

***A Growing, Living Resource Page for Learning about racism, anti-racism, privilege, allyship, etc.*** (No particular order)

**Privilege**

- [White Privilege](#)
  - 5 minute cartoon video explaining white privilege
- [What is Privilege?](#)
  - A 4 minute video by Buzzfeed showing an exercise where people learn about privilege in a visual way
- [The power of privilege: Tiffany Jana at TEDxRVAWomen](#)
  - The Power of Privilege
  - 15 minute TedX Talk by Tiffany Jana
  - Focused on privilege disparities in the workplace, specifically for women and BIPOC
- [Recognizing Privilege: Power to All People | Michael Yates | TEDxTexasStateUniversity](#)
  - Recognizing Privilege: Power to All People
  - 14 minute TedX Talk by Michael Yates
  - Focused on privilege disparities in education, specifically for BIPOC
- [White Privilege: Unpacking the Invisible Knapsack](#)
  - Understanding white privilege
  - Talks about most people (specifically white people) are taught about race in schools, how they are taught to think about race, etc.
  - Discusses things white people can do without second thought compared to their black counterparts
  - How to end/undo white privilege in terms of action

**Systematic Racism**

- [Race, Ethnicity, and the Criminal Justice System](#)
  - A publication by the ASA for understanding race in the criminal justice system
  - Discusses disparities in offending and victimization, uneven racial effects of recent criminal justice policies and practices, etc.
- [Systemic Racism Explained](#)
  - 4 Minute video cartoon explaining systemic racism
- <https://www.amazon.com/Caste-Origins-Discontents-Isabel-Wilkerson/dp/0593230256>

## Engaging in Conversation

- [Home - Uncomfortable Conversations](#)
  - Emmanuel Acho (former NFL Linebacker)
  - “A safe place to have the uncomfortable conversations about race that many white people have never been able to have”
- [What Is A Microaggression? And What To Do If You Experience One. : Life Kit](#)
  - Talks about microaggressions
  - How to navigate a difficult convo about race
- [Want To Have Better Conversations About Racism With Your Parents? Here's How : Life Kit](#)
  - How to navigate a difficult convo about race
- [Race Talk: Engaging Young People in Conversations about Race and Racism](#)
  - Talking about race in youth communities

## Intersectionality

- [On Black Lives Matter, intersectionality and race | Anna Devere Smith](#)
  - 10 minute TED TALK discussing BLM and intersectionality through real-life conversations
  - “Playwright, actress and professor Anna Devere Smith delivers two powerful monologues, “No Music” and “Big Stick,” re-creating conversations she had with two black youngsters from inner cities.”
- [Bob the Drag Queen & Peppermint Talk Black Lives Matter](#)
  - Bob the Drag Queen and Peppermint (both RuPaul’s Drag Race alum) discuss why saying “Black Lives Matter” is important
  - This is an important resource to ensure our efforts are intersectional
  - [I Can't Talk About My Blackness Without Talking About My Queerness](#)
  - [RuPaul's Drag Race Stars Peppermint And Bob the Drag Queen on Black Lives Matter Movement](#)
    - ^^ Other resources by them about BLM and Intersectionality

## Undoing Racism in the Non-Profit World

- [Discussion: How Does Racism Show Up in Nonprofit Work?](#)
  - Includes two short articles and discussion questions
- [Strategies](#)
  - Took kits for creating racial equity in organizations

## Being an Ally

- [https://www.amazon.com/Me-White-Supremacy-Combat-Ancestor/dp/1728209803/ref=sr\\_1\\_1\\_sspa?crid=2PE4N68H5TORQ&dchild=1&keywords=layla+saad&qid=1603391546&sprefix=layla%2Caps%2C208&sr=8-1-spons&psc=1&spLa](https://www.amazon.com/Me-White-Supremacy-Combat-Ancestor/dp/1728209803/ref=sr_1_1_sspa?crid=2PE4N68H5TORQ&dchild=1&keywords=layla+saad&qid=1603391546&sprefix=layla%2Caps%2C208&sr=8-1-spons&psc=1&spLa)
- [Discussing her book “White Fragility” by Robin DiAngelo](#)
  - Robin DiAngelo, author of *White Fragility: Why It’s So Hard For White People To Talk About Racism* talks for 10 minutes about points in her book
  - Why white people become so easily defensive when it comes to talking about racism
  - White expectations about how the world should be for them and not seeing how that takes from others
  - How the world around white people reiterates that it is THEIR world... representation or lack thereof of BIPOC in authority positions
  - [A Sociologist Examines the “White Fragility” That Prevents White Americans from Confronting Racism](#)
- [5 Things That Aren’t Allyship and What To Do Instead](#)
  - Outlines 5 actions that are often mistaken for allyship
  - Gives alternatives
- [Dr. Emeka’s and Dr. Kojofaro’s Tik Toks](#)
  - Tik Tok showing black men in scrubs vs. in their hoodies
  - Emphasises being an ally at ALL times, not just when they look safe or worthy of allyship
- [@roxybee and @thegreywitch3 on Tik Tok](#)
  - White female ally discusses her role and duties as an ally with examples
- [@mistablackteacher and @alaskan.boii on Tik Tok](#)
  - White male claps back at racist/tone deaf comment about making a “white creator day”
  - Ally mentions all the ways white groups have mistreated minorities

### **Microaggressions**

- [Dear White People video, Racism Insurance Coverage for White Privilege](#)
  - White privilege, microaggressions, stereotypes- laid out in a comedic/easy-to-understand way
- [What kind of Asian are you?](#)
- [Autistic Hoya — A blog by Lydia XZ Brown: Ableism/Language](#)
- [How To Tell People They Sound Racist](#)

### **Implicit Bias**

- <https://www.vox.com/2014/12/26/7443979/racism-implicit-racial-bias>

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### **Social Spheres/Systems**

- The Social Change Ego System
  - <https://buildingmovement.org/wp-content/uploads/2020/06/Final-Mapping-Ecosystem-Guide-CC-BY-NC-SA-4.0-Handles.pdf>

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### **Social Media & Media Centered Resources**

#### **BIPoC Educators & Workshops**

##### **Diversity & Inclusion (Through Yoga, Meditation, Wellness)**

- <http://trustyourori.com/workshop>
- <https://redclayyoga.org/diversity-workshops/>
- <https://redclayyoga.org/how-to-engage-yoga-in-meaningful-inclusive-ways-with-youth/>
- <https://octaviaraheem.com/starshine-clay-soul-portal/>
- <https://www.facebook.com/unity2030>
- <https://www.instagram.com/blackgirlinom/>
- <https://www.instagram.com/blackboysom/>
- <https://www.instagram.com/ethelsclub/>
- <https://www.instagram.com/thenapministry/>
- <https://www.instagram.com/chelsealovesyoga/>

#### **BIPoC Instagram (Empowerment, Anti-Racism, Justice)**

- <https://www.instagram.com/trustyourori/>
- <https://www.instagram.com/wearyourvoice/>
- <https://www.instagram.com/the.ugly.black.woman/>
- <https://www.instagram.com/blackvisionscollective/>
- <https://www.instagram.com/blackarchives.co/>
- <https://www.instagram.com/theconsciouskid/>
- <https://www.instagram.com/thelovelandfoundation/>
- <https://www.instagram.com/civilrightsorg/>
- <https://www.instagram.com/naacp/>
- <https://www.instagram.com/unitedwedream/>
- <https://www.instagram.com/showingupforracialjustice/>
- <https://www.instagram.com/mvmnt4blkives/>

- <https://www.instagram.com/impact/>

### BIPoC Organizations

- <https://www.reclaimugly.org/>
- <https://www.reclaimugly.org/educational-tools/uglification-101-slide-show>
- <https://m4bl.org/>
- <https://impact.crd.co/>
- <https://unitedwedream.org/>
- <https://www.showingupforracialjustice.org/>
- <https://www.blackvisionsmn.org/>
- <https://www.blackarchives.co/>
- <https://thelovelandfoundation.org/>
- <https://speakingofracism.com/>

### BIPoC Books/Authors/Articles

#### Buy Books [Here](#)

- <https://octaviaraheem.com/gather/>
- Welcoming Spirit Home -Sobonfu Somé
- The spirit of intimacy: ancient african teachings in the ways of relationships - Sobonfu Somé
- Things fall apart - Chinua Achebe
- Children of blood and bone - Tomi Adeyemi
- Playing in the dark whiteness and the literary imagination -Toni Morrison
- Emergent Strategy: Shaping Change, Changing Worlds by Adrienne maree brown
- Crucial conversations tools for talking when stakes are high - Kerry patterson
- Assata: An Autobiography
- Restorative Yoga for Ethnic and Race-Based Stress and Trauma Book by Gail Parker
- [Whose culture has capital? A critical race theory discussion of community cultural wealth](#)

### Videos/Interviews/Movies/Shows

- [Toni Morrison Interview](#) Youtube
- [Toni Morrison Interview](#) Youtube
- [13th Documentary](#) Netflix & Youtube
- [BlindSpotting](#)
- [When They See Us](#)
- [Toni Morrison: The Pieces I Am](#) Hulu
- [What Happened To, Miss Simone?](#) Netflix

- [Rihanna NAACP Youtube](#)
- [Angela Bassett Black Girls Rock Youtube](#)
- [Dear White People](#) Movie and Show on Netflix
- [Underground Season 2 Episode 6 - Minty \(Hulu\)](#)

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- [The Children's March](#)
  - The 16th Street Baptist Church bombing was an act of white supremacist terrorism which occurred at the African-American 16th Street Baptist Church in Birmingham, Alabama on Sunday, September 15, 1963, when four members of the Ku Klux Klan planted at least 15 sticks of dynamite attached to a timing device beneath the front steps of the church.
  - Described by Dr. Martin Luther King, Jr. as "one of the most vicious and tragic crimes ever perpetrated against humanity", the explosion at the church killed four girls and injured 22 others.

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**Wisdom of Trauma - Trauma Talk Series - Day 1 - Part 2**

Somatic Abolitionism: Nurturing Healing Communities w/ Resmaa Menakem & Dr. Gabor Maté

<https://www.youtube.com/watch?v=WlbEnYsaI5A>

Watch all talks at <https://wisdomoftrauma.com>

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<https://www.centerforhealingracialtrauma.com/>