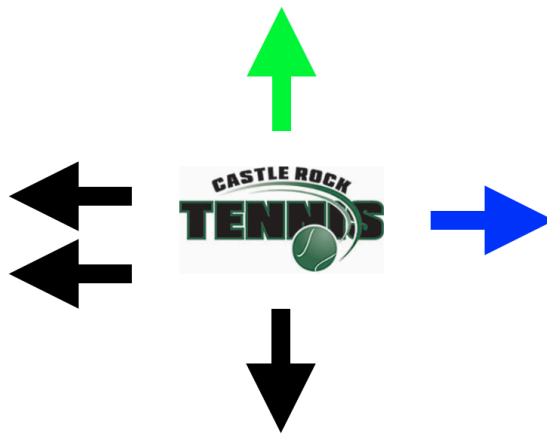




Our Pathway

Tennis is more fun the better one gets at the sport. This is why it is critical to give our youth tennis players a foundation that allows them to keep improving their tennis skills. This season, all players will need to be placed in the appropriate program that will allow for them to gain the skills needed for the next progression. Our progression is as follows:

• Green

- Players of all ages that are new to the sport or still gaining mastery of the fundamentals. This is where players learn the correct technique and movement to rally the ball back and forth.

• Blue

- Players can sustain a rally but need more skills to hit with spin. We focus on the appropriate stances and technique to hit with spin. Players also gain the fundamentals for the correct technique on the serve and volley. Players will get an introduction on competitive play and keeping score in matches.

• Black Diamond

- Players can hit with consistency and begin to use spin on all strokes (groundstrokes, volleys and serves). We will work with players in this group on their court positioning (singles and doubles) as well as the proper technique to hit with consistent spin on all their strokes.

• Double Black Diamond

- Players have gained the skills to hit all types of spin in any part of the court. They can hit with power and move efficiently on the court. Consistent match play is required in this group. Players will get advanced teaching on their footwork and strategy.

****Please note that finishing a program does not mean the player is necessarily ready for the next color. There are a lot of variables and can take players a range of time to get the correct skills to move on. Attending the same colored program multiple times is common and should be expected.***