ethnic music performances, and high school or middle school concerts. Ask the band director for more listening examples.

TIPS FOR MOTIVATING YOUR STUDENT

1. Listen to them play! Ask them to perform what they're learning in band!
2. Assist your student in their playing at home. Don't worry if you do not have a musical background. What your child needs from you is not musical expertise, but patience, encouragement, and support.
3. Be very generous with your interest and praise. Credit each achievement with some form of recognition.
4. Encourage them to play a little every day! Even during commercial breaks of a television show is great and splits up the practice time.
5. Tell them it's ok to break down the music into smaller chunks and to practice slowly at first until they get it. Remind them that practice makes permanent! Therefore, only perfect practice makes perfect!

HANDBOOK AGREEMENT

Now that you've read the handbook, please scan this QR code and complete the online Google form by Tuesday, September 27, 2022.



You will have to type in contact information, it might be easiest to do with your student on their chromebook rather than a cell phone.

We need to make sure we have your emergency contact information on file so please be aware of the deadline.

Thank you!!!