

# Future Self Coaching Template

**Me:**

*[Briefly explain a problem or challenge that you're facing.]*

**Me in 10 Years:**

*[Give specific advice and ask thought provoking questions.]*

**Me:**

**Me in 10 Years:**

**Me:**

**Me in 10 Years:**

**Me:**

**Me in 10 Years:**

**Me:**

**Me in 10 Years:**

**Me:**

**Me in 10 Years:**

**Me:**

**Me in 10 Years:**

**Me:**

**Me in 10 Years:**

**Me:**

**Me in 10 Years:**