

Mounds View Boys Swimming Lettering Criteria 2021-22

In order to receive a varsity letter in swimming, athletes must meet both of the following requirements:

- 1) Be at practice at least 80% of all practices for the season. (Absences, even excused ones, are counted against you)
- 2) Achieve one or more of the following:
 - a. Have completed 4 or more consecutive years as an athlete on the team.
 - b. Seniors with less than 4 years completed on the team may be considered by coaching staff to letter if they demonstrate exceptional contributions to the team in some way.
 - c. Be selected to compete in the Section meet at the end of the season.
 - d. During a swim meet or time trials, achieve a “lettering time” for an event, as listed below. These are calculated from a 4-year average of 16th place at Section Finals, never increasing more than 1% up in a single year.

Swim Lettering Standards 20-21

200 Free	2:03.46
200 IM	2:24.58
50 Free	:24.45
100 Fly	1:03.85
100 Free	:55.71
500 Free	5:47.98
100 Back	1:06.32
100 Breast	1:12.91

Swim Lettering Standards 21-22

200 Free	2:04.69
200 IM	2:26.03
50 Free	:24.41
100 Fly	1:04.15
100 Free	:56.23
500 Free	5:51.46
100 Back	1:06.77
100 Breast	1:13.64