

Health Syllabus

Course Description: This course is comprehensive in nature with specific emphasis on the social, physical and mental health issues of stress management and decision-making. The topics to be discussed include: developing relationships, the human life cycle (to include teenage pregnancy), A.I.D.S. and other disease prevention, substance abuse, nutrition, and community health issues. **This course is required for graduation and is one semester in length that includes 9 weeks of personal fitness. You have to pass both sections in order to graduate from High School.**

Materials: Textbook – Health-A Guide to Wellness-GLENCOE (Will be on google classroom or provided in class)

Workbook- Choosing the Best Journey (Will be online or provided in class)

Journal/Notebook

Pen or pencil

Units/Topics to be studied:

1. Nutrition
2. Drugs & Alcohol
3. Nicotine & Tobacco
4. Safety and First Aid
5. *Alcohol and Drug Awareness Program (ADAP)*
6. *Choosing the Best Journey* (coursework)

Sex Education Workbook: Students will complete all sections of the *Choosing the Best Journey* workbook online. This abstinence-based program has been selected by Henry County Schools as approved material for this portion of this class. For more information on the *Choosing the Best* programs, please visit. <http://choosingthebest.com/>

ADAP: The Alcohol and Drug Awareness Program will be taught during the semester. The ADAP Certificate of Completion is needed to obtain a Class D driver's license for anyone under the age of 18. To receive an ADAP Certificate of Completion, the student must pass the written test with a score of 70 or higher and must attend each of the four sessions in order to qualify for the examination. In the event the student does not pass the written test or is absent during that week, he or she will need to contact Georgia Department of Driver Services to make-up/retake the class. www.dds.ga.gov

Grading Procedure:

Practice Work	40%
Assessment	40%
Final Exam	20%

Make up work for absences:

Students will have **1 Day per Day Missed** to complete any make-up assignments for **excused absences**. After this period of time, any incomplete assignments will be given a value of zero.

All assignments are to be turned in when they are due. If the assignment is not turned in on the due date, it will be given -10 for each day after the due date.

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Class Rules and Expectations:

1. Students must be in class with appropriate material before the tardy bell.
2. Students must respect others' property, personal space, and their desire to learn.
3. Make-up work will be available upon request of the student. Come see me if you were absent the day before!
4. Students will not be allowed to leave the classroom during instructional time. Emergency visits to the restroom for students with written documentation will be allowed.

Student Name PRINTED: _____

Student Signature: _____

Parent/Guardian Signature: _____