

AGOGUE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases

- I am Filip Szemiczek. I work for my ancestors, my family, and GOD.
- I have nothing to fear - GOD will steer me in the right direction.
- I am helping my family regain financial dominance!

Core Values:

- Perspicacity. I must use the Agoge Program to be able to prepare for challenges
- Independence. I must leverage resources, not rely on them.
- Fearlessness. I need to do the things I fear to grow.

Daily Non-Negotiables

- Daily checklists (Copywriting, Daily Mental Power, and Business Mastery)
- Have to feel proud of something I've done at the end of each day
- Have at least one long session of deep work undisturbed everyday.

Goals Achieved

- Propel a client to unprecedented success. Get paid accordingly.
- Completes the Copywriting, Daily Mental Power, and Business Mastery Checklists everyday
- Takes pressure off his parents and makes them proud.
- Makes GOD proud every day by following GOD's plan

Rewards Earned

- Can spend quality time with family daily

- Can invest in more home gym equipment to become a strong and relied-on man.

Appearance And How Others Perceive Him

- Others see him as a capable and independent man who surrounds himself with other strong people. They sometimes even depend on him for motivation
- He has gained significantly more muscle, especially in the forearms, biceps, and traps.
- He has let his hair grow out more, with his hair being a more noticeable feature
- His acne has gotten much better because of his improved well-being, diet, and self-care
- His fireblood catches the glimpse of every soul in a room. He is always hungry for growth and challenges.

Day In The Life

- I wake up at 6:25 AM every day. I eat a healthy breakfast with some protein and vegetables, I shower, I brush my teeth, I get dressed, and I feel equipped.
- Despite how far I've come, I still take time to plan my conquest for the day ahead as per the daily checklist.
- I complete the Daily Mental Power Checklist as per Professor Moneybag. I feel powerful and ready for the day ahead.



- Until 4 PM, I either crush it at school, or on weekends, I am completely focused on overdelivering for clients to help them grow. Of course, when at home, I follow Professor Stanciu's advice of doing 30 seconds of squats/pushups for every 20 minutes of sitting. I feel powerful and engaged doing this.

- After this, I read 3 chapters of The Holy Bible and understand the message behind them to get closer to GOD. This makes me feel more powerful as a man and gives me purpose.



- After this, I complete everything on the Copywriting and Business Mastery daily checklists. I feel fulfilled doing this knowing that I am spending my time doing something useful and that I am disciplined enough to complete non-negotiables.
- After working my hardest at my home gym, I am drenched in sweat and I feel amazing knowing that I am training harder than most of the population. However, I feel excited knowing that I can train even harder, as some people in TRW do...
- I post on Instagram and LinkedIn to grow my digital presence and generate more leads. I feel proud that I am not scrolling like some other mindless morons on these websites.
- For the last hour of the day, I take time to reflect on the wins and losses for the day. I complete the Eisenhower Matrix for the upcoming day to understand what I need to do tomorrow. My reward is being able to speak to my family and read books from successful people such as Alex Hormozi, 50 Cent, Grant Cardone, Jordan Belfort, Gary Vaynerchuk, Gary Halbert, David Ogilvy, and more.



- Before going to sleep, I thank GOD for the opportunities I have and all of the strength he lends me. I get a restful 7-8 hours of sleep.