

## April 22: Food and the Senses

### Here Is the Process:

#### First 5 minutes:

- Divide yourselves into groups of 4-5 students. Introduce yourselves to each other (Name, Year in School, Major). Write the names in your group in the space provided. Make sure everyone's name is included to document participation credit.
- Identify a note taker to document your discussion in your group's workspace.

#### Second 5 minutes:

- Decide which of the question(s) on the PPT you would like to focus on. Or you can decide to discuss any other questions that occurred to you during the lecture. Go around the group to get everyone's suggestions.

#### The next 10-15 minutes

- Exchange your thoughts on the question(s) you have picked. Make sure everyone has a chance to speak.
- Indicate on the workspace when you feel you have concluded and are ready for the larger discussion.
- Two-minute warning will give you a bit of time to determine as a group your most important points to communicate.
- Identify a rapporteur who will be willing to summarize your discussion to the class

**Check "Done!" so we know when to bring the class back together.**

### Discussion Prompt:

- How is food always more than just food?
- How are the senses invoked?
- What examples of synaesthesia can you find?
- What struck you as most poignant in Slater's account? Why?
- What do we learn about the larger social setting (e.g., gender/class/the industrialization of British postwar food culture, etc.)?

| Group # | Student Names                                                                                            | Group Notes                                                                                                                                                                                                                                                                         | Done! |
|---------|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| 1       | Camila Gomez<br>Mia Rapp<br>Aaron Hwang<br>Marina Cavalli<br>Teddy Berman<br>Sam Michael<br>Karely Rojas | <ul style="list-style-type: none"><li>- Waking up to the smell of bacon, dad making bacon in the morning and going downstairs to eat breakfast before school started.</li><li>- Food informs meaningful childhood memories</li><li>- Sounds of the cooking in the morning</li></ul> | X     |

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|   | Grace Fang                                                                                               | <ul style="list-style-type: none"> <li>- Pancakes with perfect tops and burnt bottoms</li> <li>- Cooking together with family <ul style="list-style-type: none"> <li>- Time periods associated with food</li> <li>- Times, place and people</li> <li>- Nostalgia we get from our senses</li> </ul> </li> <li>- Examples of synaesthesia <ul style="list-style-type: none"> <li>- Different colors representing different school subjects</li> <li>- Different music genre showing different colors</li> </ul> </li> <li>- British post war food culture: Many foods have been destroyed because of rations as we try to preserve food. They don't see taste as important in food and focus more on just feeding the people.</li> </ul> |   |
| 2 | Maddie Buehrer<br>Estelle Roberson<br>Rebecca Himeda<br>Ginger McCormick<br>Phoebe Clifton<br>Juan Jocom | <ul style="list-style-type: none"> <li>• Even simple foods, like toast, can be a representation of care</li> <li>• Everyday care and ritual as a reinforcing concept</li> <li>• Food is a part for community building</li> <li>• Food can also become a sense of cultural and ethnic identity</li> <li>• Food becomes technology though GMO, becomes a way to solve societal issue for example during a wide spread nutrient deficiency (Golden rice, Iodine Salt, Fortified Cereals)</li> <li>• What is food anthropology? Goes beyond the ritual of it</li> <li>•</li> </ul>                                                                                                                                                         |   |
| 3 | Helen Neuroth<br>Diana Bedolla<br>Myia Calcerano<br>Kaden Vongsa<br>Kenzie Chan                          | <ul style="list-style-type: none"> <li>- Food isn't just sustenance, it is a lifestyle, part of culture, forms our habits, and rituals. Attaches people with it</li> <li>- In Slater's reading, it was easy to understand And feel the embodied experience of the cooking Even though there were no descriptions of taste</li> <li>- Slater's reading takes into account all The senses in his descriptions</li> <li>- His memories mix both memories of food And stories of his family</li> </ul>                                                                                                                                                                                                                                     | X |
| 4 | Asa Harris, Natalie Hutts, Vivian Chu, Luka Painter                                                      | <ul style="list-style-type: none"> <li>• Slater as an example of food is more than just food (describing food as a memory)</li> <li>• Christmas cake as an expectation, but his</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | X |

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|   |                                                                                                                | <p>mother did it anyway and hated to do it</p> <ul style="list-style-type: none"> <li>• Memory as love and love as an ingredient</li> <li>• Togetherness as the love despite his mother's reluctance to cook</li> <li>• Seasonal foods bringing in happiness</li> <li>• His mother's touch (despite lack of skill) as a symbol of tradition</li> <li>• How a lack of skill can become a preference (lumpies vs smoothies!)</li> <li>• Family dynamics and personality within Slater's family. EX: making fruit jam tarts- the mother laughs when the husband burnt his mouth <ul style="list-style-type: none"> <li>○ Gender role of mother having to cook celebration meals and provide for family</li> <li>○ Grandparents who may get tired of making specific foods but still don't trust younger generation in some way in order to preserve tradition (1940s generation)</li> </ul> </li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                       |   |
| 5 | <p>Nadine Urvater<br/>Lisa Huynh<br/>Hail Albalawi, Lulu Yardley<br/>Sammie Kuhia,<br/>Katheriya Kannathip</p> | <ul style="list-style-type: none"> <li>- Food can be used as ways of support <ul style="list-style-type: none"> <li>- Can hold people together</li> </ul> </li> <li>- Memorializing someone that passed away</li> <li>- Food can set the tone or the mood of a setting <ul style="list-style-type: none"> <li>- Cake, funeral food</li> </ul> </li> <li>- Cooking for someone or bringing together food</li> <li>- Smells can bring back memories i.e the senses <ul style="list-style-type: none"> <li>- Whether negative or positive</li> </ul> </li> <li>- Can remind you of a place</li> <li>- Taste and visuals are also key (ex. Remembering a bday cake)</li> <li>- Ex. the smell of McDonalds gives me a visceral reaction when I smell it <ul style="list-style-type: none"> <li>- Can picture myself there/ know what it will taste like</li> </ul> </li> <li>- Smelling grass/wood chips <ul style="list-style-type: none"> <li>- Remembering those scents</li> <li>- Tastes?</li> </ul> </li> <li>- Slater's <ul style="list-style-type: none"> <li>- The food was the most memorable</li> <li>- Burning things, coughing really hard, asthma attacks</li> <li>- Family dynamic was interesting <ul style="list-style-type: none"> <li>- Very old aunt</li> <li>- Dementia and deaf, needed</li> </ul> </li> </ul> </li> </ul> | X |

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|   |                                                                                                                                   | to be spoon fed                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |   |
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| 6 | Natalie Holmsten,<br>Katie Gonzalez,<br>Sandy Vu, Barbara<br>Bizilia, Laynee<br>Resnikoff, Adeline<br>Schmidt, Daniela<br>Morales | <ul style="list-style-type: none"> <li>- Food is not just food, associated with memories and history</li> <li>- You don't just taste it but feel other senses too</li> <li>- Can't recall taste, only recognizing, can't re experience the taste</li> <li>- Eating food relating to other senses, such as who you're with or what you're listening to (a certain song)</li> <li>- Understanding how food impacts our bodies</li> <li>- Cultural perceptions of taste</li> <li>- Industrialization (food as fuel vs as an experience)</li> <li>- Food allergies <ul style="list-style-type: none"> <li>- Eating becomes a chore when you can't eat anything you want</li> </ul> </li> <li>- Food and comfort (warmth)</li> </ul> | X |
| 7 |                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |   |
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