

welcome to the MAMMOTH



presented by

CRAFT 

sept 26—30, 2025

mammoth lakes, ca

** The Mammoth race has received all Forest Service permit approvals.*

welcome to theMAMMOTH!

we are happy to have you here.

This race is a labor of love, born out of a desire to showcase the incredible beauty of the eastern sierra, and to create an adventure of a lifetime with the community and quality that you know and love from **trailfest**.

Your adventure starts and ends in Village at Mammoth, California, elevation 8,050ft. From the Village, you'll head straight up, summiting Mammoth Mountain and reaching the high point of your race at 11,053ft... for the first time. From there, you can soak in the 360 degree panoramic views of your loop around the Eastern Sierra and the little-explored Glass Mountains. If you think this sounds like an epic start to a 200 mile race... you're right!

The views are expansive, the desert floor is high, and sagebrush perfumes the air as you meander through ever-changing geography both overhead and underfoot. This is a race like none other, and we cannot wait to see you dig in.

Hilary Yang — co-race director
Tim Tollefson — co-race director

runner policies

RUNNER POLICIES

Race Fees

- ☐ \$1495 early bird pricing in effect from Jan 1 - Feb 28. Price increases to \$1595 from March 1 - April 30. Price increases to \$1695 after April 30 or until event is sold out.

Event Cancellation

- ☐ **PERMIT EXCEPTION: *As of 05/29, all permits are in place.***
 - ☐ *Pre-permit approval policy: We are very confident that we will be granted our final permits, but in the event that we are not, there are two scenarios: 1) we will implement our plan B route options and do our very best to navigate around those areas of concern and still put on an amazing event for you. 2) in the event that we cannot find a workable solution, we will offer runners either a 100% refund or deferral to 2026.*
- ☐ trailfest. reserves the right to cancel or postpone THE MAMMOTH due to a force majeure event, including, but not limited to, acts of nature (e.g., storm, fire, smoke, earthquake, flood), acts of government, strike, lockout, civil disorder, war or commandeering by any agency of government, pandemics, epidemics, and quarantine restrictions, or other unsafe conditions, as solely determined by trailfest. Please be aware that wildfires are a serious risk in the area. Permits to hold the event are also subject to USFS, LADWP, BLM, Cal-trans, and TOML approval and they have the right to revoke permits at any time. Secondary to fixed costs of organizing this event, refunds will not be given in the event of cancellation. Practical efforts to fairly resolve unforeseen cancellations will be made.
- ☐ AQI: As is the case with the American West, fire season each year in California is becoming longer and more intense. The safety of our participants, volunteers, and spectators is of utmost importance and Mammoth Trail Fest, including theMAMMOTH, reserves the right to cancel

or postpone the event due to weather, smoke, force majeure, or other unsafe conditions that may impact the safety of participants, volunteers, or spectators. Permits to hold the event are also subject to USFS approval and they have the right to revoke permits at any time. Secondary to fixed costs of organizing this event, refunds will not be given in the event of cancellation. Every effort to fairly resolve unforeseen cancellations will be made and Village Festival will continue regardless of individual event cancellation

- ☐ In the case of runner withdrawal prior to the event we will honor the following credit policy;
 - ☐ Prior to May 30: 75% deferral towards next year's event and a guaranteed entry
 - ☐ May 30 to August 1: 50% deferral towards next year's event and a guaranteed entry
 - ☐ After August 1 no deferrals accepted

Experience and Qualifications

- ☐ **This is a very difficult and strenuous race.** The average altitude is above 8,000ft, which is high enough to feel it and may cause illness without physical exertion. We do not have a set qualifying process for our runners, but we expect you to know your own experience and physical capabilities, and to consider the grueling nature of a 200 mile race BEFORE you register. You should have prior trail ultra distance experience, fastpacking experience, experience at similar elevation levels, and be comfortable carrying a pack with mandatory gear over long distances in mountainous terrain and weather conditions. While the course will be carefully marked with reflective tape, ribbons, you will be required to have a GPS map of the course with you at all times, we also expect you to be comfortable with self-navigation in the event of an unforeseen scenario.
- ☐ Runners must be 18 years of age or older on race day, unless you've obtained written permission from trailfest. in advance.

Runner and Crew/Pacer Rules

- ☐ **Respect:** Respect the race, the distance, and the safety of yourself and your fellow runners at all times. By registering, you are trusting us to create a safe and well executed adventure – and we are trusting that you will show up with the proper training and experience to properly participate (and we will still love you wherever your finish line is).
- ☐ **Transgender Athlete Policy:** At trailfest. our goal is to create a safe and respectful place for everyone .We will accept each entrant’s declared gender at face value, and no additional supporting evidence is required.
 - ☐ A transgender female (male-to-female) entrant can register to compete as a female, provided they have undergone continuous, medically supervised hormone treatment for gender transition for at least one year prior to the race.
 - ☐ A transgender male (female-to-male) entrant can register to compete as a male. Transgender male runners cannot register to compete as a female if they have begun hormone treatment for gender transition, that includes testosterone or any other banned substance (as defined by the World Antidoping Agency).
 - ☐ Runners may compete in the category of their sex assigned at birth if they have not undergone hormone treatment.
 - ☐ Transgender entrants, at their option, may provide medical documentation related to their transition to the Race Director and/or Medical Director(s) prior to the race. All information about the runner’s gender identity and medical information, including any information provided pursuant to this policy, will be kept strictly confidential.
- ☐ **Challenges of Results Involving Transgender Athletes:**
 - ☐ The race has adopted this policy and the ability to challenge results out of a desire for inclusion and fairness. As such we expect all parties to behave in a manner that is honest, compassionate, and respectful. We will not tolerate hateful or discriminatory behavior by any of our runners, or those associated with the race, regardless of the cause.
 - ☐ Challenges may be made to results, which are directly related to a runner’s self-declared gender, only when a top 5 position is at stake. A challenge must be made in writing or email to the Race Director

within 10 days of race completion and must be submitted privately and with the utmost discretion and respect for all parties involved.

- ☐ Neither party may publicly post or discuss the challenge until a decision has been reached by the race. Challenges not related to a runner's gender status, such as course cutting or other rule violations, will be handled in the normal process.
- ☐ In the event of a challenge, or as deemed necessary, the race may request supporting documentation from a medical professional. All information about the runner's gender identity and medical information, including any information provided pursuant to this policy, will be kept strictly confidential. The Race Director, with input from the Medical Director(s), will review the relevant facts and make a final decision.
- ☐ If the runner is not in compliance with this policy, they will forfeit any place positions but will retain their official finish. Any announcements made by the race will simply state whether a runner was or was not in compliance with our policy and the associated action taken by the race. We will not disclose, unless requested or allowed by the transgender runner, any medical information related to the decision.
- ☐ **Mandatory Gear:** You must carry the mandatory safety gear (as outlined in the runner manual below). There is a minimum amount of safety gear that you must have with you at ALL TIMES, and we reserve the right to implement the "Extreme Weather Gear" requirements, at any point before the race start. This gear is required for your safety, as well as the safety of our entire race organization.
- ☐ **Spot Trackers:** All runners will be given a Spot tracker before the start of the race (trackers can be picked up at the start line from 5:00am - 5:45am on race morning). If you do not finish the race, you must leave your spot tracker at the aid station that you drop out at.
- ☐ **Pacers and Aid:** You may only pick up and leave your pacers at the designated aid stations. Pacers and crews may not meet you or provide any aid outside of the aid stations (within 500ft of the aid station is considered acceptable). For safety reasons, you cannot leave your pacers in between aid stations, so please choose your pacers wisely. All pacers must carry the mandatory gear and have the course GPX on their person at all times. *Pacer gear will be checked when they pick up their pacing bib*

and sign their pacer waiver form, which will be at the aid station where your pacer intends to join you. Pacers must check in with the aid station captain for a gear check and their bib. Pacers may be picked up starting at Crowley Lake, at mile 57.3. There is **ABSOLUTELY NO** muling allowed from your pacers or otherwise, including, but not limited to, gear/supplies/food/water. Violation of these rules is ground for disqualification, at the sole discretion of the race organizers.

- ☐ **Crew/Pacer Parking:** Vehicles must be parked off roadways, without obstructing public road crossings or in any way damaging vegetation (this includes walking/camping on the desert vegetation off trail, which is an extremely sensitive environment). Pacers, should arrange for a ride to the aid station that you intend to pick your runner up from, as our aid station parking space is limited and reserved for crews that are actively awaiting or crewing their runner. Pacer and crew vehicles must not be parked along state/numbered highways. Please respect all aid station volunteers and obey any instructions on where to park.
- ☐ **Media:** We come from a media background and we love storytelling, so we are happy to have you document your race or bring along media to help you do so. **If you choose to have a media crew, they must fill out the media permit form on our website PRIOR to the race**, and receive written permission to be on course. Media are expected to follow all of the same rules as pacers and crew, but we will consider special requests for access outside of aid stations (provided that no pacing or aid is given to any runners outside of filming, or you risk being disqualified). We will also have professional race photographers on the course to document your adventures, and those photos will be available to purchase through our website one week after the race ends.
- ☐ **Poo Like a Pro:** We will have porta potties or toilet options available at aid stations. If you need to poo between aid stations, please follow best poo practices. Dig a hole at least 6-8" deep away from the trail, bury your poo, and you **MUST pack your toilet paper out** in a ziploc or wag bag, to be disposed of at the next AS. You must have an empty ziploc or poo bag in your mandatory gear at all times.
- ☐ **Dropping From the Race:** Runners must drop from the race at a designated aid station, and you must leave your SPOT tracker with the aid station captain before you do. Please do not make us hunt you down

and wake you up at your hotel room because we didn't know you dropped.

- **Medical DQ's:** Any medical interventions outside of treatments that can be provided at the aid stations by our medical staff are considered grounds for a medical disqualification. An example of this would be receiving a saline IV offsite. Please know that our medical staff are there to help you and enable you to finish your race, and a disqualification will be a last resort and only after all options are exhausted and the runner understands the seriousness of the health concerns being addressed. We will always work with you to find the best solution that you feel comfortable with, but we treat your health and safety with the utmost seriousness.
- **Other Penalties:** We reserve the right to issue a time penalty, disqualify and remove you from THE MAMMOTH, or otherwise ban you from participating in THE MAMMOTH or in other trailfest events, if you are act inappropriately to our staff, volunteers, or in your online communications with us, or otherwise violate these Runner Policies. Any such penalty will be applied solely at the race director's discretion, and a warning will not necessarily be provided. It is your responsibility to know the rules, and to make sure your pacers and crew know them as well, so that we do not endanger any of our other runners or volunteers, or potentially impact the local environment or our USFS permits. Most of the issues we find in these races result from runners' crews who are not obeying the race rules or the legal rules of California (especially with respect to speed limits and trash cleanup). Our permits depend on it, so please help us make our event a success!
 - Cutting the course in any form or accepting aid from your crew away from established aid stations are also grounds for disqualification. You may accept aid from other runners if they choose to help you (examples might include sharing water or salt tablets). The point of these rules is to make sure that the race is fair for everyone, so if in doubt, follow common sense and ask yourself if you are gaining an unfair advantage with your actions. *If the answer is yes, don't do it.*
 - If you get off course by mistake, you are allowed to retrace your steps back to the point where you left the course, and then continue your race from there.

- Runners may not leave the course in a moving vehicle. Your race will be considered finished if you do. Crewing and sleeping out of a car/sprinter at the aid station is a-ok.

Course

- ☐ This is a mountain race, and you can expect to encounter rugged and remote high alpine terrain, along with the sandy pumice that the eastern sierra is known for (gaiters are VERY highly recommended).
- ☐ You may encounter wildlife, including snakes, bears, and mountain lions. Please familiarize yourself with best practices for wildlife interactions, and we encourage carrying bear spray or a noisemaker as part of your gear.
- ☐ We will have plenty of aid stations along the course (with more overall aid stations than any other 200!) — you do NOT need to have a crew or pacers in order to successfully finish THE MAMMOTH. Our goal is to create an event that sets you up for success in every way!

Withdrawals and Deferrals

- ☐ No refunds will be issued. In the case of runner withdrawal prior to the event we will honor the following credit policy;
 - Prior to May 30: 75% deferral towards next year's event and a guaranteed entry
 - May 30 to August 1: 50% deferral towards next year's event and a guaranteed entry
 - After August 1 no deferrals accepted
- ☐ While we have empathy for the many life situations that may arise between registration and race day, please know that we cannot give special treatment to any runners, outside of the exceptions outlined herein. Our refund policies reflect the amount of upfront costs that we incur once you register for this race, so please consider that carefully *before* you sign up.

Pregnancy and Maternity Policy/Exceptions:

- ☐ We are advocates of encouraging more women to participate in long distance ultramarathons and will support you in your journey. If you become pregnant at any point between when you sign up and race date, you may defer your entire entry fee for up to 5 years with no penalty.

When you choose to run the race, we will waive any lottery process for you at that time. Please email us for further info at themammoth@mammothtrailfest.com

Payment Plans

- ☐ If you need financial assistance in the form of a payment plan, we want to help. Email us directly at themammoth@mammothtrailfest.com to chat about what your options are and how we can make this work.

Volunteering

- ☐ We love and appreciate our volunteers! **We also highly recommend volunteering at a 200 mile race before you run one — we promise you will learn a lot.** Volunteering can be an excellent way to earn race credits into our future race events, not to mention a great way to create some new lifelong friends. Credits can range from partial to full credits at our shorter trailfest. distances, all the way up to our full 200 miler for those of you who want to hang out with us all week. Visit our website and fill out the volunteer form to get started.
- ☐ Volunteer credits are good for one year, and they must be coordinated in advance. Sign up to volunteer through [ultrasignup here](#).
- ☐ Volunteers will receive a special piece of “THE MAMMOTH” swag as part of our thanks, and we will also provide volunteers with food options if they are working at THE MAMMOTH’s headquarters, or if they are at an aid station they will have access to the food that is available there. We could not do this without volunteers!

Included in Your Registration

- ☐ Custom bib, high quality race shirt, custom race bag, and some surprises! You can also expect hot food options (with accommodations for dietary concerns) at all aid stations, and 5 sleep stations along the course. The furthest distance between aid stations is 15.3 miles.

Prize Money

- ☐ We are excited to be the first 200 mile race to offer prize money to our podium athletes, with a total of \$20,000 allotted. There will be prizes of \$5,000 USD awarded to the top female and male finisher, \$3,000 USD awarded to the second place female and male finisher, and \$2,000 USD for the third place female and male finisher. Prizes will be announced at the awards ceremony, and prize money will be coordinated with the winners within 30 days of the event finishing.

Drop Bags

- ☐ We allow drop bags at all aid stations. Please keep your drop bags small (60L or less). Label your drop bags with your bib # and the aid station they are intended for. We cannot guarantee that your bags will stay dry, and we recommend putting any electronics or warm layers in a freezer bag inside of your drop bag to be safe. Any bags not claimed after October 1, 2025 in Mammoth Lakes, CA will be donated.

gear requirements

Gear Requirements

Mandatory at All Times:

***This can be checked at any time. We require a base level of preparation even during the day, because mountain weather conditions can change rapidly.*

- ☐ **Cell phone**
- ☐ **External battery pack** for cellphone charging (can be lightweight, minimum 10,000mAh charge strength, [example here](#))
- ☐ **GPS enabled device** to load the course map, and ability to recharge device during race (can be a smartphone or a watch, but bear in mind that your battery life needs to support 50-110 hour usage)
- ☐ **3L water capacity** (does not need to always be full, but you must at least have the capacity). There are quite a few alpine lakes and streams along the way, but it's recommended not required to carry a filter. We would if we were you, staying hydrated is always the move.
- ☐ **Headlamp** (with extra batteries or battery pack) and an extra headlamp as a backup (extra headlamp only required at night).
- ☐ **Collapsible Cup**
- ☐ **Emergency bivvy** ([like this one](#))
- ☐ **Whistle** (comes with most packs, but make sure you have it)
- ☐ **Toilet Paper**, and 2 x ziplock bags in case of needing to carry used TP. We will have porta potties at most AS
- ☐ **Extra food** (your expected calories, plus a reserve of 400 calories at all times)
- ☐ **Electrolytes** (it's a dry, desert heat, and altitude will make it worse. Stay hydrated).
- ☐ **Gloves** (can be lightweight/liner)
- ☐ **Warm hat** or buff
- ☐ **Waterproof jacket** with taped seams

Mandatory Night Gear, In Addition to Day Gear:

***This will be checked at whatever aid station you are exiting in the early evening. You can have it packed, or be wearing it. We highly recommend changing your daytime layers to have dry base layers for the overnight temperatures. Also, change your socks. A lot.*

- ☐ **Insulated or puffy layer** ***only if cold weather gear is activated, we will tell you at runner briefing. Otherwise, your taped-seam waterproof jacket from the daytime is fine, although it will get cold overnight so this is your choice*.**
- ☐ **Waterproof Pants** (if there is weather in the forecast, you might be required to carry these during the day as well, which we will communicate before the race start)
- ☐ **Spare long sleeve** (can be lightweight merino etc, but if you end up needing to stop in the middle of the night you need to be able to change into a dry base layer).
- ☐ **2nd headlamp**, if you are only carrying one during the day

Recommended, but not Required:

- ☐ Extra socks (you should change them at almost every aid station, in our experience)
- ☐ Tights or pants during the daytime (we aren't making you carry them unless we expect snow or rain during the race), but you do still have to carry them or wear them overnight
- ☐ Filter that you can insert into one of your bottles. There are enough creek crossings and water sources on this course to make it worth it.
- ☐ Wipes (again, staying on top of your feet issues can make or break your race)
- ☐ Extra shoes (it's helpful to have a different model, in case you get unexpected blisters)
- ☐ Sun hat/buff
- ☐ Sunglasses/sunscreen/lip balm
- ☐ **Gaiters (did we mention the eastern sierra pumice?)**
- ☐ Trekking poles (not 100% necessary but in a 200 miler, they sure can be nice)
- ☐ Anti-Chafe options, KT tape, bandaids, duct tape

- ☐ Ear plugs and eyemask (if you're sleeping at an aid station, you will want them)
- ☐ Credit card (in case of a DNF or mid-race snack stop). Pls note if you DNF at an AS we will get you back to the Village if needed
- ☐ Medications, toiletries, contact lens

race week schedule

Schedule of Events

Weather forecasts: pls check and pack accordingly. BRING LAYERS FOR OVERNIGHT AND MAKE SURE YOUR CREW DOES TOO.

[Mammoth Lakes](#)

[Mammoth Mountain Summit](#)

Lee Vining

September 25 — Mandatory Race Check-in

- Morning shakeout run with Craft in the Village
- 12-7pm check in, in the [Village Plaza](#) at Mammoth Lakes
- Headshots for Spot Tracker, mandatory medical check in
- **Mandatory Runner briefing at 5:30pm (you need prior RD approval if you will not be able to attend)**
- **If you need to park overnight, please pick up your parking permit at registration.**

September 26 — Race Start

- **6:20 am - park your vehicle at Canyon Lodge if you are leaving it overnight. Details at the bottom of this page.**
- **6:45 am - shuttle leaves Canyon Lodge for the Village**
- 7:00 am - backup shuttle leaves canyon lodge, please don't take this one on purpose, you will be rushed getting your tracker organized before the race starts.
- 6:30-7:45am Mandatory Spot Tracker pickup and gear check. **YOU CANNOT START THE RACE WITHOUT YOUR SPOT TRACKER.**
- 6:30 - 8am Coffee will be provided at the start line for all runners and crew
- 8am race start

September 28 – First Finishers Expected

- It's year 1, so the course records remain to be set... but our projected times have our first runners finishing early on Sunday morning. Follow along with the live tracker and race updates during the race to know what's going on, and come out to the Village Plaza to cheer them in!

September 29 - Awards in the Village Plaza

- Award Ceremony will happen at 11am.

September 30 – Race Ends @Village Plaza

- Come cheer in our final finishers!
- Cutoff is 10 pm, 110 hours
- Drop bags will be available for pickup in the Plaza on a rolling basis, as aid stations close. Any drop bags sent to the final few aid stations will not be returned until after those AS have closed, so please plan accordingly if you have to leave early.

October 1 – 6pm cutoff for picking up drop bags

- Any last drop bags must be picked up by 6pm in the Village Plaza. All remaining drop bags will be donated. We will not be shipping you your forgotten bags.



PARKING PLAN

WHEN: 09/26 - 09/30

WHERE: Canyon Lodge Parking Lot, 895 Canyon Blvd, Mammoth Lakes
Please park along the yellow highlighted section.



BEFORE YOU PARK

You must pick up a parking permit from us on Thursday at runner check-in, write your bib# on the permit, and leave it on the dashboard of your car when you park.

If you have drop bags, drop them off in the village at 6am and then go park. Alternatively, email us about storing them overnight for you.

SHUTTLES:

There will be a 6:45 AM shuttle to take you from the parking lot to the start line. Please do not miss it, you need this time to get your tracker.

If by some catastrophic reason you miss the 6:45 AM shuttle, we will have a 7:00 AM shuttle as a backup only.

Post-Race Shuttle: The Town Trolley and Evening Trolley run from 7am – 2am daily, leaving every 30 minutes from the Village. If you finish between 2am – 7am HQ staff can give you a ride to your car.

aid station overview

Aid Station Overview

the mammoth								
Aid Station	Distance Between AS	Total Distance	Clock Time (First Runner ETA)	AS Cutoff Time	Crew Access Y/N	Pick up/ Drop Off Pacers	Drop Bags	# of Crew Vehicles Allowed
Village Start	0 miles	0	8 AM Fri	have fun	Y	N	Y	ALL
01_Summit1	9.3 miles	9.3 miles	9:45 AM Fri	1:30 PM Fri	N	N	Y	No gondi access (could hike up)
02_Duck Pass	9 miles	18.3 miles	11:30 AM Fri	6 PM Fri	N	N	Y	0
03_Sherwin Creek	13.75 miles	32 miles	2 PM Fri	11 PM Fri	Y	N	Y	1
04_Convict Lake	8.5 miles	40.5 miles	3:30 PM Fri	3:30 AM Sat	Y	N	Y	2
05_Crowley Lake	12.9 miles	53.4 miles	6 PM Fri	10 AM Sat	Y	Y	Y	2
06_Tom's Place	5.72 miles	59.1 miles	7:30 PM Fri	n/a	water only	N	N	0
07_Green Church	10 miles	69.1 miles	9:15 PM Fri	4:30 PM Sat	Y	Y	Y	1
09_Sawmill Meadow	14.5 miles	83.6 miles	12:30 AM Sat	12 AM Sun	N	N	Y	0
10_Taylor Canyon	13.9 miles	98 miles	3:30 AM Sat	7 AM Sun	Y	Y	Y	1
11_Crooked Meadows	10 miles	108 miles	5:30 AM Sat	1 PM Sun	Y	Y	Y	1
12_Indiana Summit	8.6 miles	116.6 miles	7:00 AM Sat	n/a	water only	N	N	0
13_Crater Mtn	8.6 miles	125.2 miles	8:30 AM Sat	10 PM Sun	Y	Y	Y	1
14_Lee Vining	15.25 miles	140.45 miles	11:30 AM Sat	5:30 AM Mon	Y	Y	Y	2
15_The Gate	11.66 miles	152.1 miles	n/a	n/a	water only	N	N	0
16_Grant Lake	7.7 miles	159.81 miles	3:00 PM Sat	2 PM Mon	Y	Y	Y	1
17_June Mtn	11.9 miles	171.71 miles	6:30 PM Sat	9 PM Mon	Y	Y	Y	2
18_Obsidian Dome	11.5 miles	183.21 miles	9:00 PM Sat	4 AM Tue	Y	Y	Y	1
19_Inyo Crater	12.4 miles	195.61 miles	11:30 PM Sat	11 AM Tue	Y	Y	Y	1
20_Minaret Vista	6.35 miles	201.96 miles	1:30 AM Sun	3:30 PM Tue	Y	Y	Y	1
21_Summit2	5.7 miles	207.66 miles	3:15 AM Sun	7:00 PM Tue	N	N	Y	No gondi access
Village at Mammoth	6.93 miles	214.59 miles	4:30 am Su	10 PM Tue	Y	n/a	Y	ALL
		214.6	47 Hours	110 HOURS				
Sleep Station	elevation: 30,664			Hours (cutoff)				

[Download it as a PDF:](#)

What to Expect at an Aid Station:

We will have the usual assortment of aid station foods available, depending on the remoteness of the AS, and all “major” sleep aid stations will also offer a hot meal option. These meals will vary, but we will always have a vegetarian/vegan/gluten free option available as well.

Please note that we are cupless. Bring your own pls. We will have plates and utensils for hot food items.

ALL aid stations will have an assortment of the following:

- Sandwiches (PB&J), Pretzels, corn tortillas, hummus, chips, trail mix, candies, pickles, cooked potatoes, granola bars, bananas, other fruit. For beverages there will be Water, Ice (except at the most remote AS), Soda, and Electrolyte mix (pre-mixed). Our performance nutrition sponsor is Never Second, and we will have a mix of gels and electrolytes at each aid station.

In addition to this, all sleep aid stations and many smaller aid stations will also offer hot water for instant coffee, hot chocolate, ramen noodles etc.

Sleep Station Hot food Menus:

Crowley Lake:

Pizza n’ Pancakes

A gluten free and vegan option will be provided for both

Sawmill Meadow (Bougie Sandwich Bar):

Korean Ramen/Pho Zone for night

Build your own sandwich bar (assorted deli meats, fancy mustards and pickles, hummus and avocado etc). Gluten free bread an option.

Crooked Meadows (Japanese theme):

Rice balls – egg rice balls, egg ‘n bacon rice balls, avocado and/or cucumber rice balls. All gluten free, made with tamari and sesame oil.

Broth – miso soup or tonkatsu ramen

Pancakes, bacon, pb & j

Lee Vining:

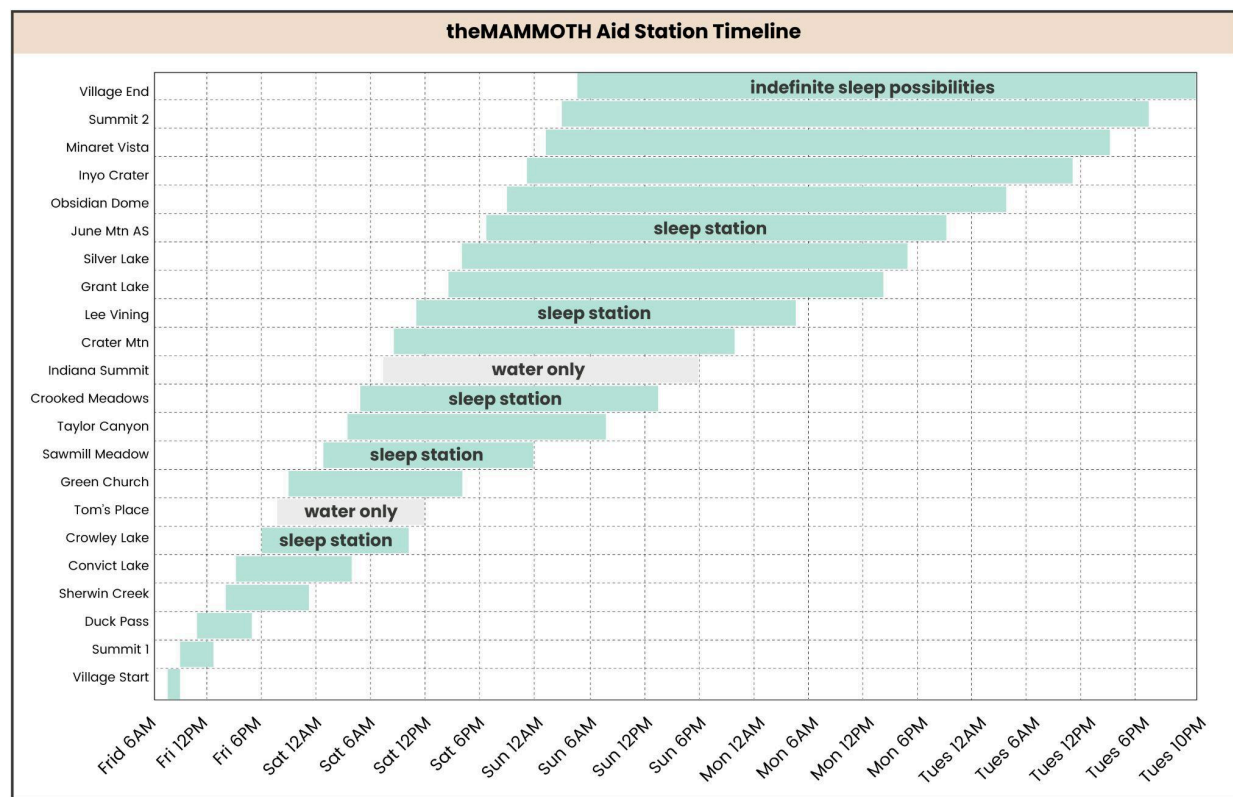
Grilled cheese and tomato soup (vegan, contains coconut), vegan and gluten free options.

Breakfast burritos (corn or flour tortillas)

June Mountain:

Bean and cheese burritos

Waffle bar (gluten free/vegan option)



general runner advice for a successful
200 miler:

general runner advice for a successful 200 miler:

Start slower than you think you need to. *Say it with us again.*

You'll be moving through high mountains and high desert terrain, which means you can experience a large variety of weather within the same 24 hours. Be prepared for rapid weather shifts.

If you run into a problem, don't leave the aid station until it's sorted out. Most issues can be managed with rest, food, cooling down, or warming up. Hoping things improve on the trail usually makes problems worse and often leads to a DNF or rescue situation.

FOOT CARE & BLISTERS

You are responsible for your own foot care. Aid station medical teams can help where available, but they may be busy with emergencies or resting. Not all volunteers specialize in blister treatment.

Bring your own blister supplies and take care of hot spots early before they become a problem.

COLD WEATHER & HYPOTHERMIA

Mandatory clothing rules exist for a reason. Carry warm, waterproof, and insulating layers at all times. Temperatures at altitude can drop sharply, even if an aid station feels warm.

If you're shivering and can't get warm:

- Put on your insulated jacket, rain shell, dry clothes, hat, and gloves.

Keep moving if possible, as motion generates heat.

HELPING OTHER RUNNERS

- If another runner asks for help, do what you can.
- If they need aid station staff notified, make sure to collect their bib number (take a photo so you don't forget), name, exact location, and the issue they're dealing with.
- If you see someone lying just off the trail, assume they're sleeping and don't disturb them. But if you have to step over someone lying on the trail itself, always check on them first.

OVERHEATING

If you feel yourself overheating:

- Slow down and get fully wet from head to toe—repeat often.
Rest in the shade and wait until you feel better or conditions cool down.
If you stop sweating, stop immediately. Move to shade, cool off, and get assistance—this could be heat stroke, which is a medical emergency.
- Nausea is common. Take small sips of water or diluted sports drink; even swishing liquid in your mouth helps. Stick to simple salty carbs or broth—avoid fatty or heavy foods since digestion slows when overheated. If you vomit, don't fight it. Often, you'll feel better afterward.

If helping another runner who is overheated:

- Keep them wet, shaded, and encourage slow sipping of fluids.

- Do not overcool to the point of shivering. If they begin to shiver, stop pouring water, remove ice, and lightly cover them.
 - If the runner shows red skin, confusion, and stops sweating, they may be in heat stroke. Continue cooling/support but also notify race staff immediately using the Medical or Race Director numbers provided, or alert the nearest aid station. Race officials are your fastest link to rescue resources—contact them first unless it's a life-threatening emergency.
-

RESCUE EXPECTATIONS

Rescues are rare, but possible. Understand that:

- In nearly all cases, you will need to walk out, even with medical staff present.
- Helicopter rescues are extremely uncommon and reserved only for the most serious conditions.
- Response time can be 4–12 hours depending on where you are and resources. If you request rescue, be prepared to keep moving toward an aid station if you're physically able. Movement keeps you warmer and shortens the time to medical help.

If you cannot continue:

- Bundle up near the trail.
- Inform every passing runner that you need help, giving them your bib number and condition.
- If you step off trail for shelter, leave your trekking poles pointing toward your location.

- Remember: rescue costs (ambulance, hospital, helicopter) are the runner's responsibility.
-

IF YOU GET LOST

- Use your GPX device to reorient. Always carry a backup battery.
 - If you can't figure out your location, stay put on a trail. Never head cross-country—this makes you far harder to locate.
 - Wait in a safe spot. Race officials track runners; if we see you off trail and unmoving, we'll send someone once we're sure you're not just resting.
 - Do not press buttons on your race tracker. Just keep the logo pointed toward the sky with a clear view.
-

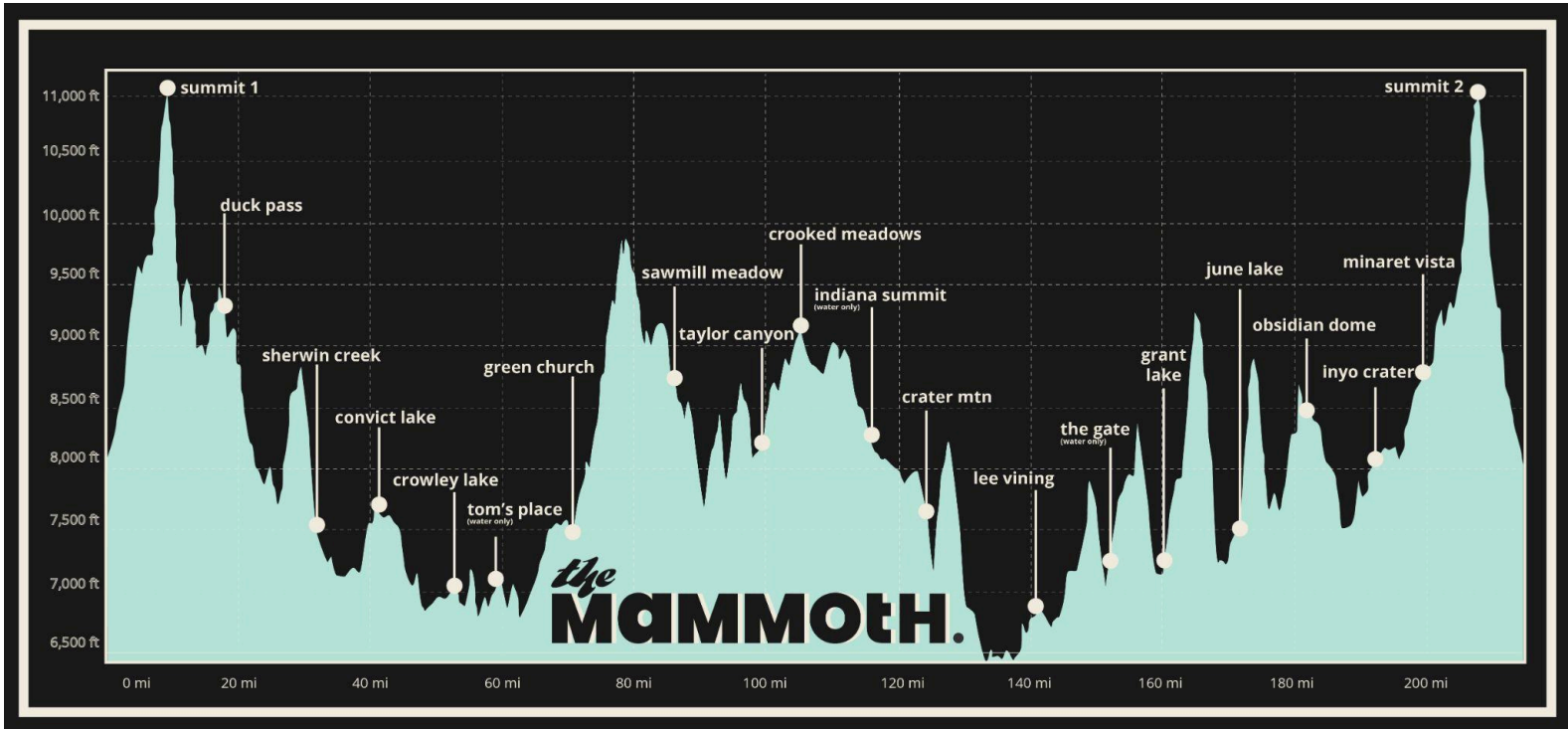
HALLUCINATIONS & SLEEP DEPRIVATION

Multi-day races require sleep. Running straight for 3–5 days without rest is dangerous. Hallucinations, confusion, and poor judgment often start around 40 hours and worsen by nights 3–4.

- Plan to sleep at least 20–60 minutes each night, starting no later than night 2.
- If you experience hallucinations or feel unsafe, tell an aid station medic.
- If you become dangerously delirious, you will be pulled from the race for your safety.

course overview

Course Overview



[Find the Downloadable PDF version on our website:](#)

[GPX course map](#)

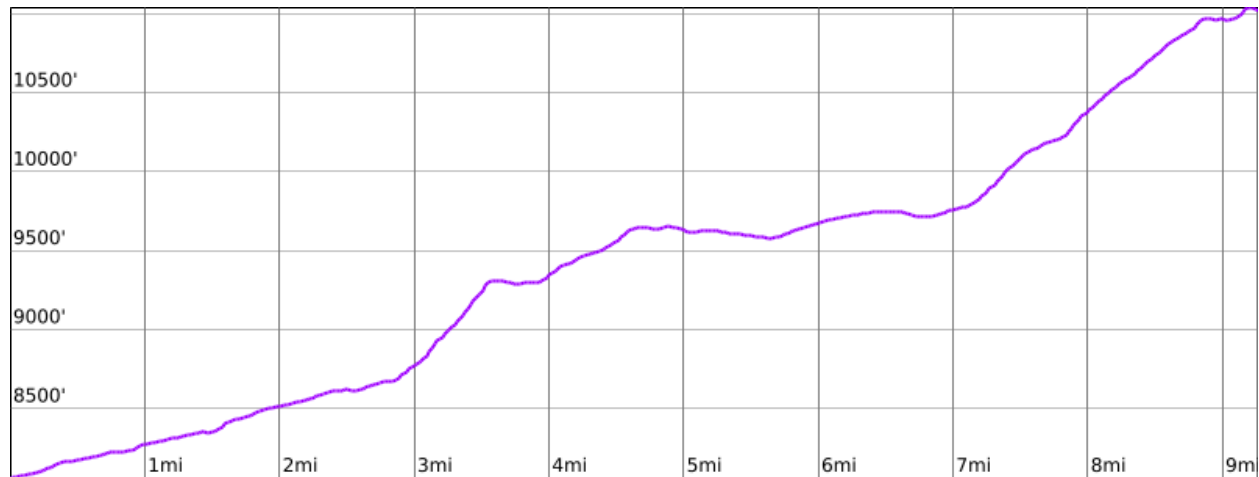
Detailed Course Description

theMAMMOTH / ~214.6 miles, +31,000'/-31,000', max altitude 11,053', avg altitude 8,100'

760,000 years ago an eruption leveled all the peaks east of the Sierra Nevada crest near current day Mammoth Lakes. When the dust settled all that remained was the Sierra to the west, Glass Mountain to the east, and a vast empty valley known as the Long Valley Caldera - one of the largest ever seen on earth.

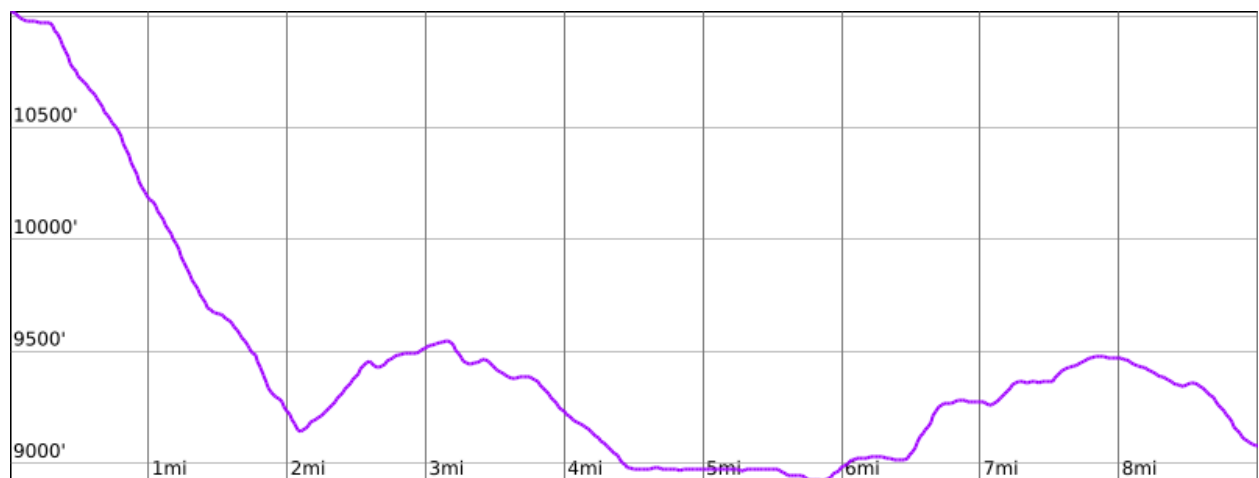
Starting and ending in the Village, theMAMMOTH will circumnavigate this beautifully rugged caldera and treat runners to some of the most diverse terrain in the American West. From 11,000ft volcanic summits, pristine singletrack along alpine lakes, abandoned mines, golden fall foliage, and dense pine forests, to sage laden double tracks along the valley floor, gravel dirt roads, Bishop Tuff and pumice lined climbs, wild horses, the great Tufa Towers of Mono Lake, and a string of volcanic domes, the moment you find yourself longing for change you'll find it

Village to Summit 1, 9.3 miles, +3200'/-200':



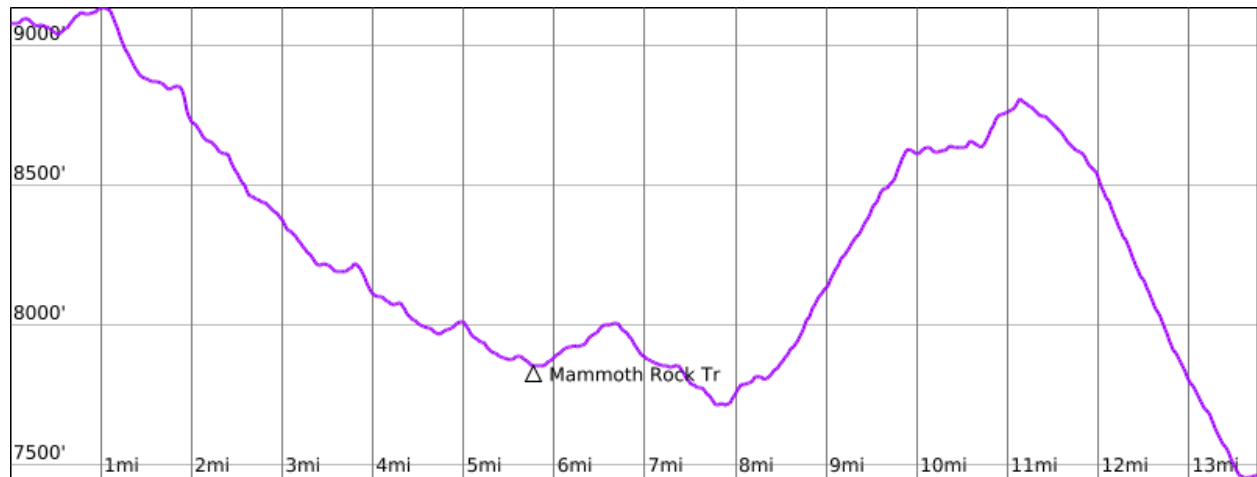
You will leave the north end of the Village at Mammoth to cross over the ski-back bridge and access the flowy Downtown Trail of singletrack. After 2.25 miles of gentle climbing, hook a left for a flat traverse before ascending the steep and rocky Bullet DH Trail. After roughly .5 miles of steep climbing you will access the cruisey Brake Through Trail and traverse the mid face of Mammoth Mountain. Go around McCoy Station and gain glimpses of the iconic Mammoth Range - the Minarets, Ritter, and Banner Peak. Once on the backside of Mammoth you have a 2.5 mile climb up Mammoth Mountain Hiking Trail to the summit at 11,053'

Summit to Duck Pass, 9 miles, +1,100/-3100':



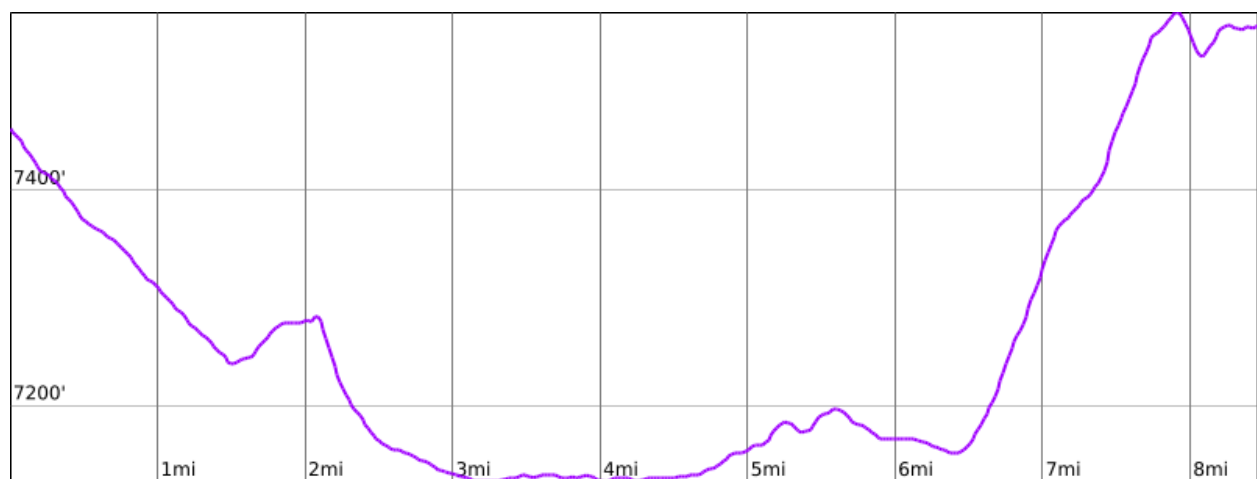
After working your way back to the top of Dave's Run, you will descend the steep and rocky Dragon's Back - this 1.5 mile trail drops 1,500' and gives unparalleled views of the Lakes Basin, where you are headed - can you name all 7 lakes in sight? After going through the Hour Glass a short climb back up gains access to Mammoth Pass Trail and you will skirt McCloud Lake before dropping through the 'death zone' of Horseshoe Lake. 5 miles of flowy singletrack, alpine lakes, and punchy climbs lay before you and the next aid station at Duck Pass

Duck Pass to Sherwin Creek, 13.75 miles, +1,600'/-3,200':



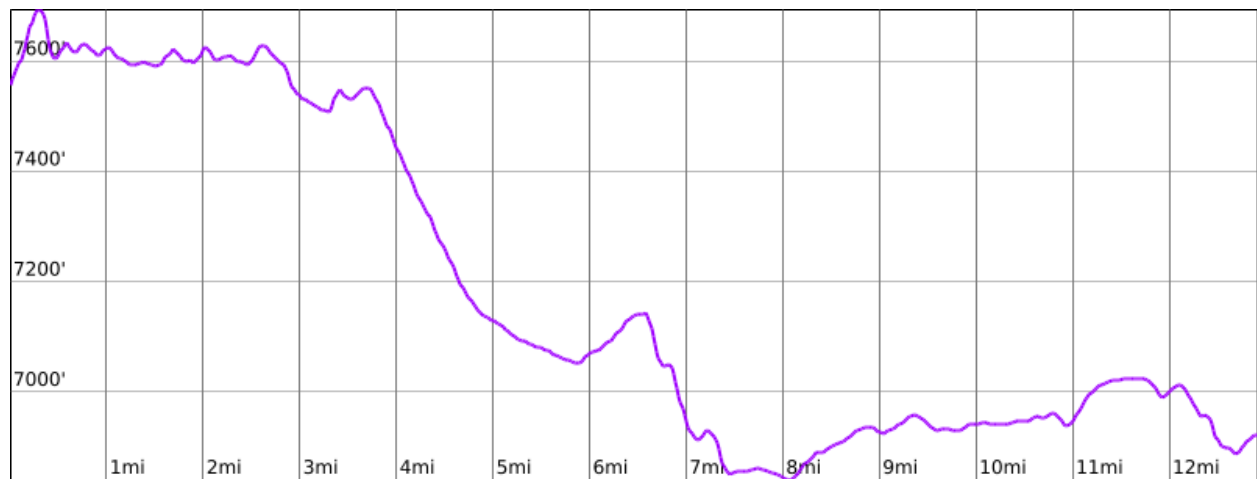
You immediately enter the Mammoth Consolidated Mine Interpretive Site where prospectors nearly a hundred years ago first helped develop the current town of Mammoth Lakes. 2 miles of gentle downhill take you pass Pine City and the Old Mammoth Mine before descending the Members Only Trail through Mill City. Once on Mammoth Rock Trail enjoy views of town as you will not see this for another 200 miles. Flowy singletrack for the next 5 miles will take you to the Sherwin Meadow Trailhead and bathrooms (a great place for friends and family to catch you and say hi). A one mile set of switchbacks give way to a less than .5 miles stretch of pavement (new trail for 2026 will avoid this) and take you to Sherwin Creek Trailhead where you ascend a rocky and steep 2 miles to Sherwin Lakes. Be sure to take in the views of this stunning body of water. A 2.5 mile 1,500ft descent brings you to the Sherwin Creek Aid Station.

Sherwin Creek to Convict Lake, 8.5 miles, +600'/-500':



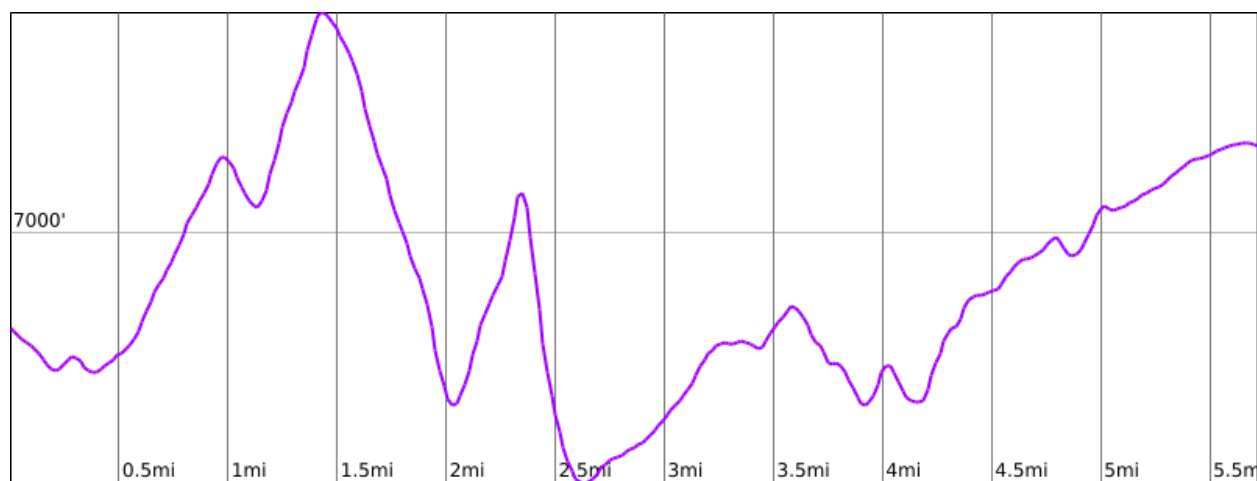
The next 6 miles of gravel road will take you along the valley floor and base of Laurel Mountain, small patches of aspen trees, and around Laurel Pond before the climb up to Convict Lake. Note this area can be hot depending on time of day. The climb towards Convict Lake offers a glimpse at Mt Morrison and Laurel Mountain that tower 5,000ft above the lake

Convict Lake to Crowley Lake, 12.9 miles, +800'/-1,500':



After refilling enjoy perhaps the most beautiful 3 miles you ever did see as you circumnavigate the glacially carved Convict Lake on buttery singletrack, along a raised boardwalk, and nearby fisherman. The lake is famously named for a shootout that occurred in the 1870's when a group of escaped convicts from Carson City met their fate on its shores. After exiting the campground you will cross Convict Creek (your feet will get wet) and a short descent along Convict Lake rd gives you access to a footbridge that crosses Convict Creek and takes along the backside of SNARL (Sierra Nevada Aquatic Research Lab) and Mount Morrison Cemetery. You will continue along the base of McGee Mountain with views of Crowley Lake and the Glass mountains across the Valley Caldera - that is where you are headed. Pass through the small communities of Long Valley and McGee Creek via the powerline dirt road (hopefully the Bake Shop is still open) and you will see Nevahbe Ridge and Mt Esha towering overhead at 13,000'. Eventually you enter Crowley Lake, your first sleep station. The Crowley Lake General Store has amazing pizza fresh baked breads, and desserts

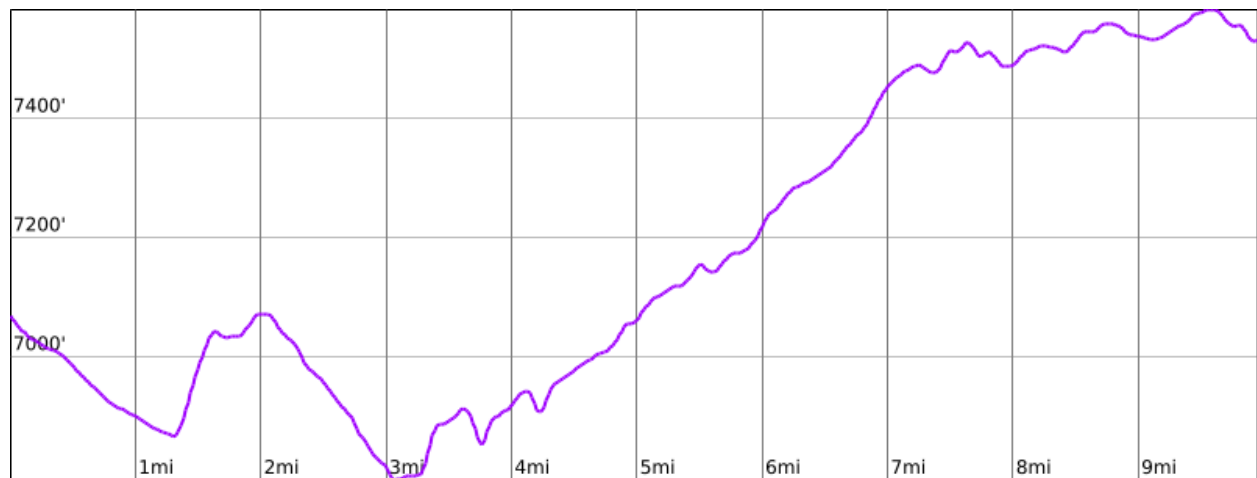
Crowley Lake to Tom's Place, 5.72 miles, +1,000'/-800':



After refueling you will run through the sandy and punchy Crowley Hills and drop into the Aspen Springs Meadow where you may encounter grazing sheep - take caution of the Sheep dog -

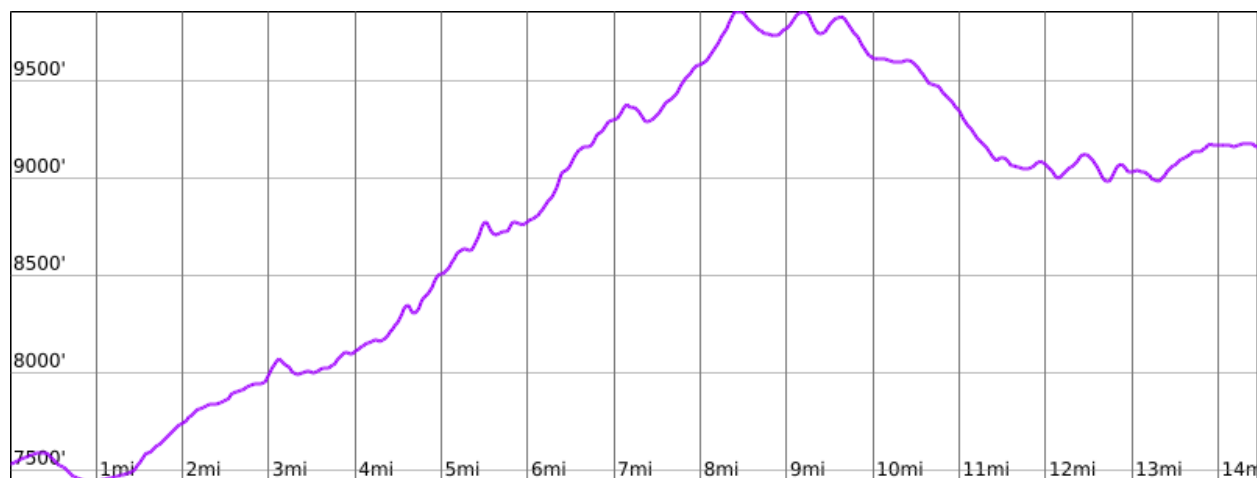
reference your Live Stock Protection PDF emailed to you. Tom's Place is a water only drop and the last spot for food purchases if needed (depending on time of day and only accepts cash)

Tom's Place to Green Church, 10 miles, +1,200'/-800' :



Go through the 395 tunnel and enter what Sally coined the “Lions Den”. This section of beautifully jagged volcanic rock juts up from the soft underfoot and is sparsely laden with giant old growth pine. The views of Crowley Lake, Nevahbe, and McGee Mountain are gorgeous. Crossing over the Crowley Dam you are treated to stunning views from the inside of the Caldera looking west towards Mammoth, the Minarets, Ritter and Banner Peak - note, the dam is closed for construction and no crew, spectators, or media is allowed to cross. The next 7 miles are along cruisy forest service dirt roads intermittently beneath pine trees and through Bishop Tuff.

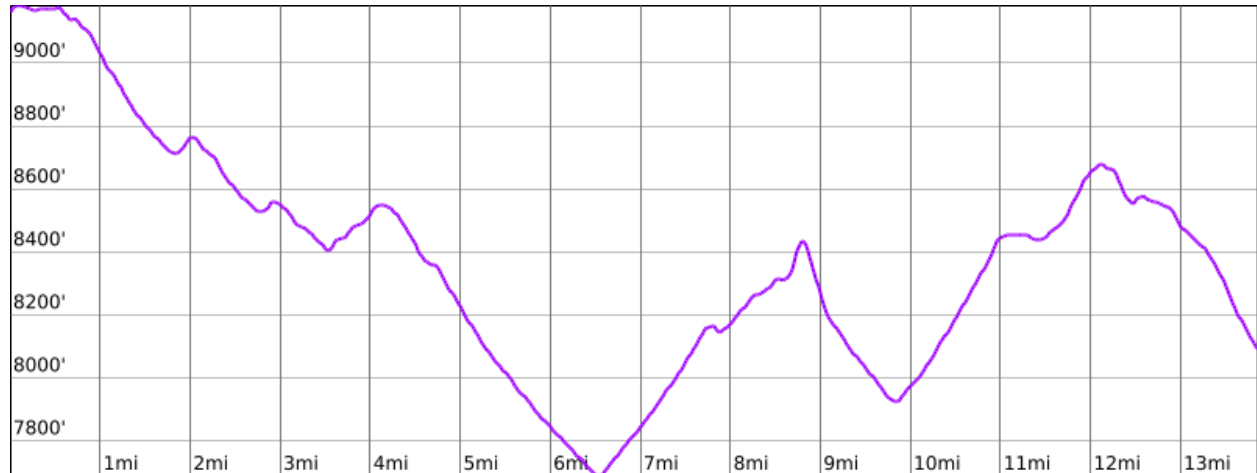
Green Church to Sawmill Meadow, 14.5 miles, +3,500', -1,900' :



Perhaps one of the most gorgeously difficult portions of the course lay ahead. About 8 miles and nearly 3,000 feet of climbing along the eastern ridge of the caldera is covered in soft pumice and steep punchy climbs - we recommend gaiters if not already donned. You are standing on the edge of one of the largest calderas in the world and the views highlight the vastness of this 200 mile loop that you are now more than 1/3 into - to the north you can see Crater Mountain and Lee Vining. Once beyond Cone Peak the footing improves and climbing tapers before

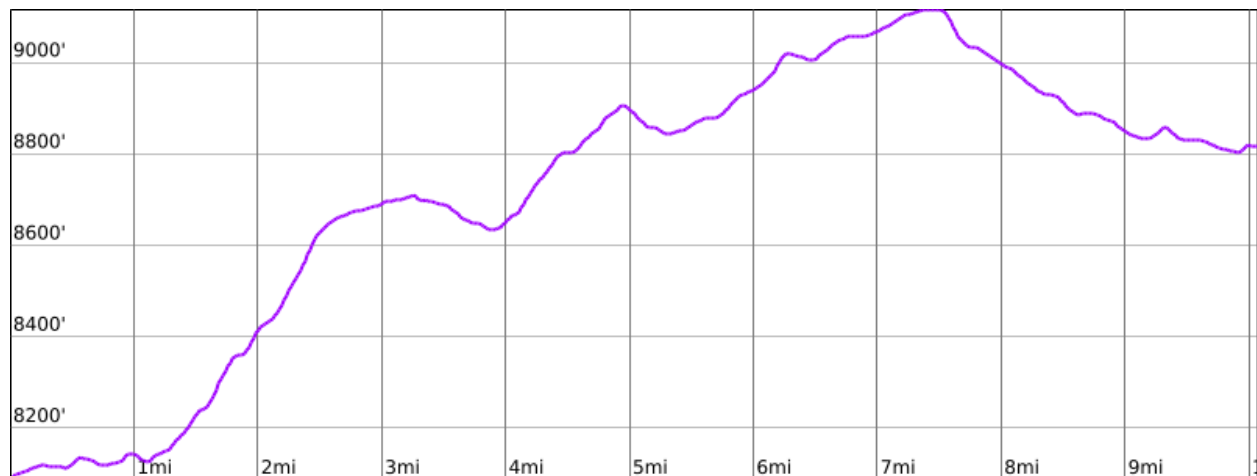
arriving at Sawmill Meadows - sleep station #2. The old abandoned mining camp is a reminder of the harshness this range provides

Sawmill Meadow to Taylor Canyon, 13.9 miles, +1,900'/-2,900' :



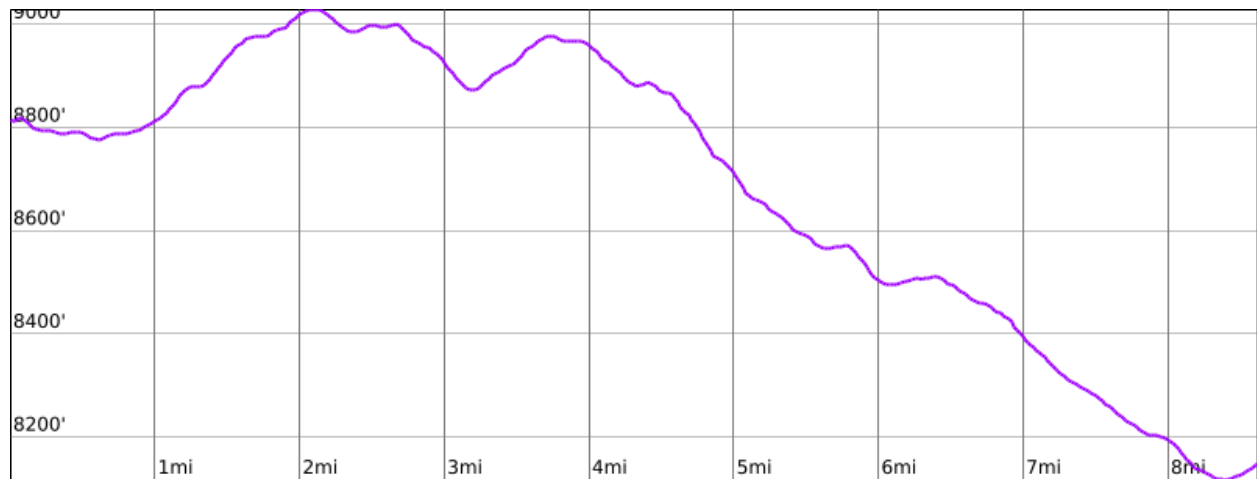
Now deep into the Glass mountains do not be surprised if no other people are seen for the next 30+ miles. Cruise along smoothly maintained forest service roads as you wind around the backside of Glass Mountain and through overgrown double track with intermittent views east towards the White Mountains and Boundary Peak - Nevada's highest peak and the border of California

Taylor Canyon to Crooked Meadows, 10 miles, +1,300'/-500' :



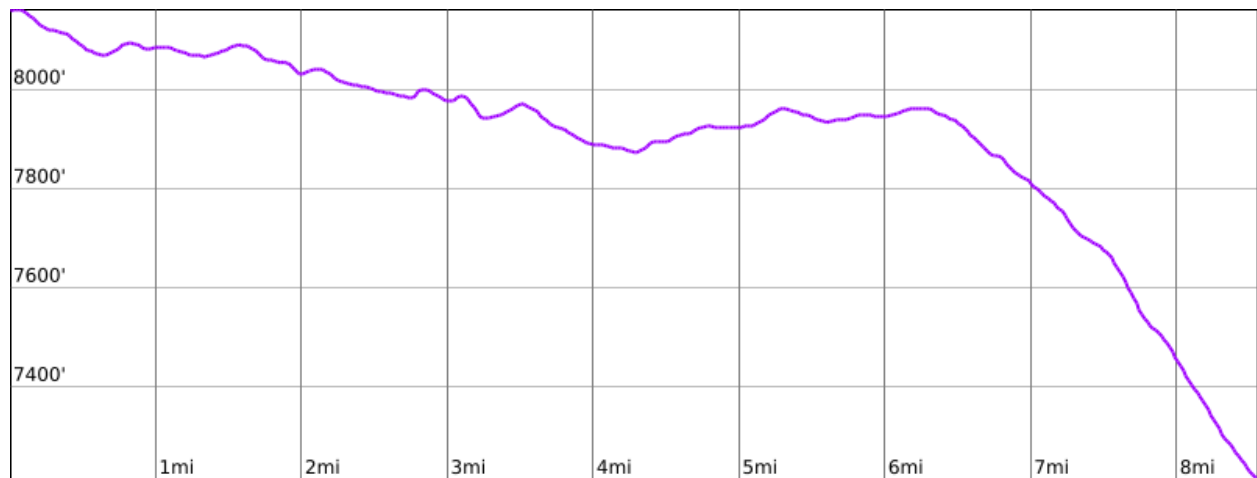
Continue along the meandering dirt road with intermittent views of Granite Mountain Wilderness to the north and Mammoth Mountain to the west across the valley as you exit the Glass near mile 104. Crooked Meadows is your sleep station #3

Crooked Meadows to Indiana Summit, 8.6 miles, +500'/-1,100':



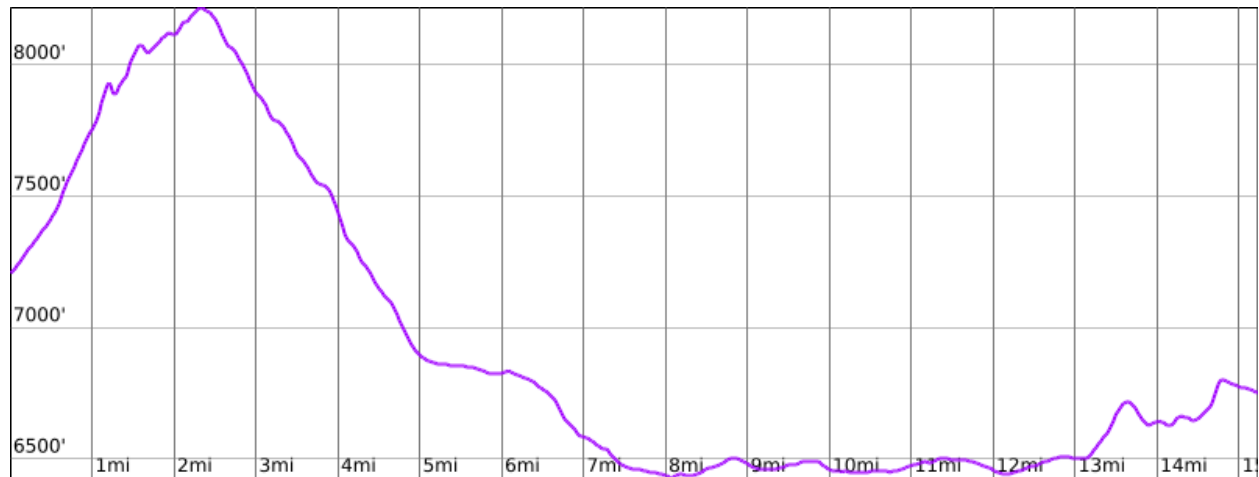
Enjoy a 1,100' descent over the next 9 miles as you cruise through the world's largest and most continuous Jeffrey Pine forest. The footing is soft along this dirt road, pick your line carefully. Indiana Summit is a water only drop

Indiana Summit to Crater Mountain, 8.6 miles, +250'/-1,200':



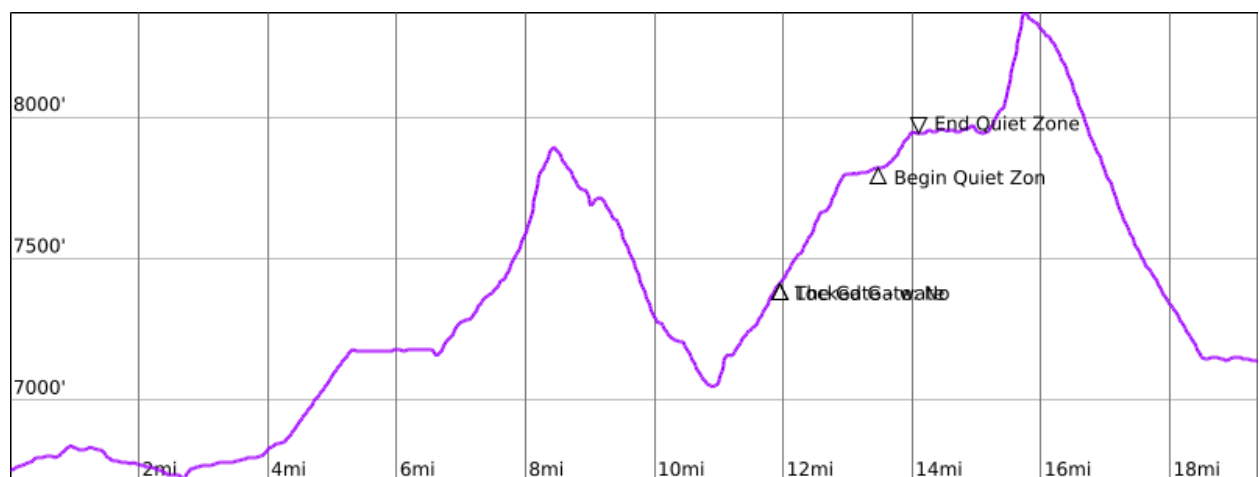
Another 1,200' descent over the next 8 miles in the Jeffrey Pine forest will place you at the base of Crater Mountain - be sure to take time and refuel properly as the next section is hard (Crater Mtn was formerly known as Mono Mills but Tim thinks it sounds cooler this way so here we go)

Crater Mountain to Lee Vining, 15.25 miles, +1,800'/-2,220' :



On paper this climb doesn't look bad, roughly 1,000ft over 2 miles, but do not be fooled as you are about to cross the surface of the moon and every step is earned - wear your gaiters. After a brief section of singletrack through volcanic debris you follow old mining roads across the top of Crater mountain with views of Mono lake to your North - notice the sparse vegetation. Enjoy a fun singletrack descent from the mountain and cross Hwy 120 to enter the Mono Basin National Scenic Area - home to the world famous Tufa Towers and Paum Crater to your east. After running along the lakes shore and around the Visitor Center, you climb up the Lee Vining Creek Trail and enter Lee Vining - the gateway to Yosemite. This section can be incredibly hot during the day and no natural water is available. Your sleep station #4 is in the Lee Vining Community Center.

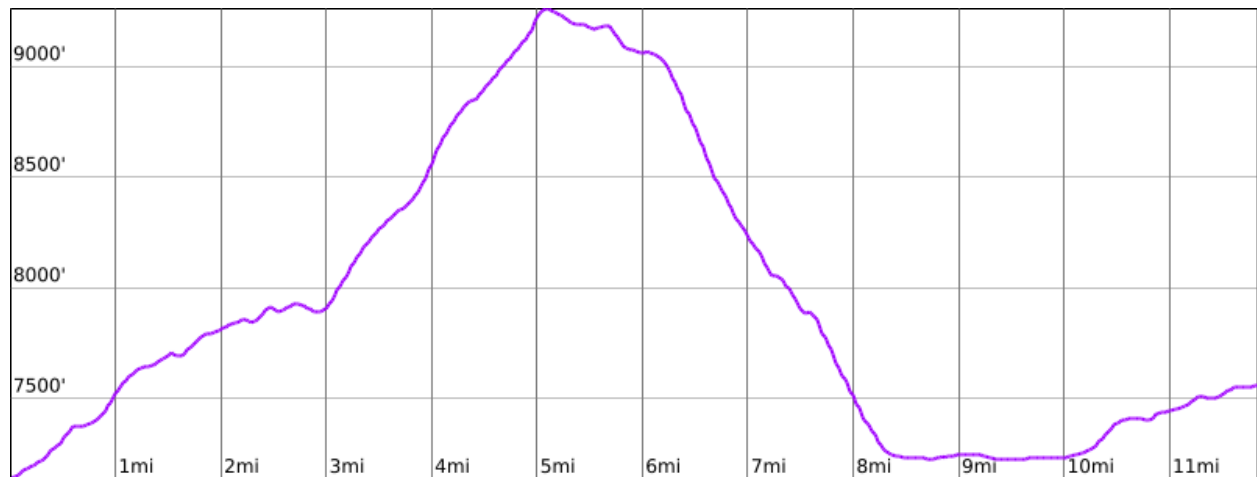
Lee Vining to Grant Lake, 19.4 miles, +2,800'/-2,400' :



On your way out of town hit up Mono Mart, Mono Cone, or the other restaurants if in need of extra supplies. Continue along the sidewalk and eastside of Hwy 395 to access the pole road for 2.5 miles before crossing Hwy 395 at Oil Plant Rd - take caution as you cross the Hwy - it is well striped and we will have crossing guards stationed. Continue up FR1N17 and a 1,000 ft climb

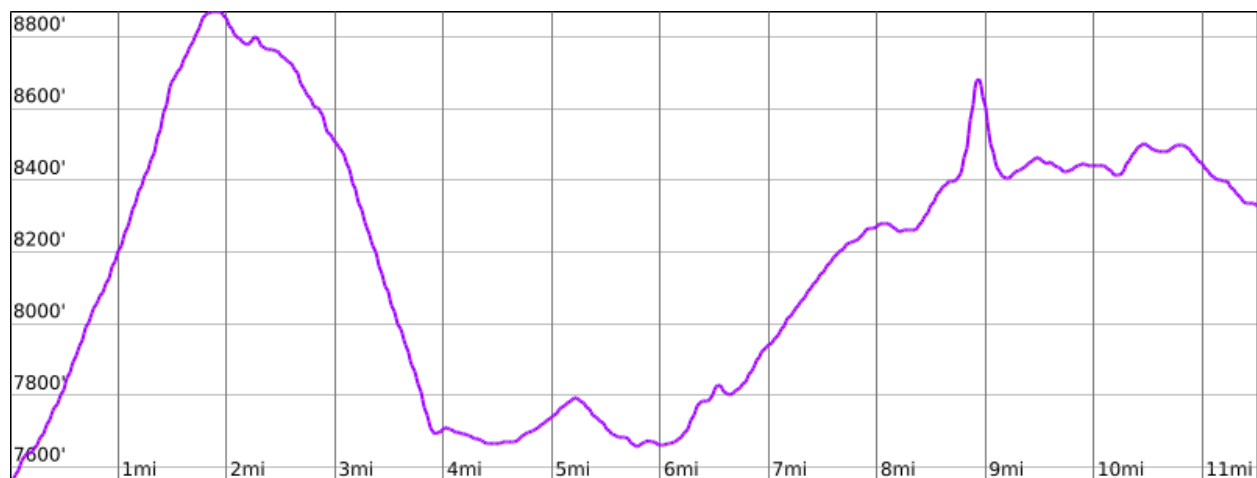
over the next 4 miles as you wrap around Williams Butte, through Horse Meadows and the base of the Walker Lake climb. There is a water drop at the locked gate (that you go around). Another 4 miles and 1,000' will grant you access to your next alpine lake - please note the quiet area as you approach the lake's cabins as we are crossing over private property. Enjoy the beauty of Walker Lake and a rocky climb on its' southern shore before a cruiser 3 mile dirt road 1,500' descent and the eventual Grant Lake aid

Grant Lake to June Mtn, 11.9 miles, +2,600'/-2,200' :



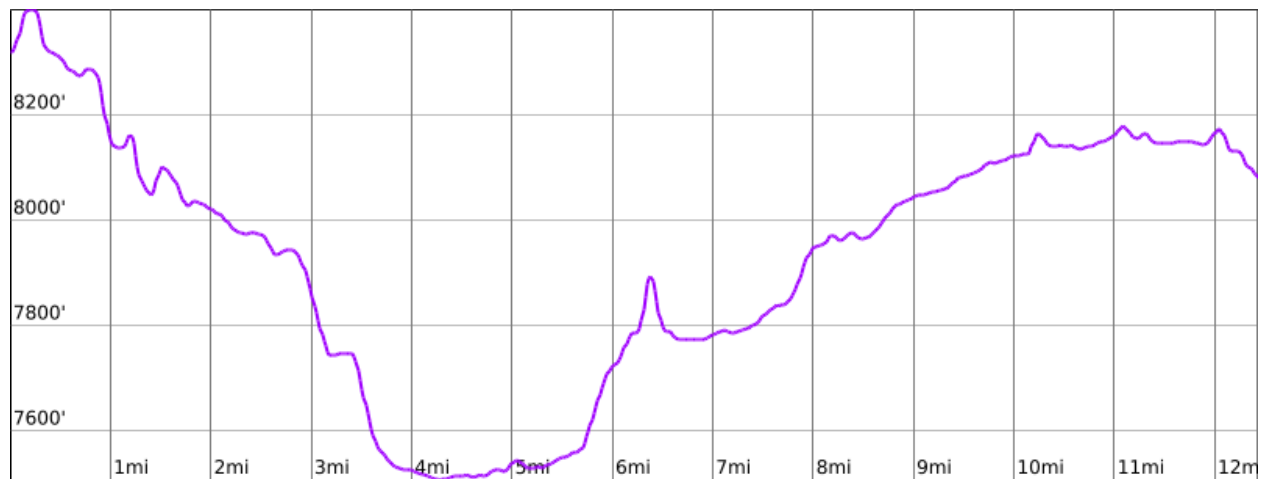
2,600+ ft over 5 miles lay ahead of you and Parker Bench - one of the tougher climbs on the course. Soak in the views of the June Basin as you crest before a punishing descent of 2,000+ feet over 4 miles. You may find gratitude for the next stretch of tarmac as you wrap around the June basin, Silver Lake and nearby neighborhoods before your final sleep station at the base of June Mountain

June Mtn to Obsidian Dome, 11.5 miles, +2,800'/-2,000' :



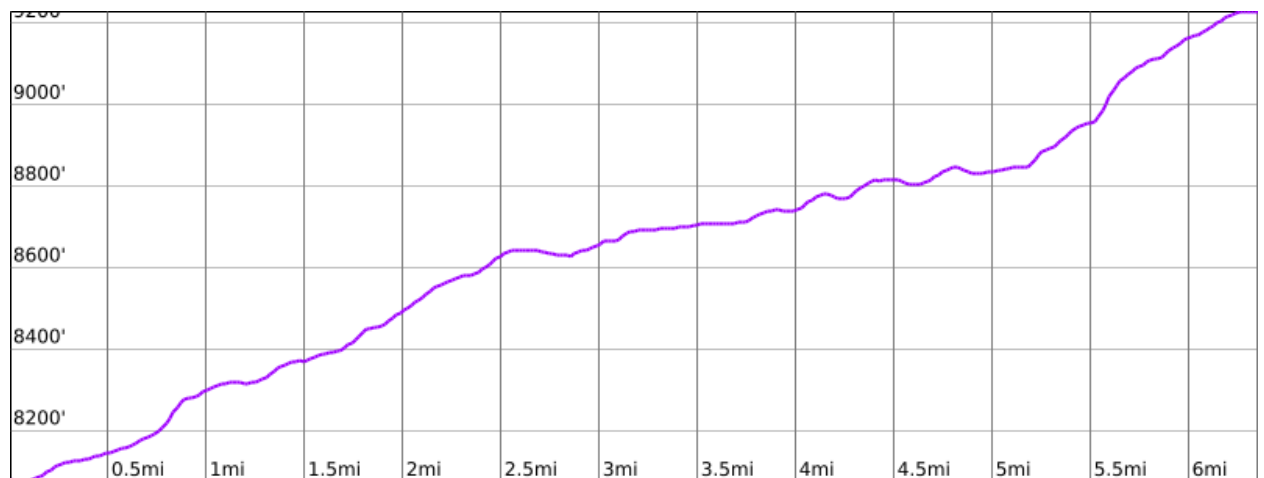
About 2 miles and 1,300' lay ahead of you as you leave June Mountain base camp and work your way up mid mountain. Join June Lake Loop Trail for a beautiful and rocky 2 mile drop prior to a short road section and reentering the forest for 6 miles of a gentle 1,000 foot climb and descent on Forest Service dirt roads. You are now running along a series of ancient volcanic domes

Obsidian Dome to Inyo Crater, 12.4 miles, +1,100'/-1,300' :



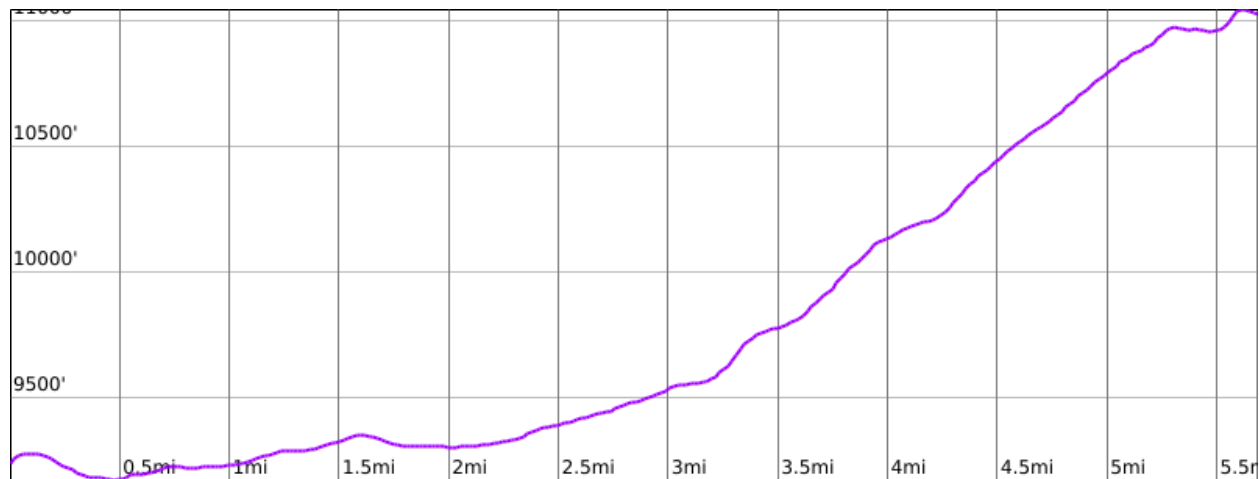
About 1,000ft of vertical change lay before you and Inyo Craters as you run along Forest Service dirt roads and through Glass and Deadman Creek campgrounds. If feeling frisky, an additional 1 mile round trip to Inyo Craters is worth looking into the most peculiar green water you ever did see

Inyo Craters to Minaret Vista, 6.35 miles, +1,200'/-100' :



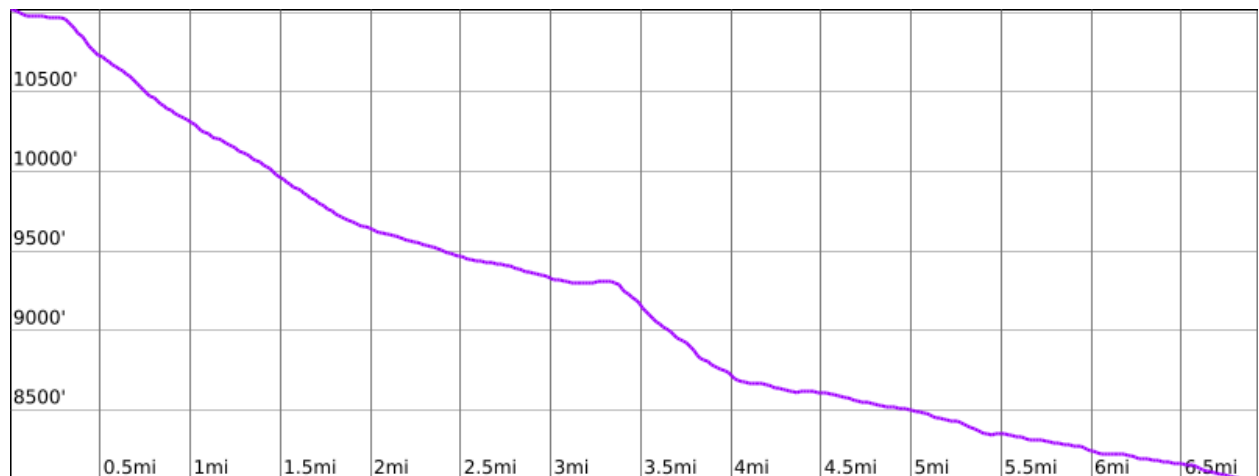
Continue along FS3S89 before 3.4 miles of cruisy Mountain View Trail and an eventual emergence from the forest at Minaret Vista - the classic Mammoth skyline of the Minarets, Ritter, and Banner indicate you are almost home. Just beyond the deep valley and Ansel Adams Wilderness lays Yosemite Valley

Minaret Vista to Summit 2, 5.7 miles, +2,000'/-200' :



Continue on Mountain View Trail for nearly 2 miles and around Reds Lake before regaining access to Mammoth Mountain Hiking Trail and beginning your last climb of the race. Only 2,000 more feet over 3 miles stand before you and your final 11,053' summit into the Californian sky.

Summit 2 to Village, 6.93 miles, +25'/-3,000' :



It's all downhill from here... only 7 miles and over 3,000ft on downhill stand between you and closing the MAMMOTH loop. After working your way back to the top of Dave's Run, drop the top section of Dragon's Back before turning left onto Skidmarks Trail. This steep, loose, and rocky trail takes you down the face of Mammoth Mountain before joining the more pleasant Lincoln Express Trail for 1 mile. Let gravity take you down one of the steepest portions of the entire 200+ mile route as you drop down Bullet DH Trail for .5 miles before reversing your initial journey to the Village along Downtown Trail. We will be eagerly awaiting you in the Plaza with open arms and comfy chairs

crew driving instructions

crew driving instructions

hi everyone! Below are some general driving instructions and notes for the crew accessible aid stations on our course.

general etiquette: we are working closely with the communities of Crowley Lake, Lee Vining and June Mountain to make this race happen, and we have assured them that we will be respectful guests in their communities, particularly overnight. So please, help us keep our permits by observing quiet hours from 9pm to 7am when you're in residential areas. Quiet hours just means no whooping and hollering, cowbells, or horns... just keep the volume and cheers down please.

we are also asking that you limit your crewing to one vehicle wherever possible, as we don't have a lot of space in these aid stations. You can always leave a car in a pullout on your way to the AS, there's lots of spots for that a few miles away from any of our AS. June Mountain is an exception to this, as we aren't disturbing nearby residents and it's a large parking lot. This is also a "common sense policy"... if your runner isn't in the middle of the pack and there's not a lot of people near them, we aren't going to be as concerned about it as we are if they are in the middle of the main pack.

on the note of limited parking, we are also asking that you "stage" your waiting either somewhere on the way to the aid station or in the village, and only show up at the aid station when your runner is a couple miles, or under an hour, away. This will also help us make sure we've got parking for everyone. I've noted driving times for each aid station from both the aid station below AND the Village Plaza. Most of the drives are not that long, and depending on how fast your runner is moving, you might be more comfortable coming back to town anyways.

gas: Gas gets more expensive the farther north you go. Gas up in Bishop if you're driving up from the South if you can. That said, you can get gas in Crowley Lake, Mammoth Lake, June Lake, and Lee Vining, so there are definitely lots of places to go.

food: There's lots of cute cafes and spots to grab food along the course, especially in our little mountain communities. Please support them!

driving: Definitely download offline Google Maps for the whole area. We also highly recommend that you download the Cal Topo app on your phone and upload the GPX file of the [course map](#) into it. Ask your runner for help with that, they should know how to do it from their own prep. 😊

we've tried to note where there is/isn't cell coverage on the course. You can basically expect the aid stations in the Glass Mountains to have patchy coverage at best once you leave the 120.

Sherwin Creek

37.62519, -118.92437

<https://maps.app.goo.gl/MVYS78TxsyKr5xhb8>

12 minutes from Mammoth Village Plaza, paved. Ample parking, but please be cognizant of all trail users. Limited cell coverage.

Convict Lake

37.60017, -118.85393

14 minutes from Sherwin Creek to Convict Lake, all paved except for the last turnoff into the AS. No cell coverage at Convict Lake.

<https://maps.app.goo.gl/RuSNt1EKbt9Q5Lr98>

From Mammoth Village to Convict Lake

13 minutes. <https://maps.app.goo.gl/3Gn4u7pz4msHhPsk7>

Crowley Lake - QUIET HOURS 9PM - 7AM

37.56669, -118.74180

Road closure at Crowley Lake Off Ramp: 9/26. It now sounds like this will not apply to us, you can take the Crowley Lake exit.

21 min from Mammoth Village to Crowley Lake Community Center. All paved roads. Cell coverage.

<https://maps.app.goo.gl/E7ysbfoxE38NYbLB7>

Important:

For all aid stations in the Glass Mountains, you must follow the driving directions. DO not try to take shortcuts to connect Forest service roads instead of going back out to the 120 each time. Some of the FS roads are not maintained, and you could end up with more than you bargained for. Or, you will end up on our course dusting our runners, which we would also highly prefer you don't do.

Green Church

37.63784, -118.65508

24 min from Crowley Lake to Green Church via 395 and Benton Crossing Rd

<https://maps.app.goo.gl/Wpq5euPirxaYFf1S7>

****IMPORTANT: There is absolutely no vehicle or crew access across the Long Valley Dam, be very careful that Google Maps does not send you that way. It might look like the fastest option but it is NOT open to the public and you will impact our permit, as well as risk getting your runner disqualified. From Crowley Lake, please go back onto the 395 and then turn right onto Benton Crossing Road to get to the Green Church AS. Park on the right hand side of the road as you approach the intersection where runners cross.**

No cell coverage at Green Church AS. Make sure you have offline Google Maps downloaded. We also highly recommend downloading the Cal Topo app and uploading the gpx map route into the app so that you can follow the route without cell coverage (it's patchy in the Glass Mountains).

28 minutes from Village Plaza

<https://maps.app.goo.gl/SY1q2r34qvwdgNNY7>

Taylor Canyon

37.83369, -118.75495

From the 120, take Adobe Ranch Road (1N17), and turn left on Wet Meadows Road. Park along the road just before the aid station, being careful not to park on any shrubbery. Road is groomed gravel, with one

rocky/steeper section several miles from the aid station. No 4WD or extra clearance needed. Small amount of cell coverage depending on your provider.

71 minutes from Village Plaza

<https://maps.app.goo.gl/feJeDU8g9UFcDHEu5>

46 minutes from Green Church Via Benton Crossing and 120 W.

<https://maps.app.goo.gl/t6RvoMFL1HkdHEZw7>

Crooked Meadows

37.8192445, -118.8479340

52 minutes from Village Plaza Via US 395 and 120 E. From the 120, take Crooked Meadow road, which turns into Wet Meadow Road.

<https://maps.app.goo.gl/9AASznry9irspTsj8>

Google Maps goes weird for this one. Make sure you enter from the 120, not Bald Mountain Road. While the AS is called crooked meadows, it is about 1.5 miles further down the same forest service road from the actual CM sign, due to permit restrictions. Please be cautious in those last couple of miles as you are sharing the road with our runners and potentially other traffic. From where this pin is, you are turning right onto the small dirt road. The AS is just over a small hill/blind spot, so please exercise caution while driving in there as there may be runners or oncoming traffic heading out.

If you are coming from Taylor Canyon, make sure your route takes you back out to the 120 W and around to enter Crooked Meadows Road. Do not take any short cuts along the service roads from the 1517 to Crooked Meadows. 47 minutes via 120 W and Crooked Meadows Rd.

<https://maps.app.goo.gl/2gXSteZ9pmg2QUMU9>

Crater Mtn

37.89057, -118.98623

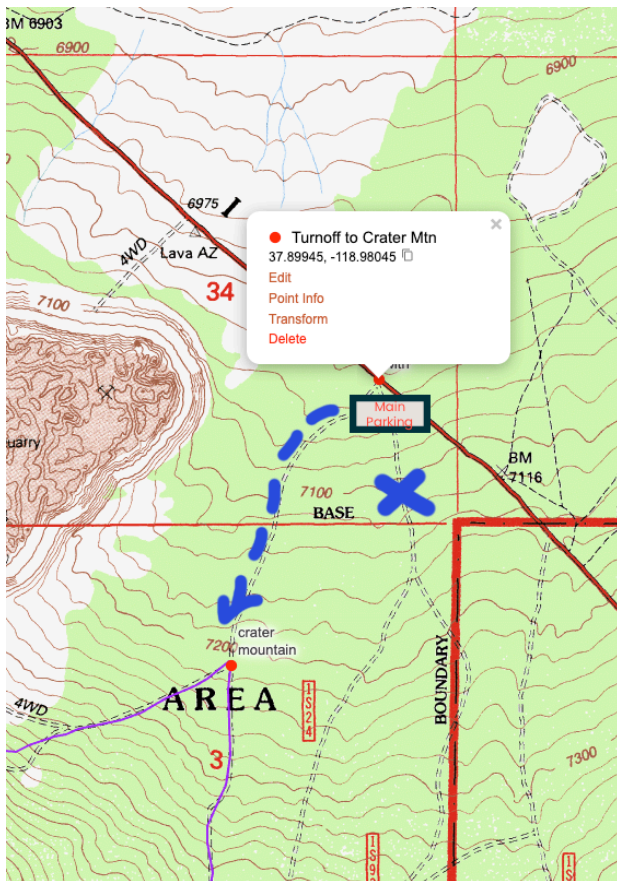
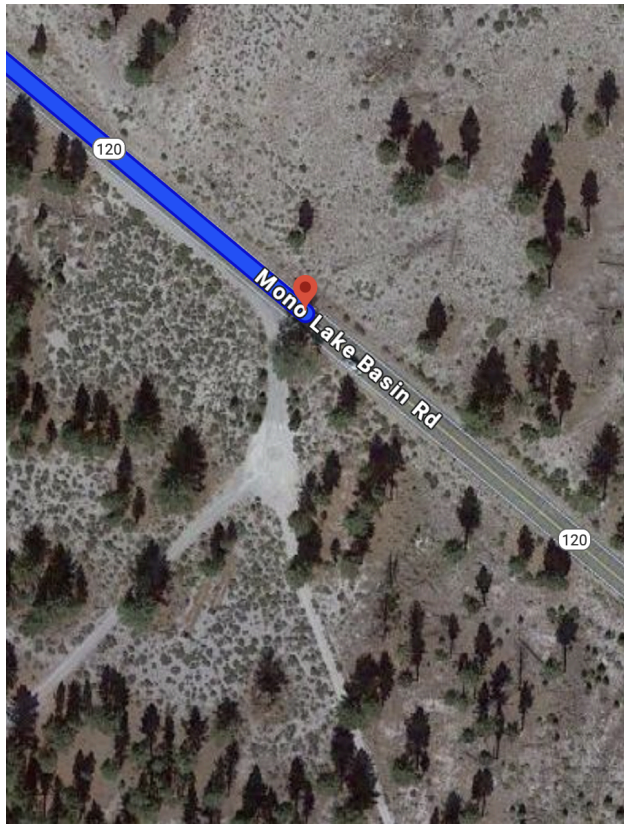
Google Maps isn't very good at this one either. Reference Cal Topo to see the actual forest service road. MAKE SURE YOU ARE TAKING THE CORRECT FORK FROM THE TURNOFF. Stay right.

This is the coordinates of the turnoff from the 120, if you are coming from the Village at Mammoth Lakes.

32 min drive. 37.89945, -118.98045

<https://maps.app.goo.gl/tJy2pMpGKVbcCoZbA>

This is a walk-in aid station for crew access, approx .5 miles as we do not have much room for you to park or turn around at the aid station. There is an area to park at the trailhead sign about 500 ft past the turnoff, or there is one more area you can park a few 100 ft further up the road.



Lee Vining — QUIET HOURS 9PM - 7AM

Lee Vining Community Center

31 minutes from Mammoth Village. All paved. Good cell coverage.

<https://maps.app.goo.gl/zpVVMN9guMWGoxpp6>

16 Minutes From Crater Mountain (the parking area near the 120)

<https://maps.app.goo.gl/PH5PCmdPAQtxReTDA>

Grant Lake

37.87194, -119.11288

10 minutes from Lee Vining Community Center

<https://maps.app.goo.gl/oWyjG4VnJuyh24ND6>

27 minutes from Mammoth Village

<https://maps.app.goo.gl/z1fEcTTazqMKC8M19>

Take the June Loop road from the 395. Slight left at the fork onto Parker Lake Road, a nice easy groomed dirt road. AS is 5 minutes ahead. Good cell coverage.

June Mtn

June Mountain Ski Area (Ticket Building). Good cell coverage.

26 Minutes from Village Plaza

<https://maps.app.goo.gl/9sY5KUivMR1i4BJaA>

From Grant Lake AS:

16 minutes along the June Lake Loop. There are 2 sections where runners are on the road along here, please drive slowly and exercise caution.

<https://maps.app.goo.gl/3XcXHd7zv2DeH5GRA>

Obsidian Dome

37.75783, -119.02667

15 minutes from June Lake Loop

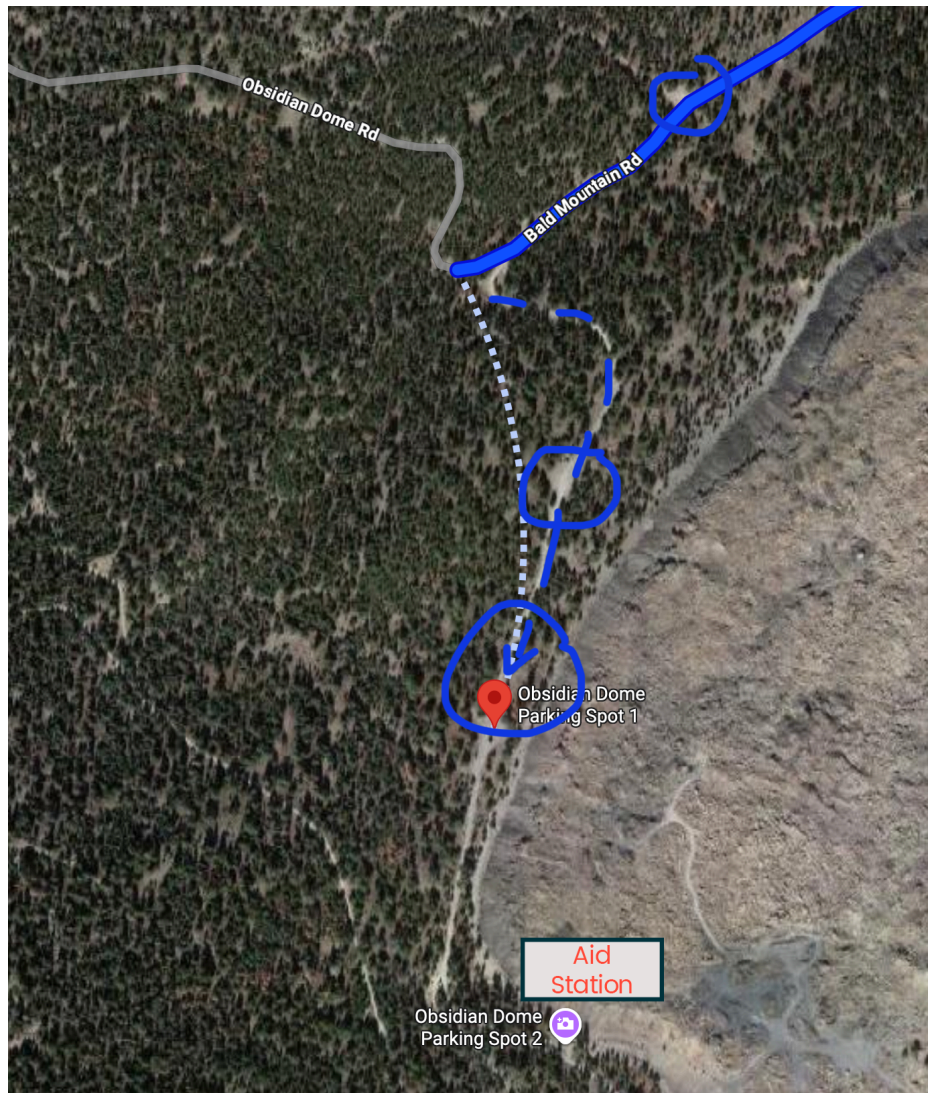
<https://maps.app.goo.gl/oTpfKN9bBAiK1ghEA>

From the 395, turn onto Bald Mountain Rd/Obsidian Dome Rd. There is a staging area right there, **please wait there** until your runner is close to the aid station as there's not a lot of parking by the aid station. It's a ~5 minute drive into the aid station from that area. Note that Google Maps stops when you hit the intersection and go left on the 2S79 to get to the aid station, but you can drive a bit farther to the parking pullouts. Dirt road from the 395. There is one big hump in the road after the intersection of Bald Mountain Road and Obsidian Dome Road, but I watched a Jetta handle it so you should be fine with your vehicle clearance. If you're concerned, park before that intersection.

21 minutes from Village Plaza

<https://maps.app.goo.gl/Ajx33Zj7ZVsR7Ziy5>

When you get there: There are several roadside pullouts before the aid station, please aim to park in Parking Spot 1 or in the blue circled areas (anywhere where you can pull over and allow traffic to pass while NOT being on any vegetation is fine) and then walk up to the aid station. There is good cell coverage. There is good cell coverage.



Inyo Crater

37.68180, -119.00579

9 minutes from Village Plaza.

<https://maps.app.goo.gl/PdFTxnDD8R1ozooSA>

17 minutes from Obsidian Dome AS

<https://maps.app.goo.gl/xXCfgPKEMaLwVv519>

Take the paved Mammoth Scenic Loop, slight right onto the Dry Creek Road Spur. Park on the side of the road just before the aid station, being careful not to park on vegetation. Good cell coverage.

Minaret Vista

37.65833, -119.06135

WALK IN AID STATION. NO CAR CREWING.

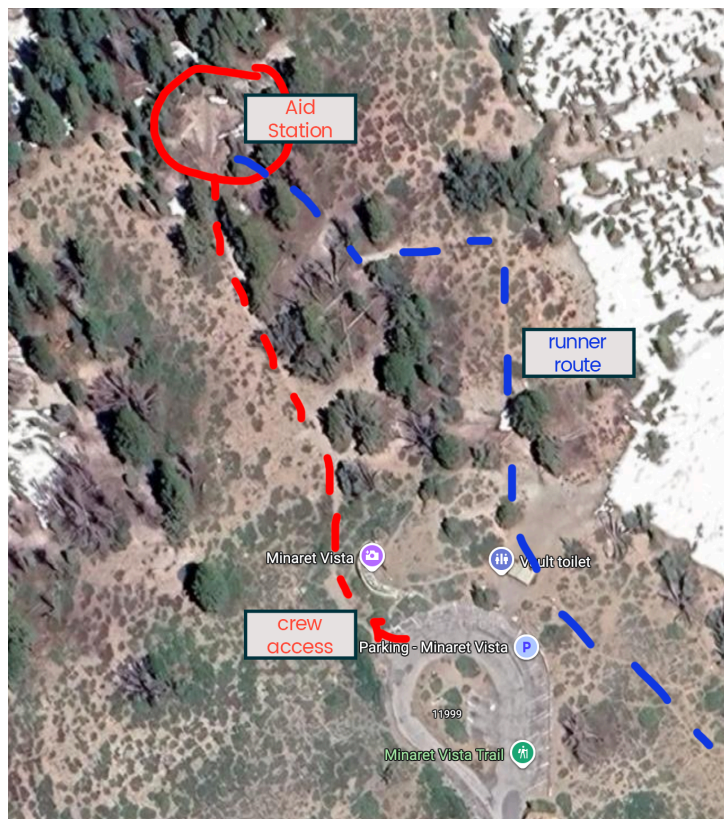
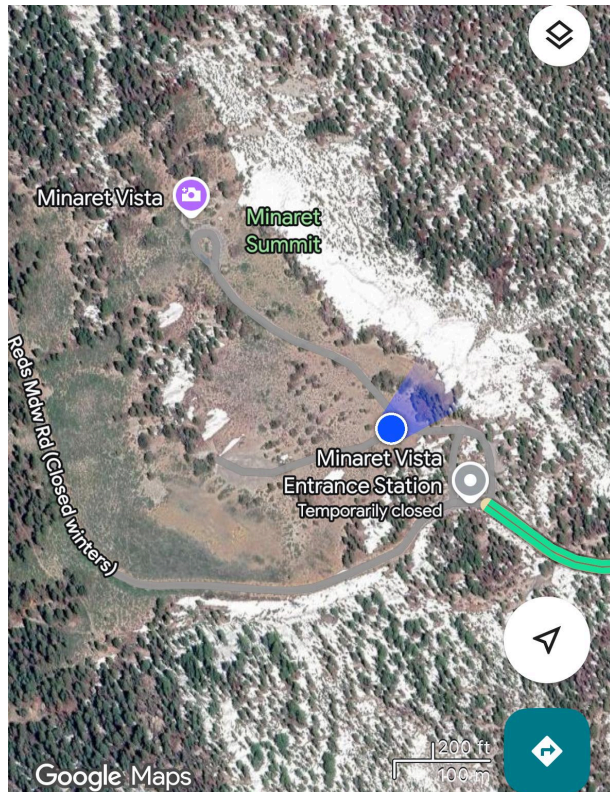
17 minutes from Obsidian Dome to Minaret Vista

<https://maps.app.goo.gl/Pc59U23AuwehlZ4k8>

11 minutes from Village Plaza

<https://maps.app.goo.gl/1BFW41b8YNyCEsxj9>

Paved road outside of getting back to the 395 from Obsidian Dome. Good cell coverage. Please park at the pullouts below the Minaret Vista parking lot during the daytime hours, as we don't want to take over the space from other users. The aid station is a 5 minute walk from the parking lot. We are asking crew to crew from the aid station as this is a small aid station, and is not a sleep station. It's a chance to see your runner and give them one final boost before they head over the top of Mammoth Mountain again.



getting here/ staying here

getting here/ staying here

One of the things we are most excited about with this course is how great it is for all of the logistics options. As a loop course, it makes the most sense to book your accommodations in Mammoth Lakes. If you have crew, it also makes for an easy homebase for them, and the furthest they will have to drive from the Village to one of the aid stations is about 75 minutes (which, by the standards of 200 miler crewing duties, is pretty great).

lodging

We've been able to score the same discounted rates that we offer for trailfest weekend for the MAMMOTH. You can find out [all the deets](#) on our website. Discounts of 20-30% off all lodging with our preferred partner, Mammoth Mountain, available from Sept 16- 30, 2025. [Book here.](#)

dispersed camping

<https://www.visitmammoth.com/trip-ideas/dispersed-camping-just-outside-mammoth-lakes/>

There are also lots of great campgrounds around. June Lake campground, to name one, offers cheap showers for under \$1. Or, jump in a lake!

getting here

There are a few options for [getting here](#). If you are flying, Reno International is your closest airport, but Sacramento Int'l and LAX are also good bets. Either

way, you will need a car, or a carpool option to get to [the Village](#) at Mammoth Lakes. If you are running but have no crew, once you get to Mammoth Lakes you do not need a vehicle, as you will be running in a giant loop back to where you started.