

Eco- Explorers

2nd-3rd Grade



Summer 2025

Coastal Discovery Center at
Camp Gray
3400 SW Abalone St
Newport, OR 97366
(541) 819- 0030

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PROGRAM DATES:

Monday - Wednesday, June 30– July 2, 2025

CHECK-IN:

Monday, 7:00 AM at the OMSI North Parking Lot (see map)

PICK-UP:

Wednesday, 5:00 PM at the OMSI North Parking Lot (see map)

OMSI will notify primary contact via email or phone in the event of a significant schedule or program changes. In an emergency, notification is done by phone.

Dear OMSI Family,

Welcome to Eco-Explorers at the Coastal Discovery Center at Camp Gray! We are all looking forward to a summer full of unforgettable experiences on the Oregon Coast.

First, take a moment to review your receipt and confirm the dates of your program. Next, to ensure that your camper is ready for adventure, please read the enclosed material with them. By becoming familiar with this information, you and your camper will be prepared to have a safe and comfortable experience this summer.

For additional registration, billing, or transportation questions, please contact OMSI Registration at register@omsi.edu, or 503-797-4661.

Specific site or program questions may be directed to Camp Gray by calling 541-819-0030, or by emailing CampGray@omsi.edu.

Sincerely,

The OMSI Outdoors Team

(We are a team of cabin counselors, program instructors, cooks, facility maintenance, program supervisors, and site managers, additionally supported by staff in the OMSI museum)

Camper Check-in and Pick-up Information

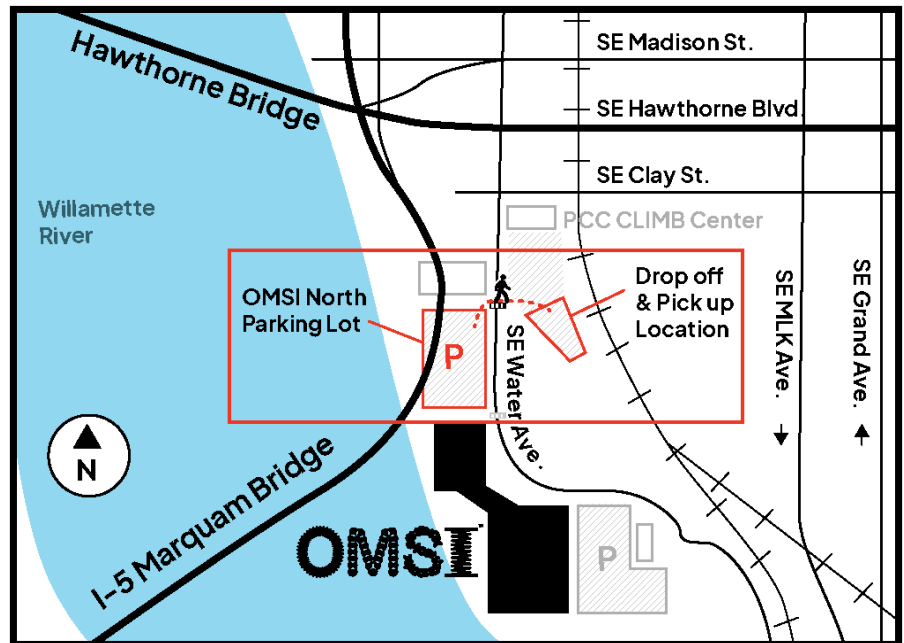
Parking:

Park in OMSI's North Lot & check-in across the street at 1800 SE Water Avenue.

PLEASE BE SAFE when crossing Water Avenue—use the crosswalk!

Please remember:

- ☐ Bring a sack lunch for the first day
- ☐ Bring medications in their **original** containers (including supplements and vitamins)
- ☐ Bring completed medication form ([p.13](#))
- ☐ Ensure the person picking up your camper is authorized to do so
- ☐ Bring photo ID for pick-up



Authorized Pick-up Policy

For the safety of your camper(s): **only authorized adults with valid government-issued photo ID** will be allowed to pick up a camper from OMSI programming.

Please confirm the authorized pick-up list at check-in on the first day of programming.

- Only the primary contact person can add names to the authorized pick-up list.
- All changes must be made by the primary contact person listed during registration through OMSI's registration office by phone (503-797-4661) or email (register@omsi.edu).
- We understand emergencies do arise; please contact registration or site managers to resolve individual situations.

Registration or billing questions? Email: register@omsi.edu or call 503-797-4661

OMSI Camps Communicable Diseases Policy

OMSI Families,

OMSI follows the operational guidance of the [CDC](#) for overnight child care. These policies are also in line with many school districts around the state and the Oregon Health Authority.

OMSI strongly encourages all campers to be vaccinated. Please help prevent the spread of communicable diseases and support a safe and healthy experience at camp.

Anyone who has the following symptoms should not attend:

- Fever greater than 100.4 degrees F
- Shortness of breath/difficulty breathing
- Fatigue
- Sore throat/Cough
- Diarrhea
- Nausea/Vomiting

Anyone scheduled for an OSI program with the following should not attend:

- Lice or nits
- Conjunctivitis
- Any other highly contagious illness or condition

If symptoms develop during camp at OSI:

- OSI staff will call the primary contact (or anyone on the authorized pick-up list if the contact cannot be reached), and request the camper be picked up.
- While waiting for pickup, the camper will rest in a designated infirmary area.

If a camper who left a program due to illness tests positive for a communicable illness they will need to stay home until they are no longer contagious, have improving symptoms, and be fever free for at least 24 hours without fever reducing medication, before returning to participate in an OSI program.

Health and safety are OSI's highest priority, in the event that OSI does not have enough staff available to safely run a camp program due to illness, that specific program will be canceled and a refund issued.

Activity Information

Are you new to overnight camp? Eco-Explorers is a great way to get your feet wet, literally! Get a taste of everything at Camp Gray. Spend your mornings at the beach playing at the water's edge, digging in the sand, and searching for seashells. In the afternoon, you'll participate in your choice of activities while making new friends and creating lasting memories. You'll spend three days and two nights immersed in camp activities including arts and crafts, skits, sports, and nature hikes. End your days with games and songs around the campfire.

Eco-Explorers Highlights

Monday

Drive to the Coastal Discovery Center at
Camp Gray
Team Challenge
Campfire

Tuesday

Ona Beach Exploration
Plant Walk
Nature Art
Sing for your S'mores

Wednesday

Bird Walk
Drive back to Portland, 4:45 Arrive at OMSI
I

Typical Daily Schedule

7:00 Wake up / Cabin time
8:00 Breakfast
9:00 Lunch Making
9:30 First Program Activity
12:00 Lunch & Quiet Cabin Time
1:30 Second Program Activity
3:30 Snack
4:00 Third Program Activity
5:30 Free Play Time
6:00 Dinner
7:15 Evening Program
8:30 Campfire
9:00 Get ready for bed
9:30 Quiet hours

**Schedule and activities subject to change. Some camps may not follow this specific schedule.*

Level of Physical Activity 1: ■□□□

Before each activity, OMSI staff will review with campers the risks of the activity and the precautions to be taken. The nature and demands of the program are "Level 1: Easy". Examples of activities include:

















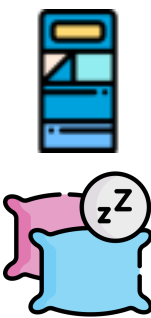
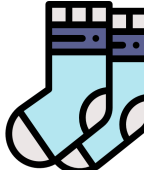



Examples of activities include:

- Walking on uneven trails for 1–2 miles with a light daypack; wading in shallow water .
- Playing sports such as basketball or group games such as tag for 30–45 minutes .
- Using specialized equipment and hand tools such as scissors; using art supplies; carrying light equipment.

Risks include, but are not limited to: scrapes and scratches, cuts and bruises, insect bites and stings, blisters, exposure to inclement weather and temperatures over 90° F, and sunburn.

Packing List for Eco-Explorers

Icons made by Freepik from www.flaticon.com

	Rain gear (jacket w/hood & pants, or poncho)		**Sack lunch for the first day**		Toiletries: (soap, toothbrush/ toothpaste, comb/brush, deodorant)
	1 pairs of long pants		Daypack with straps		Towel
	1 or 2 pairs of shorts		Flashlight or headlamp		Sunscreen and lip balm with sunscreen
	4 shirts: 3 short-sleeved; 1-long sleeved (for layering)		1-2 water bottles (refillable)		<u>OPTIONAL</u> Sunglasses Hat Flip flops Book Journal Camera Playing cards Games
	Sweatshirt or warm jacket (it will get cold at night)		shorts for wading (depending on the weather we might play at the ocean's edge)		
	3 pairs of shoes: 1 pair of sturdy, well-fitting and broken-in shoes for hiking, 1 pair shoes for in-camp use & 1 pair shoes that can get wet		Sleeping bag/warm bedding, pillow with case, and (optional) fitted twin sheet.	Leave at home candy, chewing gum, and snacks (Food in cabins/tents attract rodents and insects.)	
	Underwear & socks for each day		Pajamas	electrical equipment (cell phones, tablets, MP3 players, video games, etc.)	
					 

Facility Information

Campers will stay at OMSI's Coastal Discovery Center at Camp Gray in Newport, Oregon. Built in 2016, Camp Gray is a modern ADA accessible facility located a mile from the beach. Close to many of the great attractions of the Oregon coast such as the aquarium, tide pooling, local beaches and much more, Camp Gray provides a multitude of adventures for its campers. Based at the edge of South Beach State Park, Camp Gray has access to the trails that explore the ecotone out to the beach.

The rooms are simple but warm and comfortable with both air conditioning and heating as well as electricity available. Each room has four bunk beds; one spot is reserved for an OMSI cabin counselor. Bunk rooms have attached restrooms and shower stalls, which campers can access via a covered porch. Safety is our primary concern; all buildings are equipped with fire extinguishers and smoke and carbon-monoxide detectors. Our infirmary is fully stocked with an AED and supplies for minor first aid.

In the center of the camp is the main hall where campers share meals with their friends and OMSI Outdoors staff. Breakfast and dinner are served buffet-style in Meyer Hall, and campers will make and pack a lunch to take with them after breakfast. We can accommodate some dietary restrictions such as vegan, vegetarian, gluten-free, and dairy-free. If you have severe food allergies, questions, or concerns about food service, please contact Coastal Discovery Center staff directly.



Tips for Campers and Families

Lice:

Any campers found with lice or nits will not be allowed to depart for camp. No refunds will be available. If possible, accommodations will be made to enroll the camper in another camp in the same season.

Vaccinations:

Tetanus-toxoid boosters must be current (within the last ten years). Most children received their vaccinations before they started school at age five. If your child has not received one since then, they will need a booster before participating in any of the high school programs.

Medications:

All medications (including over-the-counter and supplements) **MUST** be sent in the original container with the camper's name and complete instructions attached. Turn in all medications at check-in. They will be secured throughout the program and dispensed by one of the certified adult staff members. Everything will be returned to the parents/guardians at the end of the program.

Food Allergies:

If there are additional food allergy or dietary needs that were not mentioned or explained when filling out your registration, please fill them out in the [link](#) here.

First Aid:

The OMSI Outdoors staff are certified in first-aid and CPR, and many are also Wilderness First Responders. Cabin counselors and Program instructors always carry first-aid kits. Precautions will be taken by OMSI staff to ensure the health and safety of each camper. If your camper becomes ill, beyond a minor cold, or is injured, requiring more than a Band-Aid, we will call you to inform you. Accident insurance is provided for all campers.

My Camper will need some extra support:

If there are additional support needs that were not mentioned or explained when filling out your registration, please fill them out in the [link](#) here.

Mail:

If you would like to mail your camper a letter please mail it at least a week in advance to their camp. Address mail to:

Camper's Name
c/o OMSI Camp Gray
3400 SW Abalone Street,
South Beach, OR 97366.





Lose something?

Prevention is key! Please label everything your child brings, as labeling will result in fewer lost items. OMSI is not responsible for lost articles. Any items left behind will be held at OMSI for two weeks. Call OMSI at 503-797-4000 to arrange for their return. Any unclaimed items will be donated.

Camp Community Duties:

To maintain and protect the facility for future campers, as well as practice skills in cooperation and teamwork, all campers will rotate through cleaning activities with their cabin group during the week.

Electronics:

An important part of the camp experience is for each camper to gain independence, develop greater resilience, and enjoy the unique opportunities offered by OMSI Outdoors without technological distractions. Digital cameras are the one exception. Please do not give your camper anything that you cannot afford to replace.

Can I call the camp?

If you urgently need to reach a camper or if you have any questions concerning the staff, the facilities, or the program, contact the site directly. Cell phones are not allowed on any OMSI Outdoors program. We will ensure that any necessary communication between parents/guardians and campers can take place through the main phone at each camp. *Camp Gray office: (541) 819-0030.*

Pen Pal Policy:

We strongly discourage our staff from having contact with your camper after camp since we cannot supervise it. Campers who want to stay in touch with each other may exchange phone numbers, addresses, or emails, but understand that any communication between your camper and another camper or a staff member after the camp session is the responsibility of the campers' parent or guardian to oversee.



Positive Behavioral Interventions & Supports

We utilize positive behavior intervention and support procedures to give campers space and time to take a breath and realign when they are disengaged from the activity or in conflict with other campers/staff. In response to unsafe or disruptive behavior, staff will support campers with one of these paths: redirection, a break, a side conversation with site supervisors, or a call to the primary contact, depending on the type of behavior.

We strive to work closely with families to find behavioral tools that allow all campers to successfully participate in OMSI Summer Camps. We will ask families to come to the site to pick up campers whose behavior poses a threat to other students, staff, or themselves. No refunds will be available.

The goal of these policies is to ensure a safe environment for everyone on site:

1. If a policy is not stated, common sense, good judgment, courtesy, respect, and safety will apply.
2. All living creatures, including people, are to be treated with dignity and respect. This precludes the use of obscenities, jokes, or slurs relating to another's race, religion, gender, sexual orientation, or physical or mental abilities. It also means that plants, and creatures -all of nature- deserve your respect and should not be damaged, injured, or harassed.
3. An OMSI staff member should be contacted immediately if someone is sick or hurt.
4. We do not allow students to use personal electronic devices during the OMSI-led activities and programs. We recognize that electronic devices may be part of a behavioral management plan or family emergency procedure, and we welcome families to reach out to discuss potential accommodations.
5. No type of firearm, explosive, or firework is allowed. Sharp tools will be provided as needed and are to be used in a manner that will not injure one's self or others.
6. OMSI Camps are smoke and vape-free sites. Use of alcohol, tobacco, or cannabis in any form is not allowed. The use of any illegal substance will result in immediate dismissal from the program.
7. Quiet hours are observed between 10:00 p.m. and 7:00 a.m., except under special circumstances.
8. Campers should not visit others' sleeping areas. This is to prevent problems relating to personal possessions and bullying.
9. Pets are not allowed at camp.
10. Violations of these policies, particularly those relating to an individual's physical or mental health and well-being, might include immediate removal from programs.

Transportation Safety

1. Campers are informed of and expected to follow all rules while riding in a bus or van.
2. Campers are required to wear seat belts at all times if provided.
3. Campers must always remain seated while on the bus or van.
4. Campers must keep hands and head inside the vehicle at all times.
5. Campers are not allowed off the bus at any time until complete instructions have been given to them as to where to assemble, what the boundaries are, what will take place at that spot, and when to reassemble at the vehicle.
6. Campers will be with counselors and instructors whenever they are away from the bus or in the van on the way to or from camp.

Alternate Check-in / Pick-up Arrangements

IF YOUR CAMPER WILL BE CHECKING IN or PICKING UP
AT A LOCATION OTHER THAN THE PARKING LOT AT THE MUSEUM IN PORTLAND
PLEASE READ THE FOLLOWING INFORMATION:

We suggest families use the transportation provided by OMSI to and from camp. The time in the bus/van is the first and last moment for building relationships with fellow campers and OMSI staff.

However, we acknowledge that travel to Portland is prohibitive for some families for a variety of reasons. For these occasions, each camp has a set of designated alternative check-in and pick-up locations.

To make arrangements for an alternative check-in/pick-up location, kindly complete the following online form **at least one week** before the start of camp.

[Link to the Camp Gray Alternate Transportation form \(click here\).](#)

This form is used to ensure that families and the OMSI Outdoors staff have the same information for alternative check-in/pick-up locations and times.

Please remember that whoever is picking up your camper will need to show a government-issued photo I.D.

If you have questions or are unable to complete the online form, please contact registration:

OMSI Registration
1945 SE Water Ave
Portland, OR 97214

PHONE: 503-797-4661
FAX # (503) 296-5544
register@omsi.edu

OMSI Overnight Camp Medication Form

Please fill out and bring with you to check-in. We will have extra copies available if needed.

Camper Name: _____

DOB: _____

Name of program: Eco-Explorers (2-3)

Start Date: _____

Parent/Guardian Name: _____

Phone: _____

Please use this form for all medication/ supplements your child will bring to OMSI programming. All medication/ supplements will be secured throughout the programming and administered by a health-certified adult staff member.

Notes for medication/supplements:

- In the **original** container with valid dates (i.e. not expired)
- Names on prescriptions must match the name of the camper.
- Medication must be ready to dispense.
 - (e.g. tablets requiring cutting must be previously cut.)
- Please provide a dosing spoon/cup for all liquid medications

Name of the medication: _____

☐ Prescription

Reason for medication: _____

☐ Over the counter

Dose amount (eg **5mg.**, not "1 pill"): _____

☐ Supplement

Frequency: ☐ as needed ☐ required daily ☐ taken with food

Time of day: ☐ at breakfast ☐ at dinner ☐ at bedtime ☐ other: _____

Additional special instructions:

Instructions if a dose is missed:

Name of the medication: _____

☐ Prescription

Reason for medication: _____

☐ Over the counter

Dose amount (eg **5mg.**, not "1 pill"): _____

☐ Supplement

Frequency: ☐ as needed ☐ required daily ☐ taken with food

Time of day: ☐ at breakfast ☐ at dinner ☐ at bedtime ☐ other: _____

Additional special instructions:

Instructions if a dose is missed:

Name of the medication: _____ ☐ Prescription
Reason for medication: _____ ☐ Over the counter
Dose amount (eg **5mg.**, not "1 pill"): _____ ☐ Supplement

Frequency: ☐ as needed ☐ required daily ☐ taken with food
Time of day: ☐ at breakfast ☐ at dinner ☐ at bedtime ☐ other: _____

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