

2025 Skrepenski Track & Field Day Order of Events

Session 1 begins at 4:30

Boys go to their chosen field event and girls go to their chosen running event. A 10-minute demonstration will be given. Following the demonstration, at approximately 4:45, the girls running event competition and boys field event competition will begin.

Order of events in Session 1

Boys – High jump, Long jump, Triple jump & Shot put

Girls – Hurdles (24” high, 5 hurdles over 50 meters)

Sprints (50 meter – 4th grade & 100 meter – 5th & 6th grades)

200 Meter Run

400 Meter Run

Session 2 will begin at the conclusion of Session 1

Girls go to their chosen field event and boys go to their chosen running event. A 10-minute demonstration will be given. Following the demonstration, the boys running event competition and girls field event competition will begin.

Order of events in Session 2

Girls – High jump, Long jump, Triple jump & Shot put

Boys – Hurdles (24” high, 5 hurdles over 50 meters)

Sprints (50 meter – 4th grade & 100 meter – 5th & 6th grades)

200 Meter Run

400 Meter Run

Session 3 will begin at the conclusion of Session 2 (NEW FOR 2025)

All 4x100 teams should report with their school phy ed teacher/administrator to the track building on the south west corner of the field. The high school coaches will meet there to go over the rules of the 4x100 and will take the teams to their starting positions. Girls heat will go first, followed by the boys.

***Traveling trophy will be awarded to the fastest girls & boys teams (schools.)**