

*Note: Green text is **Jackson**,*

Guest Introductions:

Name: Dr. Sapa Pham

Job Title:

Company:

Years in Profession:

Details, awards, anything else you want us to mention:

Dr. Sapa T. Pham is a native of southern Louisiana and graduated from the Louisiana School for Math, Science, and the Arts. She received a Bachelor of Science in Nursing from Wichita State University and worked at Methodist Hospital in Houston, TX. Dr. Pham then went on to complete her medical degree at Southern Illinois University School of Medicine where she graduated with Alpha Omega Alpha honors and was elected to serve on the admissions committee. She completed her general ophthalmology residency and vitreoretinal surgical fellowship at Louisiana State University where she was elected chief resident, served on the graduate medical education committee and received the resident excellence in teaching award. In her spare time, Dr. Pham enjoys spending time with her family, cooking, traveling, and running

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Show Intro: What's up y'all welcome to the Sports Medicine Broadcast, "Eye Injuries from sports with Dr. Pham # 188"

Topic: This week our guest is... Dr. Pham

**Introductions: I am your host Jeremy Jackson____,
and with me today is Ivett, Josh, Jazmine, Cooper,
Tiana_____**

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Topics:

Questions from presentation:

perforating

intraocular

laceration

**corneal abrasion - decreased vision light
sensitivity**

lubricate the eye

Iritis -

Hyphema - bleeding from iris vessels

iris sphincter tear
iridodialysis
lens subluxation
comotio retinae
retinal tear
retinal detachment

JM: What are the most common eye injuries in sports ?

TM: What we see most is dirt or getting poked in the eye. so what can we do about that

Cooper: How can we treat them on the field?

JM: What do we need to look for once we get them off the field ?

TM: what are some things we should avoid doing when treating eye injuries?

JM: What can we do to prevent eye injuries?

How should an Athletic Trainer go about getting an ophthalmologist on as part of the Sports Medicine team

Article from Mike McKenney:

<http://www.bocatc.org/blog/at-life/treating-eye-inj>

[uries/](#)

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December code

Contact Dr. Pham -

Contact US:

via our website:

www.sportsmedicinebroadcast.com

Watch live almost every Wednesday on our website

and join in the conversation by following the links

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For Jeremy, ___ ___ ___ that's a wrap

**Tweets: we dont have a full eyeball.
lubricate the eye .**