

Snowball Fight Kickoff 🗱 Team & Board Retreats

Icebreaker Purpose | Board and staff may enter the retreat with some apprehension about fundraising. This playful exercise breaks tension, energizes the room, and helps people connect on a personal level.

Facilitator Script

Step 1 – Set the Scene

"Good morning, everyone! We take our work seriously, but hopefully not ourselves. To warm up and get to know each other in a spirit of play, we're going to begin the day with a Snowball Fight! Don't be shy — your inner child is welcome here. You have permission to laugh — in fact, it's required. And if you haven't had a snowball fight in decades, today is your chance."

Step 2 – Explain the Rules

- "In the middle of the table you'll see a pile of snowballs; grab one!"
- "When I yell 'Snowball fight!', start throwing snowballs at each other. Be playful, be fierce!"
- "We'll do this for about a minute and a half so keep them moving!"

Step 3 – Kick It Off

Facilitator yells: "Snowball fight!" and throws 2-3 snowballs to start. Group plays for ~90 seconds.

Step 4 – Stop & Grab

"Stop! Keep the snowball in your hand, or pick up the one nearest you. Open it up — Surprise! That's your question to share with the group."



Step 5 - Model Best Practice

"I'll go first to show how it works." (Choose a question in advance.) Read aloud and give a short, authentic answer (20-30 seconds).

Step 6 – Group Sharing

"Now it's your turn! Each person will read their question and share a short answer. Keep it from the heart — there are no wrong answers. Let's celebrate each other's answers with smiles, nods, or a quick round of applause. The goal is connection, not perfection."

Choose a volunteer to start, then popcorn around the room (or go in order).

End with:

"Beautiful. Now that we've warmed up with laughter and stories, we're ready to dive into the rest of our day together."

🗱 Snowball Fight Questions

(Print one per sheet of paper in large font, then crumple into snowballs.)

- If you were granted 3 wishes (non-material), what would they be?
- What 3 things would you take to a deserted island?
- You're stuck in a cabin for 2 years what 3 books would you take?
- As a child, what did you want to be when you grew up?
- What's the most unusual job you've had?
- What's something no one here would guess about you?
- What's the kindest thing a stranger has ever done for you?
- What's your favorite way to spend a Sunday morning?
- What's your proudest moment?
- What's your favorite piece of technology?
- Where were you born, and would you live there again?
- If you could change one thing in the world today, what would it be?
- Name one thing you really like about yourself.
- What's the most challenging thing you've ever done?
- If you won the lottery, what's the first thing you'd do?



- What's the most exciting thing you've done so far in 2025?
- What advice would you give your 12-year-old self?
- What brand could you not live without (besides Apple, ChatGPT, Starbucks!)?
- If you could remain at one age forever, which and why?
- If you could go anywhere in the world, where would you go?
- If you could time travel, when and why?
- Who has inspired you the most?
- What was the best compliment you've received?
- What was one of the biggest decisions you've ever made?
- What is your biggest wish for the next 12 months (not work related)?
- Which personal achievement are you most proud of?
- What was your best purchase under \$100?
- What valuable lesson has life taught you?
- What was your most memorable day in the last 12 months?
- Which moment in your life would you most like to relive?

Final Note

Adapt the questions to fit your board or staff culture. Remember: the more laughter and stories you share, the stronger the connections you'll build.

Have a blast! 🎎

