

Lady Shark
Volleyball Information
Shark Extracurricular Activities



Students will need to attend in-person classes in order to participate in extracurricular activities

Practice will begin:

Monday, August 3rd at 8 AM until 12 PM.

****** Please remember to bring a lite snack ******

Tuesday 8/4, Practice 8-12

Wednesday 8/5, Practice 8-12

Thursday 8/6, Practice 8-12

Friday 8/7, Practice 8-12

Monday 8/10, Practice 3-530

Tuesday 8/11, Varsity @ Chester 430

*****Will give out the next weeks schedule during practice*****

**** Reminder: PHYSICALS ARE DUE BEFORE ATHLETES ARE ALLOWED TO PRACTICE.**

**** Physical paperwork can be found online at**

<https://drive.google.com/file/d/1P1xZUwXwJ7kzs9zmoP7rw39CKmAoHkfa/view?usp=sharing>

If you have any questions, please email me amyers@sabinepass.net

Thanks,

Coach Andie Myers