



Rewild - Retreat to Taos, NM

October 23-27, 2025

Welcome to the retreat! Jaime and I (Anna) are so thrilled to be collaborating again to offer this incredible experience. Please read this document thoroughly and keep it for future reference. It contains everything you need to know for our trip. If you have any questions please reach out.

What to Bring

October is one of the best times to visit Taos. The daytime temperatures average in the high 60's with full, bright sun and the night time temperatures go down into the 30's. Due to the higher elevation the sun is much more intense than we are used to therefore we recommend bringing sunglasses, a hat and a hydrating lip balm. If you plan on hiking, pack thermal wool socks, an insulated jacket (like a lightweight puffer or fleece) , quality base-layers and hiking shoes. Bring a reusable water bottle, swimsuit for the sauna and hot tub, yoga clothes and some casual outfits for your free time. You may also like to have some cozy socks/slippers for hanging around inside. Bring a journal and pen/pencil, books, e-reader. The yoga space is fully stocked with mats so you can leave yours at home. The hotel also has toiletries of shampoo, conditioner, body soap and lotion.

Getting Here

Booking your flight

The dates of our trip are October 23-27, 2025

Arrive BEFORE 1pm local time (MST)

Depart AFTER 12pm local time (MST)

You will fly into Albuquerque International Sunport (ABQ).

Arrival

For day-of-travel flight changes, delays etc call or text Anna at 617-599-0847.

If you miss the shuttle for any reason, like flight delay or missed connection, you are responsible for the cost of your transport to the hotel.

We are using RoadRunner Shuttles for our transport. Your RoadRunner driver will greet you with a sign at the bottom of the escalators in the lower level baggage claim area, near the information desk.

The shuttle will be leaving at 1pm. Please arrive 10-15 minutes before to ensure a timely departure. If you're hungry when arriving in New Mexico we suggest grabbing a snack or meal before boarding the shuttle. The drive from the airport is just shy of 3 hours. We hope to have everyone arriving in Taos around 4pm local time. Once you arrive we'll show everyone to their rooms so you can get settled.

Retreat Schedule

<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>	<u>MONDAY</u>
4pm Arrival	8am Breakfast	8am Breakfast	8am Breakfast	7am Breakfast
4:30 Opening Circle & Yoga	9:30am Yoga & Journaling	9:30am Yoga & Journaling	9:30am Yoga & Journaling	8am Departure
5:30pm Dinner	11:30am Lunch	12pm Lunch	12pm Lunch	
	12-5pm Free Time	12-5 Free Time	12-5 Free Time	
	12-5pm Ojo Caliente Spa	5pm Yoga	1-3pm Taos Pueblo & downtown	
	5pm Yoga	6ish Dinner	5pm Yoga & Closing Circle	
	6ish Dinner		6ish Dinner	

Free Time

We've intentionally left a good chunk of time open in the day for you to craft an experience that nourishes YOU best. Our home for the week is the historic San Geronimo Lodge. On the property are several cozy lounge spaces, big verandas with beautiful views, hot tub and an 8 person sauna. We are an easy walk to [downtown Taos](#) for shopping, galleries and restaurants. Also the [Carson National Forest](#) trailhead is a short 2 miles from our property. Adventuring further abroad we'll offer two group excursions, one to [Taos Pueblo](#), a Native American community that has inhabited this site for over 1000 years. The other is to [Ojo Caliente](#), one of our country's oldest and, most famous, health spas. Alcohol is not provided by us but you are welcome to purchase your own to enjoy in your downtime.

Cancellation Policy

All payments are non-refundable. 50% deposit to book your spot with the remainder due July 1, 2025. There are no exceptions to the cancellation policy including COVID, personal/familial sickness and/or injury, weather and canceled flights. In the event this retreat is canceled a refund of all funds paid will be given.