



PHYSICAL EDUCATION

Subject Leader: Mr J Thomas

Examination Board: WJEC

Essential GCSE: B in PE and C in English Language and C in Maths (they need to achieve at least 55% on the GCSE theory paper if the subject has been studied at GCSE level) OR B in English Language and a B in Maths if you have not had the chance to take PE at GCSE.

Desirable GCSE: English, Science.

Course Outline

Four areas of study taught across nine lessons per fortnight, two of which will be practical.

1. Exercise, Physiology, Performance Analysis and Training
2. Sports Psychology
3. Skill Acquisition
4. Sport & Society

Entry Requirements

Students should possess a minimum of five GCSE grades (A* - C) to begin AS courses. Students require a genuine interest in sport and physical activity and they will be asked to relate theoretical elements to their practical work. No previous knowledge or GCSE qualification in physical education is needed. Physical Education is a demanding and exciting subject for motivated students who enjoy a challenge.

What will I study?

The course is taught through a variety of methods: teacher led work; group presentation; individual presentation; practical sessions, coaching/teaching younger pupils. Examination:

AS Level – Year 12		Weighting
Unit 1	Exploring Physical Education	24%
Unit 2	Improving Personal Performance in Physical Education	16%

A2 Level – Year 13		Weighting
Unit 3	Evaluating Physical Education	36%
Unit 4	Refining Personal Performance in Physical Education	24%

How will I be assessed?

Unit 1: is assessed by a 1 ¾ hour written exam and is worth 24% (72 marks).

Unit 2: is assessed by a practical performance in **one** activity as a player/performer, practical performance as a coach **or** official and a Personal Performance Profile. Unit 2 is worth 16% of qualification (48 marks)

Unit 3: is assessed by a 2 hour written examination and is worth 36% (90 marks).

Unit 4: is assessed by a practical performance in **one** activity as a player/performer, coach **or** official and Investigative Research. Unit 4 is worth 24% (60 Marks)

Career Opportunities and Progression

A Level Physical Education is a widely accepted qualification at University. Career directions include sports science, sports performance analysis, sports coaching, sport physiotherapy, teaching, sports psychology, sport management, Armed Forces and the Police Force.