



Jill Burynski: World Massage Festival Educator & Founder of the Living Sabai Thai Massage CE School

The World Massage Festival (WMF) is honored to feature **Jill Burynski**, a respected educator, international instructor, and the founder of **Living Sabai**, a **world-renowned Thai massage continuing education school**. With decades of experience and a deep respect for traditional healing arts, Jill brings exceptional knowledge, authenticity, and inspiration to the WMF educational community.

A Leader in Thai Massage Education

Jill Burynski is widely recognized for her contributions to Thai massage education around the world. As the founder of **Living Sabai**, she has created a continuing education program that is internationally respected for its quality,



depth, and integrity. Living Sabai's curriculum honors the roots of traditional Thai massage while making it accessible and relevant for modern massage therapists.

Her work has helped thousands of therapists expand their skill sets, improve body mechanics, and develop a deeper understanding of movement-based and therapeutic touch.

Teaching at the World Massage Festival

As a WMF instructor, Jill Burynski brings her extensive background in Thai massage and bodywork education directly to festival attendees. Her classes are known for being **engaging, hands-on, and empowering**, offering practical techniques that therapists can immediately integrate into their practices.

At WMF, Jill's teaching often emphasizes:

- Traditional Thai massage principles
- Effective use of body mechanics and movement
- Therapist sustainability and longevity



- Clear, confident application of techniques
- Respect for client communication and boundaries

Her ability to break down complex movements into approachable, teachable steps makes her classes valuable for both new and experienced therapists.

A Global Perspective and Teaching Philosophy

Jill's teaching philosophy is rooted in authenticity, cultural respect, and lifelong learning. Her global experience studying and teaching Thai massage informs a style that blends tradition with thoughtful adaptation. She encourages therapists to work with intention, awareness, and respect for both client and practitioner.

Students frequently describe Jill's classes as inspiring and grounding, noting her ability to create a learning environment that is both educational and deeply connected to the heart of the work.

A Valued Educator and Industry Leader



As both a WMF teacher and the founder of Living Sabai, Jill Burynski represents the highest standards of massage education. Her presence at the World Massage Festival reflects WMF's commitment to offering instruction from educators who have shaped the profession on a global level.

The World Massage Festival is proud to feature Jill Burynski and grateful for the experience, leadership, and passion she brings to the WMF community year after year.